

EAST SHORE UNITARIAN CHURCH

12700 SE 32ND STREET, BELLEVUE, WA
(425) 747-3780 · WWW.ESUC.ORG



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“Watershed Consciousness”

May 22, 2022



***We practice love, explore spirituality,
build community, and promote justice.***

Welcome to East Shore Unitarian Church

We extend a special welcome to all who are here for the first time. We are glad you are here and hope your morning will provide you with a greater sense of connection with yourself, with the people around you, and with the world and spirit outside these walls. After today's service, please join us outside for coffee, tea, and conversation.

If you didn't stop by before service, please stop by the visitors desk in the foyer. There you can learn more about the church, and fill out a visitor form. During the week, we will contact you to see if you have any more questions, and help you navigate through all of our amazing programs and groups.

Large-print hymnals and a braille hymnal are available in the foyer from the ushers. Our hearing assistance devices use T-Coil loop technology. Hearing assistance devices are also available in the back of the Sanctuary or from the ushers.

Gender Affirming Restrooms are located in each building. A private restroom is located in the Administration Building. Diaper changing stations are located in all restrooms.

Families, Children & Youth

Families are an important part of faith communities and we are so glad you are here! We want you all to attend worship together, either online or in person. There is no onsite childcare during worship at this time. There is a rug in the back of the Sanctuary with book and toys for babies and kids and E-101 is open for free play. Children and youth classes are held at 12pm. Please find more information in the weekly Friday newsletter for children and youth. <http://bit.ly/ESUCemails>

Keeping In Touch

Do you want to keep in touch during the week? Follow us on Facebook (EastShoreUC), Twitter (@ESUC1) and Instagram (eastshore_uc). You can also request to join our email list by emailing our Director of Membership Development at membership@esuc.org. Paper copies of Rev. Furrer's sermons and audio copies of the service of the service are available in the Administration Building. You can also listen to the sermons online at esuc.org/worship/past-worship-services. Sermons are also available as Podcasts, search for "East Shore Unitarian Sermons." Sermons are posted on Tuesdays.

Have a suggestion? Leave your comments and suggestions in the box located under the TV screen in the Sanctuary lobby.

Please return this Order of Service to the baskets by the door for recycling.



xxxxxxxxxxxxxxxxxxxx QUOTE xxxxxxxxxxxxxxxxxxxxxxxx

ORDER OF SERVICE

May 22, 2022

10:30 a.m.

GATHERING

Centering Music

Afternoon Samba
by John Chmaj

John Chmaj &
Ginny Lockwood

Announcements

Lori Saccardi

Land Acknowledgement

Barb Clagett

Ringling of the Bell

Welcome

Rev. Dr. Stephen H. Furrer

*** Hymn #209**

O Come, You Longing Thirsty Souls

CENTERING

Chalice Lighting & Reading

Rev. Furrer

Chalice Response

We light this chalice to remind ourselves to treat all people kindly because they are our siblings in spirit;

To take good care of the earth because it is our home;

And to try to live lives filled with goodness and love because that is how we will become the best people we can be.

AFFIRMING COMMUNITY

Story for All Ages

Papa God's Well

RE AllStars

a Haitian Folktale illustrated by Wenda Collins

Community Mural Project

Doug Strombom

East Shore Unitarian Church Covenant

Love is the doctrine of this church.

The quest for truth is its sacrament, and service is its prayer.

To dwell together in peace, to seek knowledge in freedom,

To serve humanity in fellowship, thus do we covenant.

Pastoral Prayer/Joys & Sorrows LeAnne Struble & amanda alice uluhan
Please fill out a card in the back of the Sanctuary (in person) or in chat (virtual)

INTROSPECTION

Reading “Streaming Wisdom” Rev. Furrer
Peter Warshall

Musical Meditation *I Loves You Porgy* John Chmaj & Barb Clagett
George Gershwin

EXPLORATION

Reading(s) H.D. Thoreau & Lao Tzu Rev. Furrer & Doug Strombom

*** Hymn #90** *From All The Fret and Fever of The Day*

Sermon *Watershed Consciousness* Rev. Furrer

RETURNING TO THE SERVICE OF LIFE

Gifts of the Congregation Doug Strombom

*Text ESUC \$20 (or any dollar amount) to 73256 to give to ESUC using your text messaging.
Standard text message rates do apply. You can also use esuc.org/give or mail in a check to
ESUC any time! There are also boxes available in the back of the Sanctuary.*

*** Sung Benediction #100** *Peace Like A River*

Closing Words & Extinguishing the Chalice Rev. Furrer

Postlude *Ginny and Tonic* John Chmaj, Barb Clagett
by John Chmaj & Ginny Lockwood

Thank you for silencing all electronic devices. Please ask any usher for an assisted listening device, a large print hymnal, or a braille hymnal.

Please feel free to fill out a card of care and celebration located at the back of the Sanctuary. These cards can be read during the Pastoral Prayer. Candles are also available to light to recognize a joy or concern.

Worship Leadership Today Worship Associate: xxxxxxxxxxxxxxxx | Ushers: xxxxxxxxxxxxxxxx

Thanks to the Worship Team; our Ushers and Greeters; our Religious Education Teachers; and the ACE Media People for audio visual support.

Next Sunday, May 29 at 10:30 a.m.

“Emblazoned On My Memory”

Rev. Dr. Stephen H. Furrer, preaching

Rev Steve contemplates Memorial Day by way of considering the nature and reliability of our memories.

TODAY AT EAST SHORE

Coffee Hour: 11:30 a.m.: Outside & Online: After worship, enjoy a casual time to get to know the East Shore community of friends and members. You will be put into groups of 4-6 for easy conversation and mingling. For those in person, head outside and gather with others! There will be coffee and tea outside, please consider bringing your own travel mug!

Young Adult Ministry: 11:30 a.m.: Online: We are launching a Young Adult Ministry in the New Year for UUs. If you're 18-35 years old! We meet on the fourth Sunday of each month. Contact amanda alice, Director of Religious Education, for more information. To join, meet us on Zoom for now at noon: Meeting ID: 850 3458 8711.

Yoga: 12:00 p.m. in Spring Hall: Join us as we practice AWARENESS of ourselves this month with your friends and families through yoga and meditation! This family friendly event is hosted by camp kindness counts in collaboration with East shore kids RE!

OWL for grades 8,9, and 10: 12:00 p.m. in E-201: Come in person with masks and proof of vaccination for OWL. This is a covenanted course in which consistent participation is expected. A fun and engaging program for adolescence. Registration is closed. More details here.

Black Lives Matter Flash Stance: 12:30 p.m. in Kirkland: Join fellow UU activists for our Black Lives Matter Flash Stance in person in Kirkland at the NW corner of Peter Kirk Park next to the transit center. We gather in solidarity with Black, Brown, and Indigenous People of Color. Flash Stances start conversations, and then carry those conversations on. All are welcome- join us in this important work!

REV. FURRER FAREWELL

You may make a financial contribution to Steve's going away gift(s) by going to the website and BE SURE to put "Rev. Furrer's gift" in the memo box so the money will go where you intend it. Or mail in a check, but again identify the purpose as "Rev. Furrer gift". Please do so by May 25.

You can contribute to a virtual book through the Kudoboard. You can write a message or add a video or a picture (if you have them). To support those who do not have computers, have trouble using the link, or don't use e-mail, Signe Lalish will set up a computer in the office at church this Sundays.

Please submit your messages by this Sunday. <https://www.kudoboard.com/boards/H2d6LS6B>

The celebration of his ministry with us will occur following worship service on June 5.

UPCOMING EVENTS

Meaningful Movies Bellevue Presents Mission: JOY: Tuesday, May 24, 7:00 p.m. (Virtual): Join us on zoom for the social justice documentary Mission: JOY. Advance registration is required for this screening. Mission: JOY features an in-depth conversation between His Holiness the Dalai Lama & Archbishop Desmond Tutu. Details at esuc.org.

Tech Support & Coffee Klatch: Wednesdays, 10:30 am (In Person) Come enjoy a cup of coffee or tea, and meet up with old friends or make some new ones. While you're there, some tech-savvy members will be on hand to answer your questions about using technology.

Budget Town Hall: Wednesday, May 25, 7:00 p.m.: Please attend to hear updated budget numbers revised recently. We will be presenting a new draft budget #14 that takes into account recently increased pledges and match money from members! Budget Team will have Budget Town Hall #3 on Wednesday May 25th at 7 pm, zoom only, join Zoom Meeting: 844 6319 8115, Passcode: 806506

Seabeck Memorial Day Weekend 2022: Friday, May 27 to Monday, May 30 (In Person): Offerings for the weekend will include opportunities for both inner and outer reflection and growth. We are creating a safer camp experience by moving activities to existing outside spaces or to free standing tents. Register at esuc.org.

Board Listening Circle: Saturday, June 4, 10:00 a.m.: The regular first Saturday Board of Trustees listening Session occurs on Zoom room 991 9413 9797, Passcode: 830647.

ACKNOWLEDGEMENT OF OUR INDIGENOUS NEIGHBORS

We acknowledge that this land is the traditional territory of indigenous peoples: the Duwamish, Snohomish, Tulalip, Snoqualmie, Muckleshoot, Puyallup, Suquamish, and Wenatchi nations, among others. We recognize the impact of settler colonialism on these peoples. We pledge to nurture our relationship with our Coast Salish neighbors as we work to restore and sustain their homelands upon which we all depend.

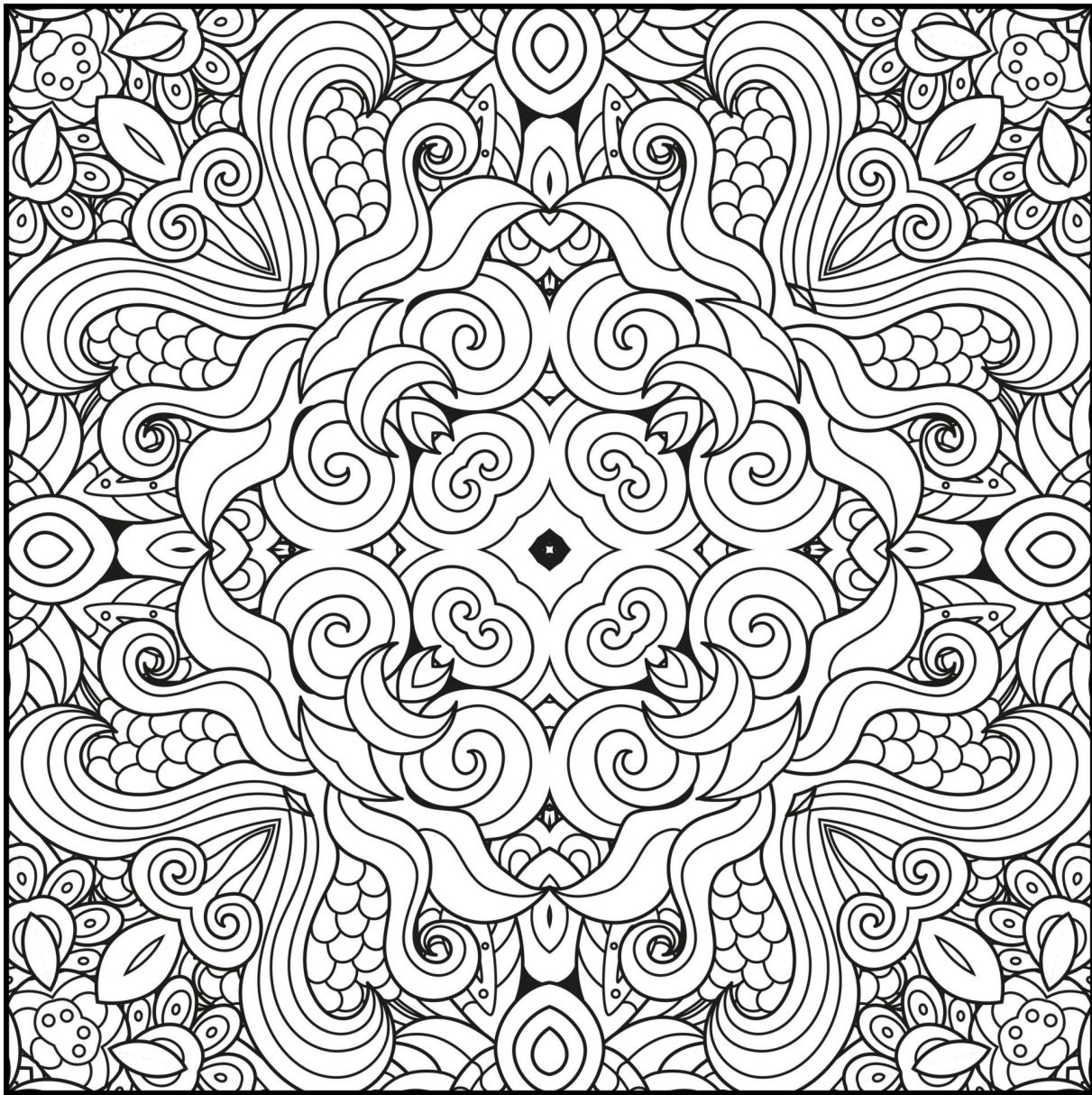
East Shore Unitarian Staff

425-747-3780

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East Shore Unitarian Church is proud to publicly support the Black Lives Matter movement. This stance is in alignment with the values of our faith and is also endorsed by the UUA. More information can be found at www.uua.org/statements/support-black-lives-matter-movement.



The Eight Principles

Unitarian Universalist congregations affirm and promote eight Principles, which we hold as strong values and moral guides. They are:

- * The inherent worth and dignity of every person;
- * Justice, equity and compassion in human relations;
- * Acceptance of one another and encouragement to spiritual growth in our congregations;
- * A free and responsible search for truth and meaning;
- * The right of conscience and the use of the democratic process within our congregations and in society at large;
- * The goal of world community with peace, liberty, and justice for all;
- * Respect for the interdependent web of all existence of which we are a part.
- * Journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.

Getting to Know Us

Where to Start: Attend worship services, introduce your children to Religious Education, come to coffee hour, join the choir, participate in East Shore's variety of activities and classes. You can read more about these in our newsletter, *The Beacon*, or if you sign up for the weekly e-mail (at the visitors table).

Learn More about Becoming a Member: Talk to our Director of Membership Development for details about our Pathway to Membership.

Ways to Support East Shore's Mission

Donations to East Shore go to support the operating fund. This allows us to be open seven days a week, offer great programming, classes, and events. Please join us for some upcoming classes or events!

There are many ways to volunteer your time at East Shore, whether you like to do office work, grounds work, or working with children. We are open 7 days a week, and could always use more help. For more information, fill out a form at www.esuc.org/give/volunteer/ or contact our Office Administrator, Jenny Newell.