

# EAST SHORE UNITARIAN CHURCH

12700 SE 32<sup>ND</sup> STREET, BELLEVUE, WA  
(425) 747-3780 · WWW.ESUC.ORG



EastShoreUC



@ESUC1



eastshore\_uc

## *“Laughter”*

March 20, 2022; 10:30am



*We practice love, explore spirituality,  
build community, and promote justice.*

# Welcome to East Shore Unitarian Church

We extend a special welcome to all who are here for the first time. We are glad you are here and hope your morning will provide you with a greater sense of connection with yourself, with the people around you, and with the world and spirit outside these walls. After today's service, please join us outside for coffee, tea, and conversation.

If you didn't stop by before service, please stop by the visitors desk in the foyer. There you can learn more about the church, and fill out a visitor form. During the week, we will contact you to see if you have any more questions, and help you navigate through all of our amazing programs and groups.

Large-print hymnals and a braille hymnal are available in the foyer from the ushers. Our hearing assistance devices use T-Coil loop technology. Hearing assistance devices are also available in the back of the Sanctuary or from the ushers.

Gender Affirming Restrooms are located in each building. A gender-neutral restroom is located in the Administration Building. Diaper changing stations are located in all restrooms.

## Families, Children & Youth

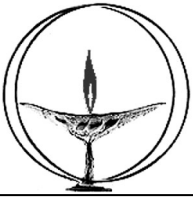
Families are an important part of faith communities and we are so glad you are here! We want you all to attend worship together, either online or in person. There is no onsite childcare during worship at this time. There is a rug in the back of the Sanctuary with book and toys for babies and kids and E-101 is open for free play. Children and youth classes are held at 12pm. Please find more information in the weekly Friday newsletter for children and youth. <http://bit.ly/ESUCemails>

## Keeping In Touch

Do you want to keep in touch during the week? Follow us on Facebook (EastShoreUC), Twitter (@ESUC1) and Instagram (eastshore\_uc). You can also request to join our email list by emailing our Director of Membership Development at [membership@esuc.org](mailto:membership@esuc.org). Paper copies of Rev. Furrer's sermons and audio copies of the service of the service are available in the Administration Building. You can also listen to the sermons online at [esuc.org/worship/past-worship-services](http://esuc.org/worship/past-worship-services). Sermons are also available as Podcasts, search for "East Shore Unitarian Sermons." Sermons are posted on Tuesdays.

*Have a suggestion? Leave your comments and suggestions in the box located under the TV screen in the Sanctuary lobby.*

***Please return this Order of Service to the baskets by the door for recycling.***



*“And we should consider every day lost on which we have not danced at least once.  
And we should call every truth false which was not accompanied by at least one  
laugh.” — Friedrich Nietzsche*

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## **ORDER OF SERVICE**

March 20, 2022

10:30 a.m.

### **GATHERING**

**Centering Music**

**Announcements**

LeAnne Struble

**Land Acknowledgement**

Grace Colton

**Ringling of the Bell**

**Welcome**

Rev. Dr. Stephen H. Furrer

**Musical Anecdote / Birthday Celebration**

East Shore Mighty Choir

**\* Hymn**

*Coffee, Coffee, Coffee*

### **CENTERING**

**Chalice Lighting & Call to Worship**

**Chalice Response**

We light this chalice to remind ourselves to treat all people kindly because they are our siblings in spirit;

To take good care of the earth because it is our home;

And to try to live lives filled with goodness and love because that is how we will become the best people we can be.

### **AFFIRMING COMMUNITY**

**Story for All Ages**

*Please Open This Book!*

LeAnne Struble

Adam Lehrhaupt

**East Shore Children’s Covenant**

We are the church with the open mind.

We are the church with the loving heart.

We are the church with the helping hands.

Together we care for the earth and work for friendship and peace in the world.

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\* *Please rise in body or spirit.*

## Pastoral Prayer/Joys & Sorrows

*Please fill out a card in the back of the Sanctuary (in person) or in chat (virtual)*

### INTROSPECTION

Search Team Update		Connie Hirnle
Ushering in our Future: MFD Testimonial		Bill Chappell
Meditation		Rev. Furrer
Musical Celebration	<i>This I Believe</i>	East Shore Mighty Choir

### EXPLORATION

A UU Anecdote		Rev. Furrer
* Hymn	<i>Gimme That UU Religion</i>	
Sermon	<i>Enjoying a Sense of Humor</i>	Rev. Furrer

### RETURNING TO THE SERVICE OF LIFE

#### Gifts of the Congregation

*Text ESUC \$20 (or any dollar amount) to 73256 to give to ESUC using your text messaging. Standard text message rates do apply. You can also use [esuc.org/give](http://esuc.org/give) or mail in a check to ESUC any time! There are also boxes available in the back of the Sanctuary.*

* Sung Affirmation	<i>From All That Dwell</i>	
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#### Closing Words & Extinguishing the Chalice

Postlude	<i>Listen to the Music</i> by The Doobie Brothers	East Shore Mighty Choir
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**Thank you** for silencing all electronic devices. Please ask any usher for an assisted listening device, a large print hymnal, or a braille hymnal.

**Please** feel free to fill out a card of care and celebration located at the back of the Sanctuary. These cards can be read during the Pastoral Prayer. Candles are also available to light to recognize a joy or concern.

**Worship Leadership Today** | Ushers: Fran Corn

**Thanks** to the Worship Team; our Ushers and Greeters; our Religious Education Teachers; and the ACE Media People for audio visual support.

**Next Sunday, March 27, at 10:30 a.m.**

*“Trans Day Of Visibility”*

Stephanie Dykes, teacher, singer, trans educator & artist

*Join us as we celebrate our trans siblings in spirit! Stephanie Dykes will be speaking on the subject of Trans Visibility in advance of International Trans Day of Visibility on March 31. Join Stephanie and the Welcoming Congregations team after the service for an important event needed to complete our certification.*

## **TODAY AT EAST SHORE**

**Coffee Hour: 11:30 a.m. on Zoom or Outside**—Enjoy a casual time to get to know the East Shore community of friends and members. You will be put into groups of 4-6 for easy conversation and mingling. For those in person, head outside and gather with others!

**Community Service Project with Religious Education and Camp Kindness Counts: 12:00 p.m., Outside**—Join us inside as we practice COLLABORATION this month with your friends and families by making an emergency kit and an evacuation plan for your community!

**All Spring Equinox Land Restoration and Plant Swap: 12:00 p.m., Outside**—We will form small teams to work on native plant restoration projects throughout our grounds. There will also be a plant swap! No experience necessary, and all ages welcome.

## **ESUC NEWS**

**Ushering In Our Future:** This year, the Mission Fund Drive will begin on March 1. This is the time to renew your pledges to East Shore to support our mission for 2022-23. It's best to think of what East Shore means to you, and what that means financially. Please return your pledge cards by March 31, either by mailing them in OR by pledging online.

**Volunteers Needed!:** We are looking for volunteers for many roles! Here's a sampling: Ushers & Greeters, Coffee Hour Hosts, RE Teachers and Assistants, Office Volunteers, Zoom Worship Tech, RE Supplies Support. Talk to any staff member for more details.

**Women's Perspective Retreat Registration Now Open!** Join us April 22-24 for “Transforming Conflict through Love in Action” with Kathleen Macferran! We will explore our personal responses to conflict; learn how to hear others without judgement, express clearly our ideas, and practice new responsive skills. Registration now open at [esuc.org](http://esuc.org).

**Seabeck Memorial Day Weekend Returns for 2022!** Mark your calendars for Friday, May 27 to Monday, May 30. Offerings for the weekend will include opportunities for both inner and outer reflection and growth. We are creating a safer camp experience by offering more outdoor options. Registration opens TODAY at [esuc.org](http://esuc.org) or in the office and talk to Nicole.

## UPCOMING EVENTS

**Town Hall Hosted by the Bylaws Task Force: Monday, March 21, 7:00 p.m. (Virtual):** Are you curious about the work being done by our Bylaws Task Force? If so, please attend one of our upcoming town halls. We will be discussing: Our process for thoroughly examining our bylaws and articles of incorporation; Possible changes to our fiscal year; Possible changes to membership qualifications.

**Learn to be a Worship Zoom Tech!: Tuesdays, 3:00 p.m. (Virtual):** Ever been curious about what goes on behind the scenes the make virtual worship services happen? We need your help! Join Jenny on Tuesday afternoons at 3:00 p.m. via Zoom to learn more about what a Worship co-host does. Join via Zoom 828 9915 7872, Passcode: zoom

**Meaningful Movies hosts a Free Screening of John Lewis: Get In The Way, Tuesday, March 22, 7:00 p.m. (Virtual):** Join Meaningful Movies Bellevue for the 54-minute film *John Lewis: Get In The Way*. Released in 2017, this was the first major documentary biography of civil rights hero, congressional leader, and champion for human rights. He fought tirelessly to expand and protect the rights of Black voters and other voters of color, so the film is especially important now! Please join us for this screening and lively discussion afterwards. Open to all ages. Join via Zoom, link at [esuc.org](http://esuc.org).

**Living Our Values Through Investments: Wednesday, March 23, 7:00 p.m. (Virtual):** As individuals, and as members of groups & institutions, we can make decisions about money that align with our values. A team from the Social Justice Fund and Newground Social Investment will host this workshop that provides an overview of socially responsible investing. Register for a zoom link. Email [burke@socialjusticefund.org](mailto:burke@socialjusticefund.org) with questions. Sponsored by the 8th Principle Team.

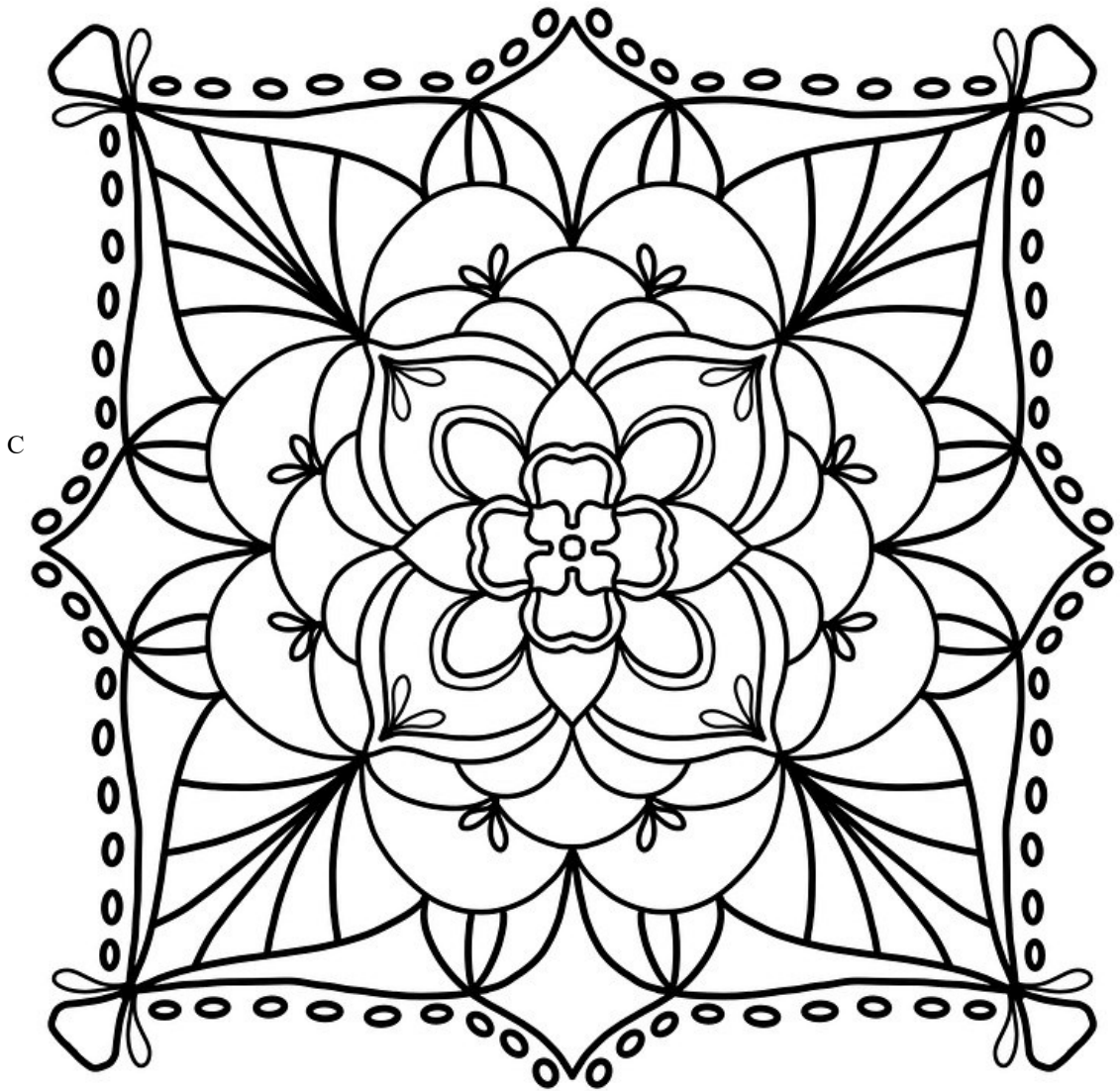
**Post Rev. Peter Luton Perspectives #2 - Exploring Past Conflicts and Looking to the Future: Saturday, March 26, 10:00 a.m. (Virtual):** We began exploring the changes and conflicts East Shore has experienced in recent years. Our February session opened the gates, our hearts, and our hopes for healing. Whether you came in February or not, you are invited to share your experiences following Rev. Peter Luton's departure in 2015, to really listen to each other, and to pave a way forward in commitment to the East Shore community. If you joined the church in recent years, come learn more about East Shore's past. Please take a moment to look at the goals and agreements for this session here. Join via Zoom room 837 6271 1106.

## ACKNOWLEDGEMENT OF OUR INDIGENOUS NEIGHBORS

We acknowledge that this land is the traditional territory of indigenous peoples: the Duwamish, Snohomish, Tulalip, Snoqualmie, Muckleshoot, Puyallup, Suquamish, and Wenatchi nations, among others. We recognize the impact of settler colonialism on these peoples. We pledge to nurture our relationship with our Coast Salish neighbors as we work to restore and sustain their homelands upon which we all depend.



East Shore Unitarian Church is proud to publicly support the Black Lives Matter movement. This stance is in alignment with the values of our faith and is also endorsed by the UUA. More information can be found at [www.uua.org/statements/support-black-lives-matter-movement](http://www.uua.org/statements/support-black-lives-matter-movement).



### East Shore Unitarian Staff

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## The Eight Principles

Unitarian Universalist congregations affirm and promote eight Principles, which we hold as strong values and moral guides. They are:

- \* The inherent worth and dignity of every person;
- \* Justice, equity and compassion in human relations;
- \* Acceptance of one another and encouragement to spiritual growth in our congregations;
- \* A free and responsible search for truth and meaning;
- \* The right of conscience and the use of the democratic process within our congregations and in society at large;
- \* The goal of world community with peace, liberty, and justice for all;
- \* Respect for the interdependent web of all existence of which we are a part.
- \* Journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.

## Getting to Know Us

**Where to Start:** Attend worship services, introduce your children to Religious Education, come to coffee hour, join the choir, participate in East Shore's variety of activities and classes. You can read more about these in our newsletter, *The Beacon*, or if you sign up for the weekly e-mail (at the visitors table).

**Learn More about Becoming a Member:** Talk to our Director of Membership Development for details about our Pathway to Membership.

## Ways to Support East Shore's Mission

Donations to East Shore go to support the operating fund. This allows us to be open seven days a week, offer great programming, classes, and events. Please join us for some upcoming classes or events!

There are many ways to volunteer your time at East Shore, whether you like to do office work, grounds work, or working with children. We are open 7 days a week, and could always use more help. For more information, fill out a form at [www.esuc.org/give/volunteer/](http://www.esuc.org/give/volunteer/) or contact our Office Administrator, Jenny Newell.