



“Freedom means equality. If you don’t believe in equality for all, you don’t believe in freedom.”

- DeShanne Stokes

## ORDER OF SERVICE

July 18, 2021

10:30 a.m.

### GATHERING

**Centering Music**

Eric Lane Barnes

**Announcements**

Nicole Duff

**Ringing of the Bell**

**Welcome**

Eric Lane Barnes

\* **Hymn #155**

*Circle ‘Round For Freedom*

Circle ‘round for freedom, circle ‘round for peace,  
for all of us imprisoned, circle for release,  
circle for the planet, circle for each soul,  
for the children of our children, keep the circle whole.

### CENTERING

**Reading**

Amanda Strombom

*Please join in this chalice lighting with a chalice or candle lighting at home.*

**Chalice Lighting & Response**

Swapnesh Dubey

We light this chalice to remind ourselves to treat all people kindly  
because they are our siblings in spirit;  
To take good care of the earth because it is our home;  
And to try to live lives filled with goodness and love  
because that is how we will become the best people we can be.

### AFFIRMING COMMUNITY

**East Shore Unitarian Church Covenant**

Boadu Family

Love is the doctrine of this church.  
The quest for truth is its sacrament, and service is its prayer.  
To dwell together in peace, to seek knowledge in freedom,  
To serve humanity in fellowship, thus do we covenant.

**Pastoral Prayer/Joys & Sorrows**

Amanda Strombom

*Please send any joys and sorrows via chat or say aloud*

**Meditation**

amanda alicia uluhan

**Story for All Ages**

*Born Ready: The True Story of a Boy Named Penelope*  
Jodie Patterson

### INTROSPECTION

**Musical Celebration**

*Indian National Anthem*  
Rabindranath Tagore

### EXPLORATION

**Homily**

*Freedom From an Oppressive Law*

Swapnesh Dubey

\* *Please mute your microphone and sing along*

\* **Hymn #345**

*With Joy We Claim the Growing Light*

With joy we claim the growing light,  
advancing thought, and widening view,  
the larger freedom, clearer sight,  
which from the old unfold the new.

With wider view, come loftier goal;  
with fuller light, more good to see;  
with freedom, truer self-control;  
with knowledge, deeper reverence be.

**RETURNING TO THE SERVICE OF LIFE**

**Gifts of the Congregation**

*Text ESUC \$20 (or any dollar amount) to 73256 to give to ESUC using your text messaging. Standard text message rates do apply. You can also use [esuc.org/give](https://esuc.org/give) or mail in a check to ESUC any time!*

\* **Sung Benediction #1010**

*We Give Thanks*

Oh, we give thanks for this precious day,  
For all gather'd here, and those far away;  
For this time we share with love and care,  
Oh, we give thanks for this precious day.

**Closing Words & Extinguishing the Chalice**

**Postlude**

*Jana Gana Mana*  
A.R. Rahman

*Please stay in this Zoom Room for Virtual Coffee Hour!*

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**CURRENT REOPENING STATUS & MASK REQUIREMENTS**

We know not all of our members and friends have had the opportunity to get vaccinated while others are immune compromised. We are requiring anyone on our campus to wear a mask while inside the buildings, even if you are vaccinated. We are taking guidance from the UUA. Read the full plan at <https://esuc.org/summer-reopening-plans/>



EastShoreUC



@ESUC1



eastshore\_uc

## UPCOMING EVENTS

**In My Favorite Universe: Tuesdays, July 20-August 24, 7:00 p.m. (Virtual)** - In My Favorite Universe, the astrophysicist who directs the nation's most famous planetarium takes you on a spirited and intellectually engaging journey through the cosmos and all its history, from before the Big Bang to the most likely ways in which Earth, and perhaps the entire universe, might end. Led by Alan Carter. The sessions will be held on Zoom (thanks to Catherine Ramsey). To attend class use the link <https://rebrand.ly/zhzte8a> at 7:00 p.m.

**Grounds Clean-up Event: Saturdays, July 31, 10:00 a.m. - 3:00 p.m. (In Person)** - Join this welcoming team of nature lovers to help make our beautiful property even more so. Show up any time between 10 and 3 and stay for any amount of time that fits your schedule. Grounds Team members will be available to point you in the right direction. No experience necessary. Children and youth are welcome but should be accompanied by a parent or other adult. Come enjoy a fun and invigorating time outdoors with East Shore members and friends. Contact David Kappler for questions or more details.

**Widening the Circle of Concern: Governance, Innovation & Risk-taking: August 5, 7:00-8:30 p.m. (Virtual)** - In what ways does systemic racism and white supremacy culture apply to Unitarian Universalism? "Widening the Circle of Concern" is a stunning, eye opening report that answers this question. This workshop will cover Governance and Innovations & Risk-taking, 2 of the 10 topics in the Report. The report explains the necessity for congregations, and the UUA, to deepen our engagement in the work of anti-racism. First, we have to take it in. There will be time for journaling and then, optionally, sharing your reaction. Register to receive reading and zoom link. Sponsored by 8th Principle Ministry Team

**East Shore Reads: Breathe: Sunday, August 22, 12:00 p.m. (In Person)** - Join us at East Shore for a book discussion of the UUA Common Read 2020-21: Breathe: A Letter to My Sons by Imani Perry. Registration required for this in person event at [esuc.org](http://esuc.org)! Emotionally raw and deeply reflective, Perry's book challenges society to recognize Black children as deserving of humanity. She shares her fear and frustration for her African American sons in an increasingly racist atmosphere in which white people at times seem irredeemable. Individuals may purchase this book in hardcover from inSpirit: The UU Book and Gift Shop. The e-book and audio book (CD or MP3) are available from [Bookshop.org](http://Bookshop.org). Jeanne Lamont will lead this discussion.

## WEEKLY EVENTS

**Summer RE: May 30-September 5:** We're on summer break for RE, so be sure to check out our digital Story for All Ages archives and stop by one of our field trips or campus picnics! Keep tuning in to worship to enjoy online services as a family! We've got a couple campus garden parties and picnics.

**Daily Check-In: Monday - Friday, 9:00 a.m.:** Members are hosting a check-in every weekday (M-F) 9:00-9:30 a.m. All are welcome! Connect with the ESUC community; share joys, concerns, and more. Zoom Meeting 569 071 839, passcode: chalice.

**Men's Breakfast Group: 2nd & 4th Saturdays, 9:00 a.m.:** Relax to reconnect and enjoy each others' company. Our goal is good conversation, sharing and camaraderie. To connect, email lay leader Tom Ball or call 206-232-8720.

**Family Covenant Circle: Every Other Sunday at 12:30 p.m.:** The ESUC Family Covenant Circle is a group of East Shore families with children 0-18 where the adults share and support one another in the journey that is family life! Families of every stage and configuration are welcome. To connect, email lay leader Martin Cox.

**ACKNOWLEDGEMENT OF OUR DUWAMISH NEIGHBORS:** We acknowledge this land is the traditional territory of the Duwamish People. In this acknowledgement, we recognize their heritage is imbued in the mountains, valleys, waterways, and shorelines that surround us all. May we nurture our relationship with our Coast Salish neighbors, especially the Duwamish people and our shared responsibilities to this place of their homelands.



East Shore Unitarian Church is proud to publicly support the Black Lives Matter movement. This stance is in alignment with the values of our faith and is also endorsed by the UUA. More information can be found at [www.uua.org/statements/support-black-lives-matter-movement](http://www.uua.org/statements/support-black-lives-matter-movement).

