

# EAST SHORE UNITARIAN CHURCH

12700 SE 32<sup>ND</sup> STREET, BELLEVUE, WA  
(425) 747-3780 · WWW.ESUC.ORG



## “Christmas Eve Service”

December 24, 2022

4:00pm



Federico Dominguez (Filipino, 1953-)

***We practice love, explore spirituality,  
build community, and promote justice.***

# Welcome to East Shore Unitarian Church

We extend a special welcome to all who are here for the first time. We are glad you are here and hope your morning will provide you with a greater sense of connection with yourself, with the people around you, and with the world and spirit outside these walls. After today's service, please join us outside for coffee, tea, and conversation.

If you didn't stop by before service, please stop by the visitors desk in the foyer. There you can learn more about the church, and fill out a visitor form. During the week, we will contact you to see if you have any more questions, and help you navigate through all of our amazing programs and groups.

Large-print hymnals and a braille hymnal are available in the foyer from the ushers. Our hearing assistance devices use T-Coil loop technology. Hearing assistance devices are also available in the back of the Sanctuary or from the ushers.

Gender Affirming Restrooms are located in each building. A private restroom is located in the Administration Building. Diaper changing stations are located in all restrooms.

## Families, Children & Youth

Children and youth gather in the Sanctuary with their peers or parents and on most Sundays of the year, help to light our worship chalice, share our covenant, a song and story. Most Sundays, children and youth will go to programming just for them after the Story! On "All Ages Sundays", children and youth stay in the Sanctuary and enjoy in a worshipful and celebratory space with no religious education programming. Rugs in the back and front of the Sanctuary invite children to color, read, listen, and play while also enjoying the song, movement, and prayer of a UU community. If you'd like to hear more about our programs and our registration process, set up a call with Amanda Alice Uluhan, Director of Religious Education at 425-747-3780 ext 104. We are so glad you are here!

## Keeping In Touch

Do you want to keep in touch during the week? Follow us on Facebook (EastShoreUC), Twitter (@ESUC1) and Instagram (eastshore\_uc). You can also request to join our email list by emailing our Director of Membership Development at [membership@esuc.org](mailto:membership@esuc.org). Paper copies of sermons and audio copies of the service are available in the Administration Building. You can also listen to the sermons online at [esuc.org/worship/past-worship-services](http://esuc.org/worship/past-worship-services). Sermons are also available as Podcasts, search for "East Shore Unitarian Sermons." Sermons are posted on Tuesdays.

*Have a suggestion? Leave your comments and suggestions in the box located under the TV screen in the Sanctuary lobby.*

***Please return this Order of Service to the baskets by the door for recycling.***



*Thank you for silencing all electronic devices. Please ask any usher for an assisted listening device, a large print hymnal, or a braille hymnal.  
Please feel free to fill out a card of joys & sorrows located at the back of the Sanctuary or under the chairs.*

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## **ORDER OF SERVICE**

December 24, 2022

4:00 p.m.

### **Centering Music**

Eric Lane Barnes

### **Carol #251**

*Silent Night*

### **Welcome**

Amanda Alice Uluhan

### **Carol #237**

*The First Nowell*

### **Chalice Lighting & Response**

Amélie Heise, Ananda, & Ania

We light this chalice to remind ourselves to treat all people kindly because they are our siblings in spirit;

To take good care of the earth because it is our home;

And to try to live lives filled with goodness and love because that is how we will become the best people we can be.

### **Carol #246**

*O Little Town of Bethlehem*

### **The Story of Mary & Jesus (Part 1)**

Amanda Alice Uluhan

### **Carol #245**

*Joy To The World*

### **The Story of Mary & Jesus (Part 2)**

Amanda Alice Uluhan

### **Carol #239**

*Go Tell It On The Mountain*

### **Offering**

Rev. Dr. María Cristina

*Text ESUC plus any dollar amount to 73256 to give to ESUC using your text messaging. Standard text message rates do apply. You can also use [esuc.org/give](http://esuc.org/give) or bring a check to ESUC any time! There are also QR codes around campus.*

*100% of tonight's offering will go to that portion of the Operating Fund known as the Minister's Discretionary Fund which is used to support members and friends of East Shore and Bellevue area residents with food, shelter, medical and transportation needs.*

## Sharing The Light

LeAnne Struble

*Please remember to **tilt** the unlit candle to receive the flame*

## Ritual for the Sixth Night of Chanukah

Amanda Alice Uluhan

## Christmas Prayer

Rev. Dr. María Cristina

## Closing Words & Extinguishing the Chalice

Amélie Heise, Ananda & Ania

## Postlude

*Feliz Navidad*

Eric Lane Barnes & Arthur Knapp

Feliz Navidad

Feliz Navidad

Feliz Navidad

Próspero Año y Felicidad.

Feliz Navidad

Feliz Navidad

Feliz Navidad

Próspero Año y Felicidad.

I wanna wish you a Merry Christmas

I wanna wish you a Merry Christmas

I wanna wish you a Merry Christmas

From the bottom of my heart!

**Worship Leadership Today** Greeters: Mitra Khubcher | Ushers: Deb Boehm-Davis, Stu Davis | Zoom Tech Assistant: Amanda Strombom | ACE Team: Lee Winstrom, Chris Struble

**Thanks** to the Worship Team; our Ushers and Greeters; and the ACE Media People for audio visual support.

**Sunday, December 25th at 10:30 a.m.**

“Christmas Morning Service”

**Online Only**

Rev. Dr. María Cristina, preaching

*Join us on December 25th, Christmas morning, for an informal contemplative Sunday service. Dress casually, PJ's or even your favorite ugly Xmas sweater. Let's connect in a relaxed atmosphere to share stories, joys & sorrows, and inspirational music. All Welcome!*

## END OF YEAR GIVING & OFFICE CLOSURE

Each year at this time we ask you to consider contributing to the Minister's Discretionary Fund to help her support our members and neighbors who may need some extra help paying for groceries or utilities. You can do that any time by dropping off a check or going online and putting "Minister's Discretionary Fund" in the memo line. Thank you for your support. As the year comes to a close, we wanted to remind you to get your donations for 2022 in by December 24 as the staff will be off December 25-January 1.



## SPEND YOUR HOLIDAYS AT EAST SHORE!

**Christmas Eve Service: Saturday, December 24, 7:00 p.m. (Multiplatform):** Join us for a lovely candlelight service with carols and readings that convey the spirit of Christmas. The choir will lead us in carols while Rev. María Cristina shares readings.

**Christmas Morning Service: Sunday, December 25, 10:30 a.m. (Virtual Only):** Join us on December 25th, Christmas morning, for an informal contemplative Sunday service. This service will be zoom only as the buildings will be closed. Dress casually, PJ's or even your favorite ugly Xmas sweater. Let's connect in a relaxed atmosphere to share stories, joys & sorrows, and inspirational music.

**New Year's Day Service: Sunday, January 1, 10:30 a.m. (Multiplatform):** Join us this morning for an all ages service celebrating the start of a new year. We will celebrate with stories, songs, and learn how to prepare for the coming year like mother earth does. We will sit quietly and rest and dream.

## ACKNOWLEDGEMENT OF OUR INDIGENOUS NEIGHBORS

We, at East Shore Unitarian Church, acknowledge that this land is the traditional territory of Coast Salish peoples. We recognize the impact of settler colonialism and pledge to nurture our relationship with our indigenous neighbors. Their ways and understanding will guide us as we work to restore and sustain their homelands upon which we all depend.

### East Shore Unitarian Staff

			425-747-3780
Rev. Dr. María Cristina	Minister	minister@esuc.org	Ext. 103
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Eric Lane Barnes	Director of Music	music@esuc.org	
Celil Cakmak	Facilities Supervisor	super@esuc.org	



East Shore Unitarian Church is proud to publicly support the Black Lives Matter movement. This stance is in alignment with the values of our faith and is also endorsed by the UUA. More information can be found at [www.uua.org/statements/support-black-lives-matter-movement](http://www.uua.org/statements/support-black-lives-matter-movement).

## UPCOMING EVENTS

**Turning Points in Modern History: Tuesdays, January 3-March 21, 7:00 pm (Virtual):** Turning Points in Modern History takes you on a far-reaching journey around the globe—from China to the Americas to New Zealand—to shed light on how two dozen of the top discoveries, inventions, political upheavals, and ideas since 1400 have shaped the modern world. Facilitated by Alan Carter. To join class use the link <https://rebrand.ly/zhzte8a>

**Grades 4-6 Our Whole Lives Sexuality Education: Starts January 8 (In Person):** The Our Whole Lives Course for grades 4-6, ages 9-12, is scheduled to start at East Shore Sunday January 8th. This ten-workshop curriculum is designed to help children to gain the knowledge, life principles, and skills they need to understand and express their sexuality in holistic, life-enhancing ways. Contact Amanda Alice Uluhan to register.

**Family Ministry Open House: Sunday, January 8, 12:00 pm (In Person):** Come meet our Religious Education families, staff, and volunteers. It's a great chance to get to know each other and find out what's coming up in the Winter Quarter Family Ministry programs. We will have lunch and games. All are welcome!

**Women's Perspective Movie Night: "Wonder Women: The Untold Story of American Superheroines": Friday, January 13, 6:30 p.m. (In Person):** All those who identify as women are invited to share a potluck dinner before, and discussion after, a showing of "Wonder Women: The Untold Story of American Superheroines." From the birth of the 1940s comic book heroine, Wonder Woman, to the blockbusters of today, Wonder Women! looks at how popular representations of powerful women often reflect society's anxieties about strong and healthy women. RSVP to Lori Saccardi.

**Radical Welcome: Transforming Our Hearts: Sunday, January 15, 12:00 p.m.**

**(Multiplatform):** We are at a crucial turning point—will we live into our commitment to be a home for all those who need Unitarian Universalism? Doing so will require a welcome that transforms our hearts, our congregation, and ultimately our world. Alex Kapitan, who visited East Shore in October, will be offering a powerful multi-platform workshop on radical welcome, in advance of East Shore engaging with the Transforming Hearts Collective's transformative program on trans inclusion and culture shift.

**Culture, Trauma, and Resilience Workshop: Saturday, January 21, 9:30 a.m. (In Person):** Join us as we continue the hands-on Doll Project, and interactively explore the impact of colonization, historical trauma, and the loss of Indigenous identity fueling the MMIWP (Missing and Murdered Indigenous Women and People) crisis. Our presenter, Carolyn DeFord, will also educate us on the importance of Native American culture in identity and resilience.

**Grounds Work Party: Saturday, January 14, 9:00 am-3:00 pm (In Person):** Please join us for East Shore gardening activities. No experience necessary. Children and youth are welcome but should be accompanied by a parent or other adult. Come enjoy a fun and invigorating time outdoors with East Shore members and friends.

## The Eight Principles

Unitarian Universalist congregations affirm and promote eight Principles, which we hold as strong values and moral guides. They are:

- \* The inherent worth and dignity of every person;
- \* Justice, equity and compassion in human relations;
- \* Acceptance of one another and encouragement to spiritual growth in our congregations;
- \* A free and responsible search for truth and meaning;
- \* The right of conscience and the use of the democratic process within our congregations and in society at large;
- \* The goal of world community with peace, liberty, and justice for all;
- \* Respect for the interdependent web of all existence of which we are a part.
- \* Journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.

## Getting to Know Us

**Where to Start:** Attend worship services, introduce your children to Religious Education, come to coffee hour, join the choir, participate in East Shore's variety of activities and classes. You can read more about these in our newsletter, *The Beacon*, or if you sign up for the weekly e-mail (at the visitors table).

**Learn More about Becoming a Member:** Talk to our Director of Membership Development for details about our Pathway to Membership.

## Ways to Support East Shore's Mission

Donations to East Shore go to support the operating fund. This allows us to be open seven days a week, offer great programming, classes, and events. Please join us for some upcoming classes or events!

There are many ways to volunteer your time at East Shore, whether you like to do office work, grounds work, or working with children. We are open 7 days a week, and could always use more help. For more information, fill out a form at <https://esuc.org/give/#volunteer> or contact our Office Administrator Jenny Newell, at [esuc@esuc.org](mailto:esuc@esuc.org)

Scan Here to give to East Shore from your phone:

