EAST SHORE UNITARIAN CHURCH

12700 SE 32ND Street, Bellevue, WA (425) 747-3780 · www.esuc.org



"Esperanza/Hope Changes Everything" May 1, 2022



We practice love, explore spirituality, build community, and promote justice.

Welcome to East Shore Unitarian Church

We extend a special welcome to all who are here for the first time. We are glad you are here and hope your morning will provide you with a greater sense of connection with yourself, with the people around you, and with the world and spirit outside these walls. After today's service, please join us outside for coffee, tea, and conversation.

If you didn't stop by before service, please stop by the visitors desk in the foyer. There you can learn more about the church, and fill out a visitor form. During the week, we will contact you to see if you have any more questions, and help you navigate through all of our amazing programs and groups.

Large-print hymnals and a braille hymnal are available in the foyer from the ushers. Our hearing assistance devices use T-Coil loop technology. Hearing assistance devices are also available in the back of the Sanctuary or from the ushers.

Gender Affirming Restrooms are located in each building. A private restroom is located in the Administration Building. Diaper changing stations are located in all restrooms.

Families, Children & Youth

Families are an important part of faith communities and we are so glad you are here! We want you all to attend worship together, either online or in person. There is no onsite childcare during worship at this time. There is a rug in the back of the Sanctuary with book and toys for babies and kids and E-101 is open for free play. Children and youth classes are held at 12pm. Please find more information in the weekly Friday newsletter for children and youth. http://bit.ly/ ESUCemails

Keeping In Touch

Do you want to keep in touch during the week? Follow us on Facebook (EastShoreUC), Twitter (@ESUC1) and Instagram (eastshore_uc). You can also request to join our email list by emailing our Director of Membership Development at membership@esuc.org. Paper copies of Rev. Furrer's sermons and audio copies of the service of the service are available in the Administration Building. You can also listen to the sermons online at esuc.org/worship/past-worship-services. Sermons are also available as Podcasts, search for "East Shore Unitarian Sermons." Sermons are posted on Tuesdays.

Have a suggestion? Leave your comments and suggestions in the box located under the TV screen in the Sanctuary lobby.

Please return this Order of Service to the baskets by the door for recycling.



ORDER OF SERVICE May 1, 2022

10:30 a.m.

Centering Music

Announcements

Ringing of the Bell

Welcome

Eric Lane Barnes

Mike Radow

Ministerial Search Team

Signe Lalish-Menagh

Rev. María Cristina

& Rev. Dr. María Cristina Vlassidis Burgoa

Land Acknowledgement

Chalice Lighting & Response

We light this chalice to remind ourselves to treat all people kindly because they are our siblings in spirit;

To take good care of the earth because it is our home;

And to try to live lives filled with goodness and love because that is how we will become the best people we can be.

* Hymn #368	Now Let Us Sing	
Call To Worship		Rev. María Cristina
Family Ministry	<i>Little Mole Finds Hope</i> by Glenys Nellist	
East Shore Unitarian Church Covenant		Mike Radow

Love is the doctrine of this church.

The quest for truth is its sacrament, and service is its prayer.

To dwell together in peace, to seek knowledge in freedom,

To serve humanity in fellowship, thus do we covenant.

Candles of Joys & Sorrows amanda alice uluhan & LeAnne Struble Please fill out a card in the back of the Sanctuary (in person) or in chat (virtual)

* Please rise in body or spirit.

Musical Celebration	I Choose Love	East Shore Mighty Choir		
Sermon	Hope Changes Everything	Rev. María Cristina		
Music Video	Sing People Sing	Emma's Revolution		
Gifts of the Congregation		Mike Radow		
Text ESUC \$20 (or any dollar amount) to 73256 to give to ESUC using your text messaging. Standard text message rates do apply. You can also use esuc.org/give or mail in a check to ESUC any time! There are also boxes available in the back of the Sanctuary.				
Offertory	Keep On Lifted	East Shore Mighty Choir & Ron Douglas		
Extinguishing the Chalice		Rev. María Cristina		
Benediction				
* Closing Hymn #305	De Colores			
Postlude		Eric Lane Barnes		

Thank you for silencing all electronic devices. Please ask any usher for an assisted listening device, a large print hymnal, or a braille hymnal.

Please feel free to fill out a card of joys and sorrows located at the back of the Sanctuary. These cards can be read during the Pastoral Prayer. Candles are also available to light to recognize a joy or concern.

Worship Leadership Today Worship Associate: Mike Radow| Ushers: Fran Corn, Laurie Wick| Zoom Tech Support: Sheridan Botts| Flowers by: Karen Olguin, Carolyn Reid & Ann Carlstrom

Thanks to the Worship Team; the Flower Team; our Ushers and Greeters; our Religious Education Teachers; and the ACE Media People for audio visual support.

Next Sunday, May 8 at 10:30 a.m.

"Memories of Mother" Rev. Dr. Stephen H. Furrer, preaching *A mother's tribute.*

TODAY AT EAST SHORE

All Morning: Sunflower Peace Art for Ukraine: Outside: Review the catalog here and email your selection to LeAnne Struble or come Sunday at the table. You can pay cash donation or online at East Shore's website with "RE-UUSC". Donations go to UUSC Emergency Relief Fund Ukraine Response.

Coffee Hour: 11:30 a.m.: Outside & Online: After worship, enjoy a casual time to get to know the East Shore community of friends and members. You will be put into groups of 4-6 for easy conversation and mingling. All are welcome! For those in person, head outside and gather with others! There will be coffee and tea outside, please consider bringing your own travel mug!

RE Outdoors: 12:00 p.m.: Outside: Join on the 1st and 3rd Sundays thru June for outdoor programs. We have offerings for ages 5-8, 8-10, and 11-13 led by volunteer parents and teachers. We continue to wear masks and social distance at all times. Our curricula centers on Unitarian Universalist principles and the sources of wisdom from which those derive: world religions, our own direct experience, and the natural world of which we are a part.

Black Lives Matter Flash Stance 12:30 p.m. in Bellevue: Join fellow UU activists for our Black Lives Matter Flash Stance in person in Factoria on the corner by Dacell's Jewelers. We gather in solidarity with Black, Brown, and Indigenous People of Color. Flash Stances start conversations, and then carry those conversations on. All are welcome!

Celebrate Our New Minister: 12:30 p.m.: Outside: The Ministerial Search Committee and the Board of Trustees are very hopeful that East Shore will have something very special to celebrate this Sunday - that Rev. María Cristina will be our next called minister! If we achieve 90% yes vote (we are hoping for 100%) we will announce it in the sanctuary and on zoom at 12:30 (or later) after the vote count has been completed. Then we can gather outside to Celebrate!!! Cake, beverage and treats, will be provided by the Board of Trustees and a party atmosphere will be created by a joyous congregation. Please join us in this wonderful celebration.

IN PERSON ACTIVITIES

East Shore COVID protocols are currently being updated to better reflect the latest CDC recommendations and guidelines. We will continue to wear masks (2yo+), require vaccinations (5yo+), ask you to stay home if you're sick or in contact with COVID, and ventilate indoor spaces to help limit any exposure as best possible, but other restrictions (limiting attendance numbers) are being lifted, so stay tuned and plan to participate online or in person - wherever YOU feel best! You can find our updated chart at esuc.org.

UPCOMING EVENTS

Budget Town Hall: Monday, May 9, 7:00 p.m. (Virtual): Come learn about the proposed 2022-23 Operating Budget. We will review the numbers, answer questions, and listen to member comments.

Ritual In Our Lives: Wednesday, May 11, 7:00 p.m. (Multi Platform): Rev. Furrer was a thespian in his youth and has long felt that dramatic training was a wonderful readiness regimen for parish ministry. Led by Grace Colton and Reverend Furrer. Register to grace.colton@gmail.com.

Annual Margaret Fuller Tea: Sunday, May 15, 12:00 p.m. (In Person): Women's Perspective's Keynote Speaker will be Col. Peggy Phillips, U.S. Air Force (Retired) speaking about how her UU beliefs and principles have influenced her career in aviation, her East Shore Unitarian Church activities, and home life. We will also be honoring two women being inducted into the Clara Barton Sisterhood for their service to others. Register online to guarantee your seat.

Seabeck Memorial Day Weekend 2022: Friday, May 27 to Monday, May 30 (In Person): East Shore's own Eric Lane Barnes, will be sharing his talents with us. Offerings for the weekend will include opportunities for both inner and outer reflection and growth. Register at esuc.org

Art in Community Summer Camp: June 27-July 1 (In Person): June 27-July 1, 2022 9:00-3:00pm Summer camp at East Shore! "Art in Community" In-person summer camp for Kid Participants Grades K-5 and Youth Camp Counselors Grades 6-12. We imagine a world of empowered kids bringing their voices and visions for the greater good of our world! Registration at esuc.org

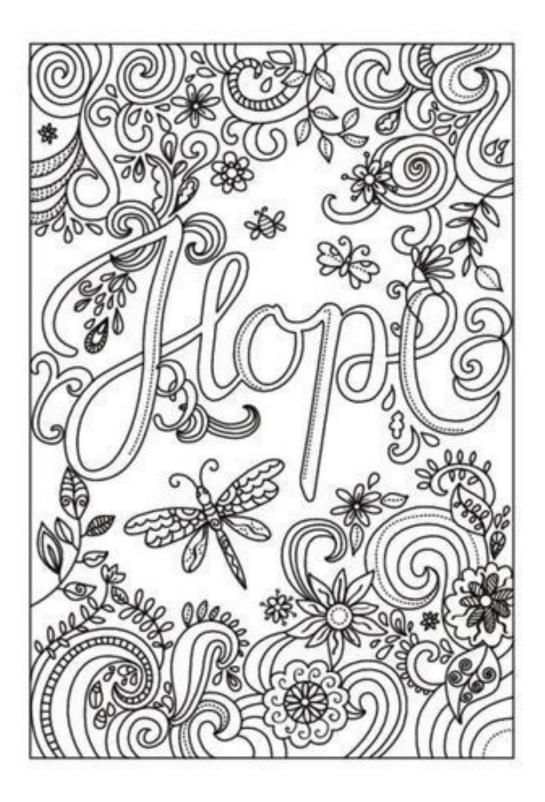
ACKNOWLEDGEMENT OF OUR INDIGENOUS NEIGHBORS

We acknowledge that this land is the traditional territory of indigenous peoples: the Duwamish, Snohomish, Tulalip, Snoqualmie, Muckleshoot, Puyallup, Suquamish, and Wenatchi nations, among others. We recognize the impact of settler colonialism on these peoples. We pledge to nurture our relationship with our Coast Salish neighbors as we work to restore and sustain their homelands upon which we all depend.

	East Shore Unitarian Staf	f	425-747-3780
Rev. Dr. Stephen H. Furrer	Developmental Minister	minister@esuc.org	Ext. 103
amanda alice uluhan	Dir. of Religious Education	education@esuc.org	Ext. 104
Rebecca Chatfield	Director of Finance & Operations	finance@esuc.org	Ext. 110
Nicole Duff	Dir. of Membership Development	membership@esuc.or	g Ext. 106
Dianne Upton	Facilities Manager	facilities@esuc.org	Ext. 102
Jenny Newell	Office Administrator	esuc@esuc.org	Ext. 101
Vanessa Rodriguez	Bookkeeper	bookkeeper@esuc.org	Ext. 105
LeAnne Struble	RE Programs Coordinator	education2@esuc.org	
Eric Lane Barnes	Director of Music	music@esuc.org	
Celil Cakmak	Facilities Supervisor	super@esuc.org	



East Shore Unitarian Church is proud to publicly support the Black Lives Matter movement. This stance is in alignment with the values of our faith and is also endorsed by the UUA. More information can be found at www.uua.org/statements/support-black-lives-matter-movement.



The Eight Principles

Unitarian Universalist congregations affirm and promote eight Principles, which we hold as strong values and moral guides. They are:

- * The inherent worth and dignity of every person;
- * Justice, equity and compassion in human relations;
- * Acceptance of one another and encouragement to spiritual growth in our congregations;
- * A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at large;
- * The goal of world community with peace, liberty, and justice for all;
- * Respect for the interdependent web of all existence of which we are a part.
- Journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.

Getting to Know Us

Where to Start: Attend worship services, introduce your children to Religious Education, come to coffee hour, join the choir, participate in East Shore's variety of activities and classes. You can read more about these in our newsletter, *The Beacon*, or if you sign up for the weekly e-mail (at the visitors table).

Learn More about Becoming a Member: Talk to our Director of Membership Development for details about our Pathway to Membership.

Ways to Support East Shore's Mission

Donations to East Shore go to support the operating fund. This allows us to be open seven days a week, offer great programming, classes, and events. Please join us for some upcoming classes or events!

There are many ways to volunteer your time at East Shore, whether you like to do office work, grounds work, or working with children. We are open 7 days a week, and could always use more help. For more information, fill out a form at www.esuc.org/give/volunteer/ or contact our Office Administrator, Jenny Newell.