

# COVID Food Relief



OUR EAST SHORE COMMUNITY RESPONDS  
TO FOOD INSECURITY IN KING COUNTY



# Food Insecurity in Washington

- Did you know one in three adults in Washington has difficulty getting access to food?
- Washington State ranks 10th in the country in overall wealth—and ranks 34th in food insecurity. We want to help plug in to the organizing change efforts all around us.
- In King County – even before COVID-19 – 12% of King County adults experienced food insecurity.
- At East Shore, we believe food, along with love, shelter, breath, and water, is one of the basic necessities every human needs to survive and thrive.
- We want you to join East Shore’s 2020 COVID Food Relief Project: a community opportunity to make a difference.



# Partnering Up! Opportunities to Serve

- We're partnering with local organizations. They are welcoming East Shore's involvement, and we are happy to join in these efforts with a large interfaith network

## *HOW YOU CAN HELP:*

- We want you to show up to some of our in-person opportunities as well. Whether it's serving as hosts at East Shore to welcome our neighbors at the food truck, dropping off or helping distribute groceries and food packs, or joining us on a field trip to harvest beets for the food packs, you will have safe, outdoor, social distance activities to join in.
- We know we're going into winter, so please remember to dress warmly!

# Our Partners - Mobile Meal Alliance



## LEARN:

- Mobile Meal Alliance is a food truck meal voucher program that gives families who are food insecure a way to enjoy a meal out.
- East Shore will fund the vouchers, and then the Bellevue School District Family Connection Centers distribute the meal vouchers to individuals and families in need of food support.
- East Shore will host an event with food trucks and guarantees \$500 revenue from vouchers or cash purchases... this helps the food truck owner stay in business.
- Voucher holders, neighbors and our members can enjoy a meal out together.

<https://www.wafoodtrucks.org/mobile-meal-alliance>





# Our Partners - Mobile Meal Alliance

## SERVE:

- Your family can serve as hosts at East Shore to welcome our neighbors at the food truck. Come buy your dinner at the food truck and meet your neighbors.

## GIVE:

- One food truck voucher costs \$10.
- To feed a group of 50 (approximately 12 families) costs \$500.

### MOBILE MEAL FOOD TRUCK VOUCHER

THIS VOUCHER IS GOOD FOR:

One Arepa w/2-fillings or  
One Papa Bowl

YOU CAN LOCATE THE FOOD TRUCK AT JUBILEE REACH:  
14200 SE 13TH PL, BELLEVUE WA

HOSTED BY: **Bellevue Presbyterian Church**

VALID THROUGH: May 7th, 2020

NO CASH VALUE



# Our Partners - Backpack Meals for Kids



## LEARN:

**The Need:** Every day, children are going hungry... even in Bellevue.

- *Close to 250 students are known to be homeless*
- *Over 3,500 students from low-income families qualify for free or reduced priced meals, including*
  - *\*57% of students at Lake Hills Elementary*
  - *\*44% of students at Highland Middle School*
  - *\*38% of students at Sammamish High School*
- **For too many children in the Bellevue Public Schools, the only meals they eat are at school... on weekends they go hungry. During COVID-19, Bellevue School District has had to close many of their resources that families rely on.**

**Backpack Meals for Kids** is working to fill that gap. It provides free, easy-to-make food packs and meals so children have food to eat over the weekend. It complements the school meal program that provides free or reduced cost breakfasts and lunches during the week.

<http://backpackmeals.org/>



*Because kids shouldn't go hungry on the weekends*



# Our Partners - Backpack Meals for Kids

## ***SERVE:***

- East Shore will host volunteer parties for hands on packing of backpack meals for kids. These get distributed on a weekly basis from Family Connection Centers (FCC) at Stevenson Elementary and Lake Hills Elementary.

## ***GIVE:***

- One weekend food pack for kids preK-12 costs \$6, and we would be helping to get 680 food packs out a week: that's \$3,600 a week.



# Our Partners - Jubilee Reach



## **LEARN:**

**Groceries for Families began in March to serve families financially affected by the pandemic. Over 25 organizations and churches have partnered with Jubilee REACH to provide families with groceries, hygiene items, and supplies.**

**Nearly 700 families come on either Tuesday, Wednesday, or Thursday, spaced out for social distancing, nearly to pick up bags of pantry and staple items.**

**For now, this grocery program is essential.**



<https://www.jubileereach.org/blog/2020/10/29/groceries-for-families-week-31-day-3>

# Our Partners - Jubilee Reach



## **SERVE:**

- East Shore will pre-purchase items for the grocery bags, pack at our church, and then volunteer to help distribute at their site location, just 2 miles east of East Shore.

## **GIVE:**

- Depending on our funding, we will be able to determine how many grocery bags per week ESUC can contribute ongoing. One family grocery bag costs \$35 and we're joining to help distribute 600 of those per week, that's \$21,000 a week.



# Our Partners - Food Bank Farm



## LEARN:

- Food Bank Farm is located in Snohomish county, just across the road from Bob's Corn Maze and Pumpkin patch, this ten year old farm grows food for Food Banks and works to support other farms and farmers in gleaning efforts to help bring even more food to the food banks.
- Started by Fr. Jim Eichner and funded as a ministry of the Episcopal Church of the Holy Cross in Redmond. This project delivers most of its food to food banks through the organization Food Lifeline, but also works with Hopelink Food Bank, who harvests food once a week as well.

<https://www.facebook.com/VeggiesforFoodBanks/>





# Our Partners - Food Bank Farm

## ***SERVE:***

- **Volunteer individuals and teams harvest the food, and during COVID, also help to pack it directly into large produce bags to eliminate the need for food bank sorting.**
- **During winter months, Food Bank Farm will be welcoming volunteers to harvest beets, and sign ups for Field Trips through East Shore will be provided.**

## ***GIVE:***

- **Donate money for seeds and other farm supplies to grow food that is given to food banks. One bunch of beets is about \$2. Food Bank Farm donated 360,000 pounds of food last year.**

