

# EAST SHORE UNITARIAN CHURCH

12700 SE 32<sup>ND</sup> STREET, BELLEVUE, WA  
(425) 747-3780 · WWW.ESUC.ORG



## “Three Kings Day” January 8, 2023



*We practice love, explore spirituality,  
build community, and promote justice.*

# Welcome to East Shore Unitarian Church

We extend a special welcome to all who are here for the first time. We are glad you are here and hope your morning will provide you with a greater sense of connection with yourself, with the people around you, and with the world and spirit outside these walls. After today's service, please join us outside for coffee, tea, and conversation.

If you didn't stop by before service, please stop by the visitors desk in the foyer. There you can learn more about the church, and fill out a visitor form. During the week, we will contact you to see if you have any more questions, and help you navigate through all of our amazing programs and groups.

Large-print hymnals and a braille hymnal are available in the foyer from the ushers. Our hearing assistance devices use T-Coil loop technology. Hearing assistance devices are also available in the back of the Sanctuary or from the ushers.

Gender Affirming Restrooms are located in each building. A private restroom is located in the Administration Building. Diaper changing stations are located in all restrooms.

## Families, Children & Youth

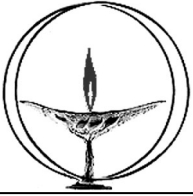
Children and youth gather in the Sanctuary with their peers or parents and on most Sundays of the year, help to light our worship chalice, share our covenant, a song and story. Most Sundays, children and youth will go to programming just for them after the Story! On "All Ages Sundays", children and youth stay in the Sanctuary and enjoy in a worshipful and celebratory space with no religious education programming. Rugs in the back and front of the Sanctuary invite children to color, read, listen, and play while also enjoying the song, movement, and prayer of a UU community. If you'd like to hear more about our programs and our registration process, set up a call with Amanda Alice Uluhan, Director of Religious Education at 425-747-3780 ext 104. We are so glad you are here!

## Keeping In Touch

Do you want to keep in touch during the week? Follow us on Facebook (EastShoreUC), Twitter (@ESUC1) and Instagram (eastshore\_uc). You can also request to join our email list by emailing our Director of Membership Development at [membership@esuc.org](mailto:membership@esuc.org). Paper copies of sermons and audio copies of the service are available in the Administration Building. You can also listen to the sermons online at [esuc.org/worship/past-worship-services](http://esuc.org/worship/past-worship-services). Sermons are also available as Podcasts, search for "East Shore Unitarian Sermons." Sermons are posted on Tuesdays.

*Have a suggestion? Leave your comments and suggestions in the box located under the TV screen in the Sanctuary lobby.*

***Please return this Order of Service to the baskets by the door for recycling.***



*Thank you for silencing all electronic devices. Please ask any usher for an assisted listening device, a large print hymnal, or a braille hymnal.  
Please feel free to fill out a card of joys & sorrows located at the back of the Sanctuary or under the chairs.*

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## **ORDER OF SERVICE**

January 8, 2023

10:30 a.m.

### **Centering Music**

Eric Lane Barnes

### **\* Opening Hymn #259**

*We Three Kings*

### **Welcome & Land Acknowledgement**

Rev. Dr. María Cristina

### **Chalice Lighting & Response**

We light this chalice to remind ourselves to treat all people kindly because they are our siblings in spirit;  
To take good care of the earth because it is our home;  
And to try to live lives filled with goodness and love because that is how we will become the best people we can be.

### **Time for All Ages**

*The Story of the Three Wise Kings*  
by Tomie DePaola

Amanda Alice Uluhan

### **Musical Celebration**

*The Little Drummer Boy*

### **Interactive Lesson**

Rev. Dr. María Cristina

### **Reflection**

### **Pastoral Prayer/Joys & Sorrows**

*Please fill out a card in the back of the Sanctuary (in person) or in chat (virtual)  
Children & Youth are especially invited to share*

### **Musical Meditation**

*De Tierras Lejanas*

Rev. Dr. María Cristina  
& Eric Lane Barnes

### **East Shore Unitarian Church Covenant**

LeAnne Struble

Love is the doctrine of this church.  
The quest for truth is its sacrament, and service is its prayer.  
To dwell together in peace, to seek knowledge in freedom,  
To serve humanity in fellowship, thus do we covenant.

## **Gifts of the Congregation**

*Text ESUC \$20 plus any dollar amount to 73256 to give to ESUC using your text messaging. Standard text message rates do apply. You can also use [esuc.org/give](http://esuc.org/give) or mail in a check to ESUC any time! There are also QR codes around campus.*

## **Closing Words & Extinguishing the Chalice**

We extinguish this chalice,  
And keep its flaming light in our hearts,  
until we are together again.

## **Benediction**

Rev. Dr. María Cristina

## **Distribution of Rosca De Reyes**

## **Postlude**

*Mi Burrito Sabanero*

**Worship Leadership Today** | Greeters: Nancy Bissell, Julie Heise | Ushers: Mary Anderson | Zoom Tech Assistant: Mike Radow | ACE Team: Lee Winstrom, Janis Pock, Alan Moritis

**Thanks** to the Worship Team; our Ushers and Greeters; our Religious Education Teachers; and the ACE Media People for audio visual support.

## **Next Sunday, January 15th, at 10:30 a.m.**

*“Healing Resistance”*

Rev. Dr. María Cristina, preaching

*In Honor of Rev. Dr. Martin Luther King, Jr. we will explore teachings from the book “Healing Resistance: A Radically Different Response to Harm” by Kazu Haga. Reclaiming the energy and assertiveness of nonviolent practice, we can transform not only unjust systems but broken relationships.*

## TODAY AT EAST SHORE

**Religious Education for Children & Youth:** Core programs for children and youth run during worship this year.

- ◇ Grades 4-6 Our Whole Lives (4th-6th) in Room E-201. Grab your name badge and go directly to class. 10:30 a.m. - 12:00 p.m. Parents Pick up.
- ◇ Junior Youth Our Whole Lives (7th-8th) in Room E-208. Grab your name badge and go directly to class. 10:30 a.m. -12:00 p.m. There is a mandatory parent/child orientation.
- ◇ Y@ES! Youth @ East Shore (9th-12th) Students, join us for impactful weekly gatherings, fun experiences, and life-changing adventures for both high school ages.

**Coffee Hour: 11:30 a.m. Outside & North Room:** After worship, enjoy a casual time to get to know the East Shore community of friends and members. Find refreshments in the foyer then either head outside or to the North Room based on your comfort level.

**East Shore Family Ministry Open House: 12:00 p.m. in Spring Hall:** Come meet our Religious Education families, staff, and volunteers. It's a great chance to get to know each other and find out what's coming up in the Winter Quarter Family Ministry programs. We will have lunch and games. All are welcome!

**Black Lives Matter Flash Stance: 12:30 p.m. in Issaquah:** Join fellow UU activists for our Black Lives Matter Flash Stance in person on in Issaquah at the corner of SE 56th Street and Eastlake Sammamish Parkway SE by the McDonalds. We gather in solidarity with Black, Brown, AAPI, and Indigenous People of Color. All are welcome!

## UPCOMING EVENTS

### **Turing Points in Modern History: Tuesdays, January 3-March 21, 7:00 p.m. (Virtual):**

Turning Points in Modern History takes you on a far-reaching journey around the globe—from China to the Americas to New Zealand—to shed light on how two dozen of the top discoveries, inventions, political upheavals, and ideas since 1400 have shaped the modern world. Facilitated by Alan Carter. To join class use the link <https://rebrand.ly/zhzte8a>

**Women's Perspective Movie Night: "Wonder Women - The Untold Story of American Superheroines": Friday, January 13, 6:30 p.m. (In Person):** All those who identify as women are invited to share a potluck dinner before, and discussion after, a showing of “Wonder Women – The Untold Story of American Superheroines.” From the birth of the 1940s comic book heroine, Wonder Woman, to the blockbusters of today, WONDER WOMEN! looks at how popular representations of powerful women often reflect society’s anxieties about strong and healthy women. RSVP to Lori Saccardi.

### **Radical Welcome: Transforming Our Hearts: Sunday, January 15, 12:00 p.m.**

**(Multiplatform):** In today’s world, being a Welcoming Congregation requires more than simply opening our doors. This will require a welcome that transforms our hearts, our congregation, and ultimately our world. Alex Kapitan, who visited East Shore in October, will be offering a powerful workshop on radical welcome, in advance of East Shore engaging with the Transforming Hearts Collective’s program.

**Free Childcare When School's Out: Monday, January 16, 9:00 a.m. (In Person):** Parents, children and youth can come for Free Childcare while School is Closed for Martin Luther King Jr. Day. We will focus on King’s legacy of non-violence, anti-racism, and building a beloved community. We will have time for homework, community service work, music, and play. Dress for outside play, bring two snacks and lunch, and your book bag for homework. Ages 3+ (potty trained) welcome. RSVP to [education@esuc.org](mailto:education@esuc.org).

**Grounds Work Party: Saturday, January 21, 9:00 a.m. (In-Person):** Come enjoy a fun and invigorating time outdoors with East Shore members and friends. Come during the morning, afternoon, or all day to help out. Bring a lunch and join us at noon for Fellowship lunchtime when we can visit and discuss garden projects.

**Culture, Trauma, and Resilience Workshop: Saturday, January 21, 9:30 a.m. (In Person):** Come, learn about, and celebrate the resilience of indigenous women with Carolyn DeFord, Puyallup tribal member and social worker. Carolyn will share her knowledge and wisdom followed by discussion and the making of fabric dolls to honor lives stolen by trauma. We will meet live at East Shore on beginning at 9:30 for coffee, fruit, and muffins; the program begins at 9:45 as well on Zoom! Mature teen girls interested in social justice themes are encouraged to attend with their mothers or honored adults as sensitive topics will be addressed. Childcare may be available with advanced notice. RSVP to Lynn Roesch.

## ESUC NEWS

**Tax Statements:** Thank you to all those who contributed in 2022. Your tax statements were emails and/or mailed this week. Please let the office know if you have not received it.

**Become a leader at East Shore:** If you know of someone who would be willing to serve our loving community, please let us know. And if you feel you are that person with the giving heart and spirit, please nominate yourself. Your nominating committee would love to talk with you about how to become more involved and impact the future of East Shore.

**Save the Date! East Shore Retreat @ Seabeck 2023:** All folks in the East Shore Community are invited to gather in Seabeck, Washington over Memorial Day weekend from May 26 - May 29, 2023! This is an annual retreat with our friends at University Unitarian Church at the amazing Seabeck Conference Center. More details will be coming soon, but if you haven't ever been, we hope you will consider bringing your own amazing presence into the unique space we create every year together! We are looking for volunteers to help with everything from youth programming to leading/facilitating sessions/classes on arts, crafts, music, spirituality, dance, books, or you name it! Please reach out to David Langrock, your 2023 Seabeck Dean! Registration will begin by early February, Stay Tuned!

## ACKNOWLEDGEMENT OF OUR INDIGENOUS NEIGHBORS

We, at East Shore Unitarian Church, acknowledge that this land is the traditional territory of Coast Salish peoples. We recognize the impact of settler colonialism and pledge to nurture our relationship with our indigenous neighbors. Their ways and understanding will guide us as we work to restore and sustain their homelands upon which we all depend.

### East Shore Unitarian Staff

425-747-3780

Rev. Dr. María Cristina	Minister	minister@esuc.org	Ext. 103
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Eric Lane Barnes	Director of Music	music@esuc.org	
Celil Cakmak	Facilities Supervisor	super@esuc.org	



East Shore Unitarian Church is proud to publicly support the Black Lives Matter movement. This stance is in alignment with the values of our faith and is also endorsed by the UUA. More information can be found at [www.uua.org/statements/support-black-lives-matter-movement](http://www.uua.org/statements/support-black-lives-matter-movement).

## The Eight Principles

Unitarian Universalist congregations affirm and promote eight Principles, which we hold as strong values and moral guides. They are:

- \* The inherent worth and dignity of every person;
- \* Justice, equity and compassion in human relations;
- \* Acceptance of one another and encouragement to spiritual growth in our congregations;
- \* A free and responsible search for truth and meaning;
- \* The right of conscience and the use of the democratic process within our congregations and in society at large;
- \* The goal of world community with peace, liberty, and justice for all;
- \* Respect for the interdependent web of all existence of which we are a part.
- \* Journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.

## Getting to Know Us

**Where to Start:** Attend worship services, introduce your children to Religious Education, come to coffee hour, join the choir, participate in East Shore's variety of activities and classes. You can read more about these in our newsletter, *The Beacon*, or if you sign up for the weekly e-mail (at the visitors table).

**Learn More about Becoming a Member:** Talk to our Director of Membership Development for details about our Pathway to Membership.

## Ways to Support East Shore's Mission

Donations to East Shore go to support the operating fund. This allows us to be open seven days a week, offer great programming, classes, and events. Please join us for some upcoming classes or events!

There are many ways to volunteer your time at East Shore, whether you like to do office work, grounds work, or working with children. We are open 7 days a week, and could always use more help. For more information, fill out a form at <https://esuc.org/give/#volunteer> or contact our Office Administrator Jenny Newell, at [esuc@esuc.org](mailto:esuc@esuc.org)

Scan Here to give to East Shore from your phone:

