

EAST SHORE UNITARIAN CHURCH

12700 SE 32ND STREET, BELLEVUE, WA

(425) 747-3780 · WWW.ESUC.ORG



EastShoreUC



@ESUC1



eastshore_uc

“Love is My Religion”

April 24, 2022



*We practice love, explore spirituality,
build community, and promote justice.*

Welcome to East Shore Unitarian Church

We extend a special welcome to all who are here for the first time. We are glad you are here and hope your morning will provide you with a greater sense of connection with yourself, with the people around you, and with the world and spirit outside these walls. After today's service, please join us outside for coffee, tea, and conversation.

If you didn't stop by before service, please stop by the visitors desk in the foyer. There you can learn more about the church, and fill out a visitor form. During the week, we will contact you to see if you have any more questions, and help you navigate through all of our amazing programs and groups.

Large-print hymnals and a braille hymnal are available in the foyer from the ushers. Our hearing assistance devices use T-Coil loop technology. Hearing assistance devices are also available in the back of the Sanctuary or from the ushers.

Gender Affirming Restrooms are located in each building. A private restroom is located in the Administration Building. Diaper changing stations are located in all restrooms.

Families, Children & Youth

Families are an important part of faith communities and we are so glad you are here! We want you all to attend worship together, either online or in person. There is no onsite childcare during worship at this time. There is a rug in the back of the Sanctuary with book and toys for babies and kids and E-101 is open for free play. Children and youth classes are held at 12pm. Please find more information in the weekly Friday newsletter for children and youth. <http://bit.ly/ESUCemails>

Keeping In Touch

Do you want to keep in touch during the week? Follow us on Facebook (EastShoreUC), Twitter (@ESUC1) and Instagram (eastshore_uc). You can also request to join our email list by emailing our Director of Membership Development at membership@esuc.org. Paper copies of Rev. Furrer's sermons and audio copies of the service of the service are available in the Administration Building. You can also listen to the sermons online at esuc.org/worship/past-worship-services. Sermons are also available as Podcasts, search for "East Shore Unitarian Sermons." Sermons are posted on Tuesdays.

Have a suggestion? Leave your comments and suggestions in the box located under the TV screen in the Sanctuary lobby.

Please return this Order of Service to the baskets by the door for recycling.



ORDER OF SERVICE

April 24, 2022

10:30 a.m.

Centering Music

Gracias a la Vida
Violet Parra

John Chmaj

Announcements

LeAnne Struble

Ringing of the Bell

Land Acknowledgement

David Langrock

Welcome

Ann Fletcher

Chalice Lighting & Response

Rev. Dr. Maria Cristina Vlassidis Burgoa

We light this chalice to remind ourselves to treat all people kindly because they
are our siblings in spirit;

To take good care of the earth because it is our home;

And to try to live lives filled with goodness and love because that is how we will
become the best people we can be.

*** Hymn #1008**

When Our Heart is in A Holy Place

Call To Worship

Rev. Maria Cristina

Family Ministry

The Day You Begin
by Jacqueline Woodson

East Shore Unitarian Church Covenant

Eric Lane Barnes

Love is the doctrine of this church.

The quest for truth is its sacrament, and service is its prayer.

To dwell together in peace, to seek knowledge in freedom,

To serve humanity in fellowship, thus do we covenant.

Candles of Joys & Sorrows

LeAnne Struble & amanda alice uluhan

Please fill out a card in the back of the Sanctuary (in person) or in chat (virtual)

* Please rise in body or spirit.

Musical Meditation/Celebration

Beautiful City

Paul Rosenberg

Sermon

Love Is My Religion

Rev. Maria Cristina

***Hymn #1051**

We Are

Gifts of the Congregation

Ann Fletcher

Text ESUC \$20 (or any dollar amount) to 73256 to give to ESUC using your text messaging. Standard text message rates do apply. You can also use esuc.org/give or mail in a check to ESUC any time! There are also boxes available in the back of the Sanctuary.

Offertory

Everybody Says Don't

Paul Rosenberg

Extinguishing the Chalice

Rev. Maria Cristina

Benediction

Closing Hymn #131

Love Will Guide Us

Postlude

Armando's Rhumba

John Chmaj & Eric Lane Barnes

by Chick Corea

Thank you for silencing all electronic devices. Please ask any usher for an assisted listening device, a large print hymnal, or a braille hymnal.

Please feel free to fill out a card of joys and sorrows located at the back of the Sanctuary. These cards can be read during the Candles of Joys and Sorrows. Candles are also available to light to recognize a joy or concern.

Worship Leadership Today Flower Team: Karen Olguin and Carolyn Reid | Ushers: Missy Poirier and Carol Tauscheck

Thanks to the Worship Team; our Ushers and Greeters; our Religious Education Teachers; and the ACE Media People for audio visual support.

Next Sunday, May 1, at 10:30 a.m.

"Esperanza/Hope Changes Everything"

Rev. Dr. Maria Cristina Vlassidis Burgoa, preaching

How do we understand and experience hope? Is it just wishful thinking? Environmental Justice activist Joanna Macy teaches us that Active Hope is something we do rather than have. It involves being clear about what we hope for and then playing our role in the process of moving in that direction. She calls this time The Great Turning and encourages us to make our contribution to it. In the process, we might discover new strengths, a wider network of allies, and experience a renewed sense of hope.

TODAY AT EAST SHORE

All Morning: Sunflower Peace Art for Ukraine: Outside: Review the catalog here and email your selection to LeAnne Struble or come Sunday at the table. You can pay cash donation or online at East Shore's website with "RE-UUSC". Donations go to UUSC Emergency Relief Fund Ukraine Response.

Coffee Hour: 11:30 a.m.: Outside & Online: After worship, enjoy a casual time to get to know the East Shore community of friends and members. You will be put into groups of 4-6 for easy conversation and mingling. All are welcome! For those in person, head outside and gather with others! There will be coffee and tea outside, please consider bringing your own travel mug!

Minister Candidate Voting Q&A: 11:30 a.m., Sanctuary & Online: ESUC members are invited to informational sessions about voting to call our minister candidate, Rev. Maria Cristina. The announcement of her candidacy sent Tuesday, April 19 includes links to a great deal of information about the candidate and includes how some voting information. Members also received more detailed information in a notice of voting letter sent out Thursday, April 14. If you have additional question or want clarifications. Another session will be held on Saturday, April 30 before the picnic, 11:00 a.m. (zoom link will be sent in next week's eblast)

Rev. Maria Cristina and Religious Education Families: 12:30 p.m., Sanctuary & Online: Children, adults involved in the Religious Education program, RE Committee members, parents, teachers, and mentors – are invited to join Rev. Maria Cristina (or as children may call her “Rev. MC”) in person in the Sanctuary and on Zoom to talk about our thriving RE program and our hopes for the future. Via Zoom Meeting ID: 837 2789 3079, Passcode: RE. We will also have 8 Principles Collage Stations to engage visual thinkers during the forum.

Black Lives Matter Flash Stance: 12:30 p.m. in Kirkland: Join fellow UU activists for our Black Lives Matter Flash Stance in person in Kirkland at the NW corner of Peter Kirk Park next to the transit center. We gather in solidarity with Black, Brown, and Indigenous People of Color. Flash Stances start conversations, and then carry those conversations on. All are welcome!

IN PERSON ACTIVITIES

East Shore COVID protocols are currently being updated to better reflect the latest CDC recommendations and guidelines. We will continue to wear masks (2yo+), require vaccinations (5yo+), ask you to stay home if you're sick or in contact with COVID, and ventilate indoor spaces to help limit any exposure as best possible, but other restrictions (limiting attendance numbers) are being lifted, so stay tuned and plan to participate online or in person - wherever YOU feel best! You can find our updated chart at esuc.org.

CANDIDATING WEEK

Candidating Week will run from April 24 to May 1, 2022. During this busy week there will be small-group, larger-group, and congregation-wide times to meet Rev. Maria Cristina. If you have questions about scheduling, email ESUC.Ministerial.Search.Committee@gmail.com

Monday, April 25: Theme: Spiritual Life

12:00 – 1:00 pm Worship Committee and Associates, Pastoral Care, Choir, ACE Media, CUUPs - Multiplatform

7:00 – 8:00 pm Congregation-wide Open Session, Q&A on Zoom: A chance to drop in to a Zoom session and chat, ask your questions, and get to know Rev. Maria Cristina. All are welcome! Via Zoom Meeting ID: 898 6146 3317, Passcode: OPEN

Wednesday, April 27: Theme: Congregation as Community

12:00 - 1:00 pm Congregation-wide Open Session, Q&A on Zoom: A chance to drop in to a Zoom session and chat, ask your questions, and get to know Rev. Maria Cristina. All are welcome! Via Zoom Meeting ID: 884 8778 8428, Passcode: OPEN

6:00 – 7:00 pm Gathering of people with historically marginalized identities - Zoom: Rev. Maria Cristina joins in a gathering with BIPOC and LGBTQ members on Zoom.

Thursday, April 28: Theme: Foundations and Heritage

6:45 – 8:15 pm Board & Committee & Task Force Chairs - Multiplatform: Rev. Maria Cristina joins the Board & Committee & Task Force Chairs.

Friday, April 29: Theme: The Wider Community

7:00 – 8:00 pm Congregation-wide Open Session, Q&A on Zoom: A chance to drop in to a Zoom session and chat, ask your questions, and get to know Rev. Maria Cristina. All are welcome! Via Zoom Meeting ID: 810 0724 9887, Passcode: OPEN

Saturday, April 30: Theme: Joy and Turning toward the future

12:00 – 2:00 pm Congregational Outdoor Picnic – In person: Enjoy an informal opportunity to interact with Rev. Maria Cristina in person. We will have coffee, tea, hot chocolate and water available. Bring your own lunch and mug. We are not eating or drinking indoors and we are not sharing food. All Ages Welcome! Vaccination (ages 5+) and masks (ages 2+) required.

Sunday, May 1: Theme: Hope and Moving Forward

10:30 am Worship Service - Multiplatform, All are welcome! Via Zoom Meeting ID: 989 3107 9078, Passcode: chalice

12:30 pm Vote Results and Expected Celebration—Multiplatform: After the Vote is counted (estimated 12:30) - We will announce the results in the sanctuary, Multi-Platform. We expect to Celebrate the calling of Rev. Maria Cristina in the Sanctuary, the North Room and outside weather permitting - Refreshments Served.

UPCOMING EVENTS

Meaningful Movies Presents "Dammed to Extinction": Tuesday, April 26, 7:00 p.m. (Virtual):

Dammed to Extinction features orca whale researcher, Ken Balcomb, who has studied the Puget Sound Southern Resident Orca for over 40 years. Struggling to survive, the orcas rely on Chinook salmon, yet salmon are close to extinction themselves. Open to all ages. Join via Zoom.

Ritual In Our Lives: Wednesdays, April 27, and May 11, 7:00 p.m. (Multi Platform): Rev. Furrer was a thespian in his youth and has long felt that dramatic training was a wonderful readiness regimen for parish ministry. Led by Grace Colton and Reverend Furrer. Register to grace.colton@gmail.com.

Budget Town Hall: Monday, May 9, 7:00 p.m. (Virtual): Come learn about the proposed 2022-23 Operating Budget. We will review the numbers, answer questions, and listen to member comments.

Annual Margaret Fuller Tea: Sunday, May 15, 12:00 p.m. (In Person): Women's Perspective's Keynote Speaker will be Col. Peggy Phillips, U.S. Air Force (Retired) speaking about how her UU beliefs and principles have influenced her career in aviation, her East Shore Unitarian Church activities, and home life. We will also be honoring two women being inducted into the Clara Barton Sisterhood for their service to others. Register online to guarantee your seat.

Seabeck Memorial Day Weekend 2022: Friday, May 27 to Monday, May 30 (In Person): East Shore's own Eric Lane Barnes, will be sharing his talents with us. Offerings for the weekend will include opportunities for both inner and outer reflection and growth. Register at esuc.org

ACKNOWLEDGEMENT OF OUR INDIGENOUS NEIGHBORS

We acknowledge that this land is the traditional territory of indigenous peoples: the Duwamish, Snohomish, Tulalip, Snoqualmie, Muckleshoot, Puyallup, Suquamish, and Wenatchi nations, among others. We recognize the impact of settler colonialism on these peoples. We pledge to nurture our relationship with our Coast Salish neighbors as we work to restore and sustain their homelands upon which we all depend.

East Shore Unitarian Staff

			425-747-3780
Rev. Dr. Stephen H. Furrer	Developmental Minister	minister@esuc.org	Ext. 103
amanda alice uluhan	Dir. of Religious Education	education@esuc.org	Ext. 104
Rebecca Chatfield	Director of Finance & Operations	finance@esuc.org	Ext. 110
Nicole Duff	Dir. of Membership Development	membership@esuc.org	Ext. 106
Dianne Upton	Facilities Manager	facilities@esuc.org	Ext. 102
Jenny Newell	Office Administrator	esuc@esuc.org	Ext. 101
Vanessa Rodriguez	Bookkeeper	bookkeeper@esuc.org	Ext. 105
LeAnne Struble	RE Programs Coordinator	education2@esuc.org	
Eric Lane Barnes	Director of Music	music@esuc.org	
Celil Cakmak	Facilities Supervisor	super@esuc.org	



East Shore Unitarian Church is proud to publicly support the Black Lives Matter movement. This stance is in alignment with the values of our faith and is also endorsed by the UUA. More information can be found at www.uua.org/statements/support-black-lives-matter-movement.

The Eight Principles

Unitarian Universalist congregations affirm and promote eight Principles, which we hold as strong values and moral guides. They are:

- * The inherent worth and dignity of every person;
- * Justice, equity and compassion in human relations;
- * Acceptance of one another and encouragement to spiritual growth in our congregations;
- * A free and responsible search for truth and meaning;
- * The right of conscience and the use of the democratic process within our congregations and in society at large;
- * The goal of world community with peace, liberty, and justice for all;
- * Respect for the interdependent web of all existence of which we are a part.
- * Journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.

Getting to Know Us

Where to Start: Attend worship services, introduce your children to Religious Education, come to coffee hour, join the choir, participate in East Shore's variety of activities and classes. You can read more about these in our newsletter, *The Beacon*, or if you sign up for the weekly e-mail (at the visitors table).

Learn More about Becoming a Member: Talk to our Director of Membership Development for details about our Pathway to Membership.

Ways to Support East Shore's Mission

Donations to East Shore go to support the operating fund. This allows us to be open seven days a week, offer great programming, classes, and events. Please join us for some upcoming classes or events!

There are many ways to volunteer your time at East Shore, whether you like to do office work, grounds work, or working with children. We are open 7 days a week, and could always use more help. For more information, fill out a form at www.esuc.org/give/volunteer/ or contact our Office Administrator, Jenny Newell.