



“The decision whether or not to bear a child is central to a woman’s life, to her well-being and dignity. It is a decision she must make for herself. When the government controls that decision for her, she is being treated as less than a full adult human responsible for her own choices.” - Supreme Court Justice Ruth Bader Ginsberg

ORDER OF SERVICE

January 30, 2022

10:30 a.m.

Centering Music

Eric Lane Barnes

Announcements

Maury Edwards

Welcome & Land Acknowledgement

Rev. Jennifer Alviar

Ringling of the Bell

Eric Lane Barnes

Introduction to the Service

Lori Saccardi

Chalice Lighting & Reading

by Molly Brewer

Alex Fussell

Please join in this chalice lighting with a chalice or candle lighting at home.

Responsive Reading

You Are Welcome Here

Amélie Heise & Margaret Hall

by The Rev. Dr. Debra W. Haffner

ONE: If you are straight, gay, lesbian, bisexual, intersexual, demisexual, pansexual, or asexual, or resist labels completely,

ALL: You are whole and welcome here.

ONE: If you are transgender, non-binary, gender queer or cis gender,

ALL: You are whole and welcome here.

ONE: If you are confused about your sexuality, have questions, struggle in an intimate relationship or struggle because you aren't in one,

ALL: You are whole and welcome here.

ONE: If you have had an abortion or an unintended pregnancy, given up a child, had a miscarriage, have AIDS or HIV, struggle with infertility, or sexual dysfunction,

ALL: You are whole and welcome here.

ONE: If you have been the victim of sexual abuse, sexual harassment, or sexual assault,

ALL: You are whole and welcome here.

ONE: If you have made sexual decisions or had behaviors that you regret,

ALL: You are whole and welcome here and we will help you offer restorative justice and healing.

ONE: Your sexuality is holy and sacred and an integral part of who you are.

ALL: You are whole and welcome here. As Unitarian Universalists, we will side with you, love you, and fight for your rights. We seek to create a world where sexuality and sexual diversity is celebrated with holiness and integrity.

Story for All Ages

I Sang You Down From The Stars

LeAnne Struble

by Tasha Spillett-Sumner illustrated by Michaela Goade

East Shore Unitarian Church Covenant

Carolyn Campbell

Love is the doctrine of this church.

The quest for truth is its sacrament, and service is its prayer.

To dwell together in peace, to seek knowledge in freedom,

To serve humanity in fellowship, thus do we covenant.

Pastoral Prayer/Joys & Sorrows

Grace Colton & Eric Lane Barnes

Please send any joys and sorrows via chat or say aloud

Musical Celebration

We Are
Ysaÿe Barnwell

Carrie Schenken

Reading

These Bodies
by Rev. Karen G. Johnston

Noé Struble

Video Interlude

Kids Only Matter When They're Not Born Yet
by Emerson Brophy

Sermon

Sex, Religion, Abortion, Justice
by Rev. Rob Keithan

Sue Yates, Tina Hays,
Amélie Heise & David Langrock

* Hymn #1008

When Our Heart Is In a Holy Place

Chorus:

When our heart is in a holy place,
When our heart is in a holy place,
We are bless'd with love and amazing grace,
When our heart is in a holy place.

When we trust the wisdom in each of us,
Ev'ry color ev'ry creed and kind,
And we see our faces in each other's eyes,
Then our heart is in a holy place.

Chorus

When we tell our story from deep inside,
And we listen with a loving mind,
And we hear our voices in each other's words,
Then our heart is in a holy place.

Chorus

When we share the silence of sacred space,
And the God of our Heart stirs within,
And we feel the power of each other's faith,
Then our heart is in a holy place.

Chorus

Reproductive Care And Access: The Facts

Geri Kennedy

Gifts of the Congregation

Nicole Duff

Text ESUC \$20 (or any dollar amount) to 73256 to give to ESUC using your text messaging. Standard text message rates do apply. You can also use esuc.org/give or mail in a check to ESUC any time!

* Sung Affirmation #1053

How Could Anyone

How could anyone ever tell you
you were anything less than beautiful?
How could anyone ever tell you
you were less than whole?
How could anyone fail to notice
that your loving is a miracle?
How deeply you're connected to my soul.

Responsive Closing

from *You Are Loved*
Rev. Greta Jo Seidohl

Lori Saccardi & Margaret Hall

One: If you had an abortion,
All: YOU ARE LOVED.

One: If you've never told a soul, or if you share your story regularly,
All: You are loved.

One: If you are confident in your decision, or wonder if it was the right choice,
All: You are loved.

One: If you are a queer, non-binary, trans, two-spirit, or a cis-woman,
All: You are loved.

One: If you are child-free by choice, or want to have kids eventually,
All: You are loved.

One: If your choice was driven by medical viability, or your own emotional health,
All: You are loved.

One: If you found a provider to care for you, or had to rely on yourself,
All: You are loved.

One: If you were always pro-choice, or if your choice conflicts with your beliefs,
All: You are loved.

One: If you love your body, or are still angry with your body,
All: You are loved.

One: If you believe god loves you, or you believe in nothing divine at all.
All: You are loved.

One: If you find yourself reflected here, or your truth is more than words and ink post can,
All: YOU ARE LOVED.

Extinguishing the Chalice

Postlude

Fight Like A Girl
Raye Zaragoza

Please stay in this Zoom Room for Virtual Coffee Hour!

ESUC NEWS

Unfortunately, the Board and Staff Leadership Team have had to make the tough decision to delay our grand re-opening of in-person worship. We do have a new chart that will help the staff make decisions on how and when to open various aspects of the church. This information is based on science and data, which as UUs we trust. The new chart uses the data from CovidActNow.org for King County. You can see the detailed chart at esuc.org. Currently, with Omicron skyrocketing, we are in the Severe category which means most events and activities at East Shore will move to online only. We hope as the peak crests, we can begin returning to being together again.

We will begin the process of checking for vaccines. All those on campus on Sunday (over the age of 5) will need to be fully vaccinated. There will be opportunities to show your card virtually, though we do ask that you do NOT email us this medical data. Once checked, a sticker will be added to your badge so you will only need to show proof once. Please note, if you do not believe your badge is at East Shore, you need to find it NOW! If you do not have your badge, please contact Nicole as soon as possible so she can make a new one for you.

Save the Date: East Shore Congregational Forum: Sunday, February 13, right after worship (Virtual): Please join us to share perspectives on church finance. We have some big decisions to make and want to include your voices. We won't be voting on anything; no quorum, no motions. Your thoughts. What's an endowment for? What is the best use of staff and other resources to best further our works at East Shore. Members will receive a separate mailing later in the week with more details and an agenda. Please join the community discussion.



EastShoreUC



@ESUC1



eastshore_uc

UPCOMING EVENTS

Stewardship for All Report: Today, 11:30 a.m. (Virtual): We will hear the recommendations from Rachel Maxwell, fellow UU Board President and a professional consultant. Your Board engaged her to provide an outside lens on our staffing structure, our financial status and a kind of 'health check.' We'll start after a short five minute break.

RE Community Service with Camp Kindness Counts: Sunday, January 30, 12:00 p.m. (In Person): Join us as we practice KINDNESS this month with your friends and families by making craft kits for the junior orthopedic guild. Families will be assembling craft kits in Ziploc bags and may be cutting material needed to place in the Ziploc bags as well. Drop in or Sign up through Camp Kindness Counts or RSVP to amanda.alice to volunteer.

Black Lives Matter Flash Stance in Woodinville: Today, 12:30 p.m. (In Person): Join fellow UU activists for our Black Lives Matter Flash Stance in person on the corner of 175th and Garden in front of the Woodinville Jamba Juice. We gather in solidarity with Black, Brown, and Indigenous People of Color. All are welcome.

HUUGS: Help make Emerging Adult Care Packages (In Person): We're creating care packages to send to the young, emerging adults who are a part of East Shore and its' extended family! Bring items to contribute thru February 6. We will be packing 16 boxes. Great items to contribute include: cards, snacks, stickers, books, and other fun goodies.

Parent/Teacher RE Volunteer Orientation: Wednesday, February 2, 6:30 p.m. (Virtual): Log on to connect with a volunteer team, schedule your volunteer dates, talk about curriculum, and ask questions of the RE staff. We will be introducing ourselves and introducing the curriculum that will be used. We will also be discussing safety and our principle and covenantal guidelines. If you have not completed a criminal background check, you will be asked to do that as a prerequisite for volunteering. We will have a calendar there as well so you can sign up for the times you are available to teach. We need hands on deck to make the next several months a go for our kids! Come join the fun and volunteer today. Join Zoom Meeting ID: 422 840 3454 Passcode: chalice

Monthly Board Listening Session: Saturday, February 5, 10:00 a.m. (Virtual): Come share your questions and comments on all things East Shore. Programming, budget, staffing, ministerial search. We hold the values of transparency and accountability and want to give you a chance to be heard. Hope to see you. Join via Zoom.

RE Outdoors: Sunday, February 6, 12:00 p.m. (In Person): Join on the 1st and 3rd Sundays thru June for outdoor programs. We have offerings for ages 5-8, 8-10, and 11-13 led by volunteer parents and teachers. Our core curricula center on Unitarian Universalist principles and the sources of wisdom from which those derive: world religions, our own direct experience, and the natural world of which we are a part. Proof of vaccination and registration required.

RE Online: Sunday, February 13, 10:00 a.m. (Virtual): Join on the 2nd and 4th Sundays thru June for online religious exploration. Log onto Zoom using the worship service link: Meeting ID: 989 3107 9078 Passcode: chalice. We'll be learning about some of the foundational stories that help govern the wisdom of our Unitarian Universalist identity and have time for connection and sharing. All ages welcome, break out rooms for 0-11, and 11-19 as we gather enough participants of each age group. Registration required.

WEEKLY EVENTS

Daily Check-In: Monday - Friday, 9:00 a.m.: Members are hosting a check-in every weekday (M-F) 9:00-9:30 a.m. All are welcome! Connect with the ESUC community; share joys, concerns, and more. Zoom Meeting 569 071 839, passcode: chalice.

Men's Breakfast Group: monthly on 3rd Saturday, 9:00 a.m.: Relax to reconnect and enjoy each others' company. Our goal is good conversation, sharing and camaraderie. To connect, email lay leader Tom Ball or call 206-232-8720.

Family Covenant Circle: Every Other Sunday at 12:00 p.m.: The ESUC Family Covenant Circle is a group of East Shore families with children 0-18 where the adults share and support one another in the journey that is family life! Families of every stage and configuration are welcome. To connect, email lay leader Martin Cox.

ACKNOWLEDGEMENT OF OUR DUWAMISH NEIGHBORS: We acknowledge that this land is the traditional territory of indigenous peoples: the Duwamish, Snohomish, Tulalip, Snoqualmie, Muckleshoot, Puyallup, Suquamish, and Wenatchi nations, among others. We recognize the impact of settler colonialism on these peoples. We pledge to nurture our relationship with our Coast Salish neighbors as we work to restore and sustain their homelands upon which we all depend.



East Shore Unitarian Church is proud to publicly support the Black Lives Matter movement. This stance is in alignment with the values of our faith and is also endorsed by the UUA. More information can be found at www.uua.org/statements/support-black-lives-matter-movement.