



“Remember who you are, and you will know what to do.”

~ Ingrid Coffin

## ORDER OF SERVICE

January 24, 2021

10:30 a.m.

**Centering Music**

Eric Lane Barnes

**Announcements**

Nicole Duff

**Ringling of the Bell**

**Welcome**

Rev. Jennifer DeBusk Alviar

\* **Hymn #212**

*We Are Dancing Sarah’s Circle*

We are dancing Sarah’s circle,  
we are dancing Sarah’s circle,  
we are dancing Sarah’s circle,  
friends and family, all.

Here we seek and find our history,  
Here we seek and find our history,  
Here we seek and find our history,  
friends and family, all.

We will all do our own naming,  
We will all do our own naming,  
We will all do our own naming,  
friends and family, all.

Every round a generation,  
Every round a generation,  
Every round a generation,  
friends and family, all.

On and on the circle’s moving,  
On and on the circle’s moving,  
On and on the circle’s moving,  
friends and family, all.

While I may be the  
first woman in  
this office, I will  
not be the last.  
Because every little  
girl watching tonight  
sees that this is a  
country of  
possibilities.

©2016, MINDFUL MARRIAGE



**Reading**

*Mushrooms*  
Sylvia Plath

Kirstie Lewis

*Please join in this chalice lighting with a chalice or candle lighting at home.*

### Chalice Lighting & Response

We light this chalice to remind ourselves to treat all people kindly  
because they are our siblings in spirit;  
To take good care of the earth because it is our home;  
And to try to live lives filled with goodness and love  
because that is how we will become the best people we can be.

**Story for All Ages**

*Superheroes Are Everywhere*  
Vice President Kamala Harris

\* *Please mute your microphone and sing along*

## East Shore Unitarian Church Covenant

Love is the doctrine of this church.

The quest for truth is its sacrament, and service is its prayer.

To dwell together in peace, to seek knowledge in freedom,

To serve humanity in fellowship, thus do we covenant.

## Pastoral Prayer/Joys & Sorrows

LeAnne Struble & Nicole Duff

*Please send any joys and sorrows via chat or say aloud*

## Meditation

## Musical Celebration

*You'll Be a Hero To Me*

Eric Lane Barnes

## Reading

*Hold Your Own*

Kae Tempest

Carla Hellekson

## \* Hymn #1017

We are building a new way.

We are building a new way.

We are building a new way,  
feeling stronger ev'ry day,

We are building a new way.

We are working to be free (x3)

hate and greed and jealousy.

We are working to be free.

We can feed our every need (x3)

Start with love, that is the seed.

We can feed our every need.

Peace and freedom is our cry (x3)

Without these this world will die.

Peace and freedom is our cry.

*Building a New Way*



## Homily

*We Don't Need Another Hero*

Jody Bower

## Gifts of the Congregation

*Text ESUC \$20 (or any dollar amount) to 73256 to give to ESUC using your text messaging. Standard text message rates do apply. You can also use [esuc.org/give](http://esuc.org/give) or mail in a check to ESUC any time!*

## \* Sung Benediction #1010

*We Give Thanks*

Oh, we give thanks for this precious day,

For all gather'd here, and those far away;

For this time we share with love and care,

Oh, we give thanks for this precious day.

## Closing Words & Extinguishing the Chalice

## Postlude

*Imagine/Song Around The World*

Playing For Change Foundation

John Lennon

***Please stay in this Zoom Room for Virtual Coffee Hour!***

## UPCOMING EVENTS

**Black Lives Matter Flash Stance in Kirkland: Today, 12:30 p.m.**—Join fellow UU activists for our Black Lives Matter Flash Stance in person at the NW corner of Peter Kirk Park next to the transit center. We gather in solidarity with Black, Brown, and Indigenous People of Color to start conversations. Please social distance and wear a mask.

**COVID Food Relief Project: Food Packing with Backpack Meals for Kids!: Thursday, January 28, 8:30-10:30 a.m.**—Join Backpack Meals for Kids to help pack on Thursday, January 28 at the Bellevue School District Warehouse starting at 8:30 am. It usually lasts between 1 to 2 hours. This activity is indoors, in a large open air warehouse. RSVP by Friday January 22: email Amanda Alice at [education@esuc.org](mailto:education@esuc.org) for more details.

**Meaningful Movies Bellevue Presents RBG: Tuesday, January 26, 6:50 p.m.**—Join us for an evening of tribute for U.S. Supreme Court Justice Ruth Bader Ginsburg who created a breathtaking legal legacy for women's rights while becoming an unexpected pop-culture icon. The discussion following the screening event includes Janet E. Garrow who was a King County District Court Judge. "Doors" open at 6:50 pm; event starts at 7:00 pm via Zoom.

**Fourth Wednesday Book Club: Wednesday, January 27, 7:30 p.m.**—Please join us to discuss *Love and Other Consolations* by Jamie Ford. Inspired by a true story, about a boy whose life is transformed at Seattle's epic 1909 World's Fair.

**Nature Walks: Tuesdays, February 9, 23, March 9 & 23, 7:00 p.m.**—Nature Walks are an invitation to virtually share our experiences of nature, stories of how and when it has moved us, and what those precious environments mean in our lives. Each Nature Walk will cover a unique aspect of Nature and may open with a brief inspirational reading, music or video. Attendees are welcome to share a picture or two of the magic and mystery of Nature. Join via Zoom.

**Social Distance Soul Saturday: Saturday, February 13, 10:00 a.m.-12:00 p.m.**—Sign up to come to East Shore's February Soul Saturday Festival - a COVID safe, drive-thru-only option for saying hi and connecting with our church community. In February, plan on bringing a stuffed animal to attend our mid-winter break church stuffie sleepover! Learn more and sign up at [esuc.org](http://esuc.org).

**Widening the Circle of Concern: Saturday, February 13, 4:00-5:30 p.m.**—How does the national conversation on racial justice apply to Unitarian Universalism? What racial justice issues are UUs called to face within the faith? "Widening the Circle of Concern" is a stunning, eye opening report that answers these questions. Grace Colton is offering this workshop. Please Register at [esuc.org](http://esuc.org), maximum 15 participants. More may be available depending on interest.

## WEEKLY EVENTS

**Daily Check-In: Monday - Friday, 9:00 a.m.:** Members are hosting a check-in every weekday (M-F) 9:00-9:30 a.m. All are welcome! Connect with the East Shore community; share joys, concerns, and more. Zoom Meeting 569 071 839.

**Parent & Caregiver Meetup: Mondays at 8:15 p.m.:** Join a loving and restorative 45 minute call hosted by parent and congregant Leta Hamilton. Each week features a different theme. Sign up at [esuc.org](http://esuc.org).

**Wednesday Wind Down: A Service for All Ages: Wednesdays at 6:00 p.m.:** Grab your PJ's and relax or tune in while doing chores. No cameras necessary for this live "KESUC" Zoom radio service. Sign up at [esuc.org](http://esuc.org).

**Virtual Choir: Thursdays, 7:00 p.m.:** The East Shore Mighty Choir is meeting virtually. We do vocal warmups, sing through current music and learn new pieces. Anyone is welcome! Zoom 897 5868 1236. Passcode: choir.

**Middle School Youth Group: Fridays at 5:00 p.m.:** For tweens ages 11-14ish, please join in our welcoming group. We enjoy having fun together, trying out new online activities including skits, at-home cooking, and art. We'll also be doing a group read *This Book is Antiracist*. Each middle schooler will get a copy. Meeting ID: 851 4311 4339

**Men's Breakfast Group: 2nd & 4th Saturdays, 9:00 a.m.:** Relax to reconnect and enjoy each others' company. Our goal is good conversation, sharing and camaraderie. To connect, email lay leader Tom Ball or call 206-232-8720.

**Family Covenant Circle: Every Other Sunday at 12:30 p.m.:** The ESUC Family Covenant Circle is a group of East Shore families with children 0-18 where the adults share and support one another in the journey that is family life! Families of every stage and configuration are welcome. To connect, email lay leader Martin Cox.

**ACKNOWLEDGEMENT OF OUR DUWAMISH NEIGHBORS:** We acknowledge this land is the traditional territory of the Duwamish People. In this acknowledgement, we recognize their heritage is imbued in the mountains, valleys, waterways, and shorelines that surround us all. May we nurture our relationship with our Coast Salish neighbors, especially the Duwamish people and our shared responsibilities to this place of their homelands.



East Shore Unitarian Church is proud to publicly support the Black Lives Matter movement. This stance is in alignment with the values of our faith and is also endorsed by the UUA. More information can be found at [www.uua.org/statements/support-black-lives-matter-movement](http://www.uua.org/statements/support-black-lives-matter-movement).