EAST SHORE UNITARIAN CHURCH

12700 SE 32ND STREET, BELLEVUE, WA (425) 747-3780 · www.esuc.org







"Climate Change/Personal Change" March 13, 2022



We practice love, explore spirituality, build community, and promote justice.

Welcome to East Shore Unitarian Church

We extend a special welcome to all who are here for the first time. We are glad you are here and hope your morning will provide you with a greater sense of connection with yourself, with the people around you, and with the world and spirit outside these walls. After today's service, please join us outside for coffee, tea, and conversation.

If you didn't stop by before service, please stop by the visitors desk in the foyer. There you can learn more about the church, and fill out a visitor form. During the week, we will contact you to see if you have any more questions, and help you navigate through all of our amazing programs and groups.

Large-print hymnals and a braille hymnal are available in the foyer from the ushers. Our hearing assistance devices use T-Coil loop technology. Hearing assistance devices are also available in the back of the Sanctuary or from the ushers.

Gender Affirming Restrooms are located in each building. A gender-neutral restroom is located in the Administration Building. Diaper changing stations are located in all restrooms.

Families, Children & Youth

Families are an important part of faith communities and we are so glad you are here! We want you all to attend worship together, either online or in person. There is no onsite childcare during worship at this time. There is a rug in the back of the Sanctuary with book and toys for babies and kids and E-101 is open for free play. Children and youth classes are held at 12pm. Please find more information in the weekly Friday newsletter for children and youth. http://bit.ly/ESUCemails

Keeping In Touch

Do you want to keep in touch during the week? Follow us on Facebook (EastShoreUC), Twitter (@ESUC1) and Instagram (eastshore_uc). You can also request to join our email list by emailing our Director of Membership Development at membership@esuc.org. Paper copies of Rev. Furrer's sermons and audio copies of the service of the service are available in the Administration Building. You can also listen to the sermons online at esuc.org/worship/pastworship-services. Sermons are also available as Podcasts, search for "East Shore Unitarian Sermons." Sermons are posted on Tuesdays.

Have a suggestion? Leave your comments and suggestions in the box located under the TV screen in the Sanctuary lobby.

Please return this Order of Service to the baskets by the door for recycling.



"Those who contemplate the beauty of the earth find reserves of strength that will endure as long as life lasts." —Rachel Carson

ORDER OF SERVICE

March 13, 2022 10:30 a.m.

GATHERING

Centering Music

Announcements Signe Lalish-Menagh

Lynn Roesch

Ringing of the Bell

Welcome Rev. Dr. Stephen H. Furrer

* Hymn #21

For The Beauty of the Earth

CENTERING

Chalice Lighting & Call to Worship

Chalice Response

We light this chalice to remind ourselves to treat all people kindly because they are our siblings in spirit;

To take good care of the earth because it is our home;

And to try to live lives filled with goodness and love because that is how we will become the best people we can be.

AFFIRMING COMMUNITY

Story for All Ages

Stand Up Speak Up
Andrew Joyner

East Shore Unitarian Church Covenant

Love is the doctrine of this church.

The quest for truth is its sacrament, and service is its prayer.

To dwell together in peace, to seek knowledge in freedom,

To serve humanity in fellowship, thus do we covenant.

^{*} Please rise in body or spirit.

Pastoral Prayer/Joys & Sorrows

Please fill out a card in the back of the Sanctuary (in person) or in chat (virtual)

INTROSPECTION

Meditation amanda alice uluhan

Musical Celebration The Place Called Planet Earth

EXPLORATION

Reading(s)

*Hymn #163 For The Earth Forever Turning

Sermon Climate Change ← Personal Change Rev. Furrer

RETURNING TO THE SERVICE OF LIFE

Gifts of the Congregation

Text ESUC \$20 (or any dollar amount) to 73256 to give to ESUC using your text messaging. Standard text message rates do apply. You can also use esuc.org/give or mail in a check to ESUC any time! There are also boxes available in the back of the Sanctuary.

* Sung Benediction #1010

We Give Thanks

Closing Words & Extinguishing the Chalice

Postlude Truth To Power

by One Republic

Thank you for silencing all electronic devices. Please ask any usher for an assisted listening device, a large print hymnal, or a braille hymnal.

Please feel free to fill out a card of care and celebration located at the back of the Sanctuary. These cards can be read during the Pastoral Prayer. Candles are also available to light to recognize a joy or concern.

Thanks to the Worship Team; our Ushers and Greeters; our Religious Education Teachers; and the ACE Media People for audio visual support.

Next Sunday, March 20, 2022 at 10:30 a.m.

"Laughter"

Rev. Dr. Stephen H. Furrer, preaching

The lighter side of theology and church life to remind everyone that life is good, and all is well.

TODAY AT EAST SHORE

10:00 a.m.: RE Online—We'll be learning about some of the foundational stories that help govern the wisdom of our Unitarian Universalist identity and have time for connection and sharing. All ages welcome. Registration required.

11:30 a.m.: Coffee Hour: Outside—After worship, enjoy a casual time to get to know the East Shore community of friends and members. Head outside and gather with others! There will be coffee and tea outside, please consider bringing your own travel mug!

12:30 p.m.: Black Lives Matter Flash Stance in Issaquah — Join fellow UU activists for our Black Lives Matter Flash Stance in person in Issaquah at the corner of SE 56th Street and Eastlake Sammamish Parkway SE by the McDonalds. We gather in solidarity with Black, Brown, and Indigenous People of Color. Flash Stances start conversations, and then carry those conversations on. All are welcome!

ESUC News

Ushering In Our Future: This year, the Mission Fund Drive will begin on March 1. This is the time to renew your pledges to East Shore to support our mission for 2022-23. It's best to think of what East Shore means to you, and what that means financially. Please return your pledge cards by March 31, either by mailing them in OR by pledging online.

Volunteers Needed!: We are looking for volunteers for many roles! Here's a sampling: Ushers & Greeters, Coffee Hour Hosts, RE Teachers and Assistants, Office Volunteers, Zoom Worship Tech, RE Supplies Support. Talk to any staff member for more details.

Women's Perspective Retreat Registration Now Open! Join us April 22-24 for "Transforming Conflict through Love in Action" with Kathleen Macferran! We will explore our personal responses to conflict; learn how to hear others without judgement, express clearly our ideas, and practice new responsive skills. Registration now open at esuc.org.

Seabeck Memorial Day Weekend Returns for 2022! Mark your calendars for Friday, May 27 to Monday, May 30. Offerings for the weekend will include opportunities for both inner and outer reflection and growth. We are creating a safer camp experience by offering more outdoor options. Registration opens March 20 at esuc.org

UPCOMING EVENTS

Learn to be a Worship Zoom Tech!: Tuesdays, 3:00 p.m. (Virtual): Ever been curious about what goes on behind the scenes the make virtual worship services happen? We need your help! Join Jenny

on Tuesday afternoons at 3:00 p.m. via Zoom to learn more about what a Worship co-host does. Join via Zoom 828 9915 7872, Passcode: zoom

Ritual In Our Lives: Wednesdays, April 13, 27, and May 11, 7:00 p.m. (Multiplatform): Rev. Furrer was a thespian in his youth and has long felt that dramatic training was a wonderful readiness regimen for parish ministry. Come participate, in-person or online, in a five-part analytical, emotionally engaging study of ritual in our (1) every day and (2) Sunday lives, led by Grace Colton and Reverend Furrer. Register at esuc.org.

New Class: Skeptic's Guide to American History: Wednesdays, 7:00 p.m. (Virtual): For most Americans, the history of the United States is built on a set of long-accepted beliefs about events. But what if those beliefs—however familiar—don't really tell the whole story? The class, facilitated by Alan Carter, will meet over 12 weeks starting March 9.

Town Halls Hosted by the Bylaws Task Force: Wednesday, March 16, and Monday, March 21, 7:00 p.m. (Virtual): Are you curious about the work being done by our Bylaws Task Force? If so, please attend one of our upcoming town halls. We will be discussing: Our process for thoroughly examining our bylaws and articles of incorporation; Possible changes to our fiscal year; Possible changes to membership qualifications.

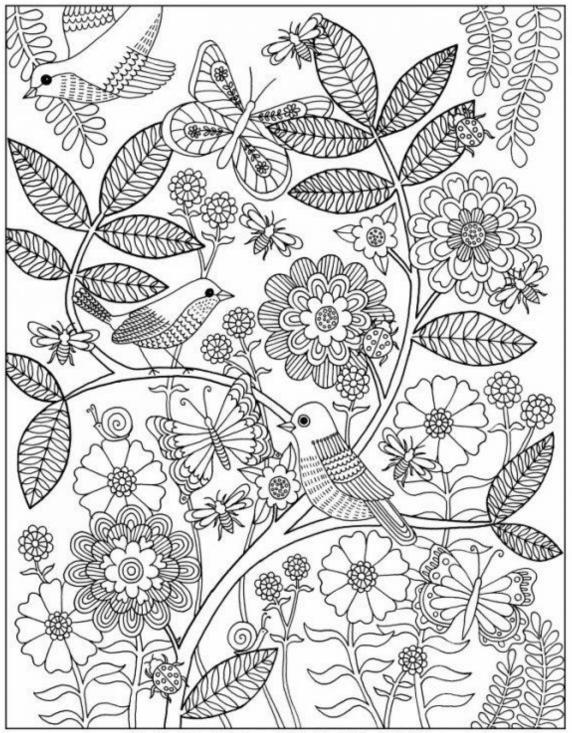
ACKNOWLEDGEMENT OF OUR INDIGENOUS NEIGHBORS

We acknowledge that this land is the traditional territory of indigenous peoples: the Duwamish, Snohomish, Tulalip, Snoqualmie, Muckleshoot, Puyallup, Suquamish, and Wenatchi nations, among others. We recognize the impact of settler colonialism on these peoples. We pledge to nurture our relationship with our Coast Salish neighbors as we work to restore and sustain their homelands upon which we all depend.

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East Shore Unitarian Church is proud to publicly support the Black Lives Matter movement. This stance is in alignment with the values of our faith and is also endorsed by the UUA. More information can be found at www.uua.org/statements/support-black-lives-matter-movement.



Garden Therapy © 2015 [gardentherapy.ca - Illustration by Rachel Beyer [rachelbeyer.com

The Eight Principles

Unitarian Universalist congregations affirm and promote eight Principles, which we hold as strong values and moral guides. They are:

- The inherent worth and dignity of every person;
- Justice, equity and compassion in human relations;
- * Acceptance of one another and encouragement to spiritual growth in our congregations;
- * A free and responsible search for truth and meaning;
- * The right of conscience and the use of the democratic process within our congregations and in society at large;
- * The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.
- Journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.

Getting to Know Us

Where to Start: Attend worship services, introduce your children to Religious Education, come to coffee hour, join the choir, participate in East Shore's variety of activities and classes. You can read more about these in our newsletter, *The Beacon*, or if you sign up for the weekly e-mail (at the visitors table).

Learn More about Becoming a Member: Talk to our Director of Membership Development for details about our Pathway to Membership.

Ways to Support East Shore's Mission

Donations to East Shore go to support the operating fund. This allows us to be open seven days a week, offer great programming, classes, and events. Please join us for some upcoming classes or events!

There are many ways to volunteer your time at East Shore, whether you like to do office work, grounds work, or working with children. We are open 7 days a week, and could always use more help. For more information, fill out a form at www.esuc.org/give/volunteer/ or contact our Office Administrator, Jenny Newell.