

EAST SHORE UNITARIAN CHURCH

12700 SE 32ND STREET, BELLEVUE, WA
(425) 747-3780 · WWW.ESUC.ORG



EastShoreUC



@ESUC1



eastshore_uc

“Music Sunday”

December 18, 2022



*We practice love, explore spirituality,
build community, and promote justice.*

Welcome to East Shore Unitarian Church

We extend a special welcome to all who are here for the first time. We are glad you are here and hope your morning will provide you with a greater sense of connection with yourself, with the people around you, and with the world and spirit outside these walls. After today's service, please join us outside for coffee, tea, and conversation.

If you didn't stop by before service, please stop by the visitors desk in the foyer. There you can learn more about the church, and fill out a visitor form. During the week, we will contact you to see if you have any more questions, and help you navigate through all of our amazing programs and groups.

Large-print hymnals and a braille hymnal are available in the foyer from the ushers. Our hearing assistance devices use T-Coil loop technology. Hearing assistance devices are also available in the back of the Sanctuary or from the ushers.

Gender Affirming Restrooms are located in each building. A private restroom is located in the Administration Building. Diaper changing stations are located in all restrooms.

Families, Children & Youth

Children and youth gather in the Sanctuary with their peers or parents and on most Sundays of the year, help to light our worship chalice, share our covenant, a song and story. Most Sundays, children and youth will go to programming just for them after the Story! On "All Ages Sundays", children and youth stay in the Sanctuary and enjoy in a worshipful and celebratory space with no religious education programming. Rugs in the back and front of the Sanctuary invite children to color, read, listen, and play while also enjoying the song, movement, and prayer of a UU community. If you'd like to hear more about our programs and our registration process, set up a call with Amanda Alice Uluhan, Director of Religious Education at 425-747-3780 ext 104. We are so glad you are here!

Keeping In Touch

Do you want to keep in touch during the week? Follow us on Facebook (EastShoreUC), Twitter (@ESUC1) and Instagram (eastshore_uc). You can also request to join our email list by emailing our Director of Membership Development at membership@esuc.org. Paper copies of sermons and audio copies of the service are available in the Administration Building. You can also listen to the sermons online at esuc.org/worship/past-worship-services. Sermons are also available as Podcasts, search for "East Shore Unitarian Sermons." Sermons are posted on Tuesdays.

Have a suggestion? Leave your comments and suggestions in the box located under the TV screen in the Sanctuary lobby.

Please return this Order of Service to the baskets by the door for recycling.



*Thank you for silencing all electronic devices. Please ask any usher for an assisted listening device, a large print hymnal, or a braille hymnal.
Please feel free to fill out a card of joys & sorrows located at the back of the Sanctuary or under the chairs.*

ORDER OF SERVICE

December 18, 2022

10:30 a.m.

Centering Music

Lydia Kajeckas

*** Opening Hymn #235**

Deck the Hall

East Shore Mighty Choir

Welcome

Eric Lane Barnes

Land Acknowledgement

Rev. Dr. María Cristina

Ringing of the Bell

Chalice Lighting & Response

Barb Clagett & John Chmaj

We light this chalice to remind ourselves to treat all people kindly because they are our siblings in spirit;
To take good care of the earth because it is our home;
And to try to live lives filled with goodness and love because that is how we will become the best people we can be.

*** Musical Interlude**

*Gloucestershire Wassail
Caroling, Caroling
Gaudete*

East Shore Mighty Choir,
Barb Clagett & George Gatins

East Shore Unitarian Church Covenant

Rev. Dr. María Cristina

Love is the doctrine of this church.
The quest for truth is its sacrament, and service is its prayer.
To dwell together in peace, to seek knowledge in freedom,
To serve humanity in fellowship, thus do we covenant.

*** Hymn #241**

In The Bleak Midwinter

East Shore Mighty Choir

Musical Interlude

*The Christmas Song
A Jazzy Tune
I Heard The Bells
The Story of Hanukkah*

Eric Horner & Arthur Knapp
East Shore All Stars
Princess Guy
Eric Lane Barnes

Musical Interlude

*Hanukkah Bits
Light One Candle
St. Nick @ Nite*

Princess Guy
East Shore Mighty Choir

Gifts of the Congregation

Grace Colton

Text ESUC plus any dollar amount to 73256 to give to ESUC using your text messaging. Standard text message rates do apply. You can also use esuc.org/give or bring a check to ESUC any time! There are also QR codes around campus.

Musical Interlude

Still, Still, Still

East Shore Mighty Choir

Closing Words & Extinguishing the Chalice

Barb Clagett & John Chmaj

We extinguish this flame but not the light of truth,
the warmth of community, or the fire of commitment.
These we carry in our hearts until we are together again.

Sung Benediction

Have Yourself a Merry Little Christmas

Finale

Holiday Spirit Blues

Princess Guy, Mighty Choir &
East Shore All Stars

Postlude

Santa Claus is Coming To Town

East Shore All Stars

East Shore All Stars: George Gatins, drums | Arthur Knapp, acoustic guitar | Noel Barnes, saxophone | Barb Clagett, viola | John Chmaj, piano | Tom Ball, bass guitar | Craig Nelsen, electric guitar

Princess Guy: Eric Lane Barnes, Jeff Erickson, Paul Rosenberg, and Ritchie Wooley

Worship Leadership Today Greeters: Mary Anderson, Cathy Barich, Barb Clagett | Ushers: Fran Corn, Carla Hellekson | Coffee Hour Host: Mary Anderson | Zoom Tech Assistant: Sheridan Botts | ACE Team: Lee Winstrom, Steve Wellons, Ralph Lutz

Thanks to the Worship Team; our Ushers and Greeters; our Religious Education Teachers; and the ACE Media People for audio visual support.

Next Saturday, December 24th at 4 and 7 p.m.

“Christmas Eve Services”

Amanda Alice Uluhan, 4pm

Rev. Dr. María Cristina, preaching 7pm

4:00 p.m.: Enjoy the unique, rousing peace of Christmas Eve in this service crafted for children of all ages at 4:00. We will end the service with the traditional candle lighting. Come early (3:30 p.m.) to enjoy some hot cocoa and a story walk perfect for all ages.

7:00 p.m.: Join us for a lovely candlelight service with carols and readings that convey the spirit

of Christmas. The choir will lead us in carols while Rev. María Cristina shares readings.

Next Sunday, December 25, 10:30 a.m. (Zoom Only!)

“Christmas Day”

Rev. Dr. María Cristina, preaching

Join us on December 25th, Christmas morning, for an informal contemplative Sunday service. This service will be zoom only as the buildings will be closed. Dress casually, PJ's or even your favorite ugly Xmas sweater. Let's connect in a relaxed atmosphere to share stories, joys & sorrows, and inspirational music.

TODAY AT EAST SHORE

Sign Holiday Cards: This Sunday, we will have cards out for our home-bound members, members who recently moved away, and some former staff. We ask that you take a moment to sign these holiday cards and help us send some cheer.

Gingerbread House Making: 10:30 a.m. in the North Room: Come as a family to enjoy a special worship of music and carols. We will have Gingerbread house kits available for kids to decorate and bring home during the service in the foyer of the Sanctuary. No RE classes.

Patio Paver Dedication: 11:30 a.m. on the North Room Patio: Please join us on the patio outside the North Room to celebrate its transformation into an aesthetic and welcoming gathering spot for our congregation! Come hear the story of what happened when our Grounds and Gallery Teams joined hands with an aspiring Eagle Scout! We'll honor the efforts and memories of Virginia Chambers and Robert Garthwaite.

Coffee Hour: 11:30 a.m. Outside: After worship, enjoy a casual time to get to know the East Shore community of friends and members. You will be put into groups of 4-6 for easy conversation and mingling. All are welcome! For those in person, head outside and gather with others! There will be coffee and tea outside, please consider bringing your own travel mug! You can also find heated seating on the North Room Patio!

Grounds Work Party: 12:00-4:00 p.m. Outside: Please join us for East Shore gardening activities. Come help for any amount of time. There are a variety of tasks for all skill levels—such as weeding, pruning, spreading wood chips, etc. Individual or partner work opportunities will be available. Feel free to bring a snack or a sack lunch if joining us right after the service. Gardeners will be all around the campus. Come join us!

Garden Club: 12:00-1:30 p.m. Outside: RE youth are invited to join us for outdoor activities tending the gardens at East Shore and other fun garden activities! Adults are welcome to attend Family Covenant Circle during this time or join us in the garden. Children and youth must be registered and dropped off in Spring Hall for lunch and Garden Club.

SPEND YOUR HOLIDAYS AT EAST SHORE!

Winter Solstice: Wednesday, December 21, 7:00 pm (Multiplatform): Please join us for this wonderful gathering to celebrate the return of the sun on the longest night of the year. With worship, ritual, music, stories, and a circle dance, followed by a soup and bread potluck. Please join and bring soup, bread, cookies, or juice to share.

Christmas Eve All Ages Service: Saturday, December 24, 4:00 p.m. (Multiplatform): Enjoy the unique, rousing peace of Christmas Eve in this service crafted for children of all ages at 4:00. We will end the service with the traditional candle lighting. **Come early** (3:30 p.m.) to enjoy some hot cocoa and a story walk perfect for all ages.

Christmas Eve Service: Saturday, December 24, 7:00 p.m. (Multiplatform): Join us for a lovely candlelight service with carols and readings that convey the spirit of Christmas. The choir will lead us in carols while Rev. María Cristina shares readings.

Christmas Morning Service: Sunday, December 25, 10:30 a.m. (Virtual Only): Join us on December 25th, Christmas morning, for an informal contemplative Sunday service. This service will be zoom only as the buildings will be closed. Dress casually, PJ's or even your favorite ugly Xmas sweater. Let's connect in a relaxed atmosphere to share stories, joys & sorrows, and inspirational music.

New Year's Day Service: Sunday, January 1, 10:30 a.m. (Multiplatform): Join us this morning for an all ages service celebrating the start of a new year. We will celebrate with stories, songs, and learn how to prepare for the coming year like mother earth does. We will sit quietly and rest and dream.

UPCOMING EVENTS

Women's Perspective Movie Night: "Wonder Women: The Untold Story of American Superheroines": Friday, January 13, 6:30 p.m. (In Person): All those who identify as women are invited to share a potluck dinner before, and discussion after, a showing of "Wonder Women: The Untold Story of American Superheroines." From the birth of the 1940s comic book heroine, Wonder Woman, to the blockbusters of today, Wonder Women! looks at how popular representations of powerful women often reflect society's anxieties about strong and healthy women. RSVP to Lori Saccardi.

Grades 4-6 Our Whole Lives Sexuality Education: Starts January 8 (In Person): The Our Whole Lives Course for grades 4-6, ages 9-12, is scheduled to start at East Shore Sunday January 8th. This ten-workshop curriculum is designed to help children to gain the knowledge, life principles, and skills they need to understand and express their sexuality in holistic, life-enhancing ways. Contact Amanda Alice Uluhan to register.

Radical Welcome: Transforming Our Hearts: Sunday, January 15, 12:00 p.m. (Multiplatform): We are at a crucial turning point—will we live into our commitment to be a home for all those who need Unitarian Universalism? Will we embrace the chance to be changed by new voices and different perspectives, including those of our new minister? Doing so will require a welcome that transforms our hearts, our congregation, and ultimately our world. Alex Kapitan, who visited East Shore in October, will be offering a powerful multi-platform workshop on radical welcome, in advance of East Shore engaging with the Transforming Hearts Collective's transformative program on trans inclusion and culture shift. Come with an open heart and mind, and leave inspired for the spiritual practice of radical welcome!

ESUC NEWS

LEGO Creations Gallery Show: In the Gallery—You are invited to view the amazing creations of East Shore's own LEGO master builder, Bob Weiss. The works on display will include the giant Falls Castle, the Hanging Gardens of Babylon and the Spider King's Castle, which appeared in the movie Christmas Chronicles II. The items on display are for viewing only, and there will be a children's LEGO building area.

End of Year Giving & Office Closure: Each year at this time we ask you to consider contributing to the Minister's Discretionary Fund to help her support our members and neighbors who may need some extra help paying for groceries or utilities. You can do that any time by dropping off a check or going online and putting "Minister's Discretionary Fund" in the memo line. Thank you for your support. As the year comes to a close, we wanted to remind you to get your donations for 2022 in before December 24 as the staff will be off December 25-January 1.

ACKNOWLEDGEMENT OF OUR INDIGENOUS NEIGHBORS

We, at East Shore Unitarian Church, acknowledge that this land is the traditional territory of Coast Salish peoples. We recognize the impact of settler colonialism and pledge to nurture our relationship with our indigenous neighbors. Their ways and understanding will guide us as we work to restore and sustain their homelands upon which we all depend.

East Shore Unitarian Staff

425-747-3780

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Eric Lane Barnes	Director of Music	music@esuc.org	
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East Shore Unitarian Church is proud to publicly support the Black Lives Matter movement. This stance is in alignment with the values of our faith and is also endorsed by the UUA. More information can be found at www.uua.org/statements/support-black-lives-matter-movement.

The Eight Principles

Unitarian Universalist congregations affirm and promote eight Principles, which we hold as strong values and moral guides. They are:

- * The inherent worth and dignity of every person;
- * Justice, equity and compassion in human relations;
- * Acceptance of one another and encouragement to spiritual growth in our congregations;
- * A free and responsible search for truth and meaning;
- * The right of conscience and the use of the democratic process within our congregations and in society at large;
- * The goal of world community with peace, liberty, and justice for all;
- * Respect for the interdependent web of all existence of which we are a part.
- * Journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.

Getting to Know Us

Where to Start: Attend worship services, introduce your children to Religious Education, come to coffee hour, join the choir, participate in East Shore's variety of activities and classes. You can read more about these in our newsletter, *The Beacon*, or if you sign up for the weekly e-mail (at the visitors table).

Learn More about Becoming a Member: Talk to our Director of Membership Development for details about our Pathway to Membership.

Ways to Support East Shore's Mission

Donations to East Shore go to support the operating fund. This allows us to be open seven days a week, offer great programming, classes, and events. Please join us for some upcoming classes or events!

There are many ways to volunteer your time at East Shore, whether you like to do office work, grounds work, or working with children. We are open 7 days a week, and could always use more help. For more information, fill out a form at <https://esuc.org/give/#volunteer> or contact our Office Administrator Jenny Newell, at esuc@esuc.org

Scan Here to give to East Shore from your phone:

