



# MLK Day

On Martin Luther King Jr. Day we focus on King's legacy of non-violence, anti-racism, and building a beloved community.

Free Childcare. Open to ages 3+.  
Monday January 16 9:00am-4:30pm  
RSVP! [education@esuc.org](mailto:education@esuc.org)

**Monday January 16, 2023 9am-4:30pm**

## MLK Day at East Shore

Parents, children and youth can come for Free Childcare while School is Closed. Martin Luther King Jr. Day is a special day for us to gather. Come for all or part of the day.

We will focus on King's legacy of non-violence, anti-racism, and building a beloved community. We will have time for homework, community service work, music, and play.

Dress for outside play, bring two snacks and lunch, and your book bag for homework. Ages 3+ (potty trained) welcome. Sign up and RSVP today! More details delivered on sign up.

**Contact us today! [education@esuc.org](mailto:education@esuc.org) 425-747-3780 x 104**

# What's Happening in the East Shore Kids Religious Exploration Programs Winter Quarter 2023

Our programs practice Love, explore Spirituality, build Community & promote Justice

Our weekly schedule features a variety of volunteer and staff-led activities that introduce newcomers and engage members in Unitarian Universalist values, beliefs, and community.

## Play, Learning, Friendship, and Fun!

During our programs, we invite child-led learning, encouraging curiosity and inquiry to guide our programs and priorities. Our curriculum offers outdoor nature activities on East Shore's five-acre campus, as well as the sharing of Unitarian Universalist traditions with everyday objects, free and structured play, songs, and stories. We explore the questions of the universe, cultures from around the world and throughout the ages.

Some Sundays, we have All Ages Worship Services when religious education programs are not scheduled and children and youth stay in the Sanctuary. These worships are meant to introduce and engage children and youth to worship in meaningful and intentional ways.

You'll also find youth and children serving as worship associates, musicians, greeters, and ushers. Sign up today to help in worship duties as a family or child-led!

There are also special events for families or all ages throughout the year that are designed to commit to social justice and engage in efforts toward equity and the greater good.

## We need you! Can you help volunteer some time to Family Ministry?

Our Family Ministry programs in Winter Quarter include two Our Whole Lives classes, a High School Senior Youth Group, a Little UU's Nursery room, and a new Spirit Makers workshop rotation model for elementary students. With your committed support and encouragement as parents and caregivers, in the classroom and with event and administrative support, you ensure that these programs continue to be possible. Can you lend an hour, or two, or three to your church? Together, we can make this journey rewarding, fun and meaningful for families.



All Ages | All Genders | All Races | All Faiths | Welcome | Free | [www.esuc.org/learn/children-youth](http://www.esuc.org/learn/children-youth)  
For information contact the Religious Education Office 425-747-3780 x 104 [education@esuc.org](mailto:education@esuc.org)

## Volunteer

Each year, the Religious Exploration (RE) program is lead by 100s of community volunteer hours. **Teaching RE** is an opportunity to build skills mentoring children and youth, make friends with other adults at East Shore, and share skills and creativity Classroom volunteers are on teaching teams with other adults and commit to a couple of hours of classroom time each month.

We are also looking for volunteers in youth leadership, childcare for families during East Shore events, implementing the next stage of East Shore's Playgarden, and coordinating community based mission work.

Volunteer with East Shore's vibrant Children and Youth Religious Education Programs!



## Children Blessing

**Sunday February 12 10:30-11:30am**

Join us during worship, where children—of any age - are invited to participate in this special ritual. A children's dedication is a time honored Unitarian Universalist tradition to bless your child or children, express a sacred loving kindness to them in the spirit of community, and to bear witness to their special light. When we act with loving kindness, we align ourselves with the loving power of the universe and each other.

**Would you honor us by RSVPing today?**

More details will be shared with attending families.



## Intergenerational Programs



## Intergenerational Procession of the Species

“Church Pals” re-shaping! Sign up and receive a pal of a different age. Each team will have two tasks. You will be given worksheets to fill out and exchange with one another sharing your favorites, your thoughts and ideas, and your interests. You'll meet with your teammate for 4 Sundays - March 5, 12, and April 2 & 9 - from 10:00-10:30 with light breakfast served. Each pair will choose an animal or plant species. You will be given art supplies to prepare your costumes together for the April 23rd Earth Day Procession of the Species Parade.

Sign up and RSVP today!



Join us for our Family Covenant Circle (FCC)! The ESUC Family Covenant Circle is a group of adults who connect to discuss caring for children and youth. Families of every stage and configuration are invited.

Children and youth come to the Education building for lunch and garden club while parents meet. Please bring a sack lunch and dress appropriately for outside activities.

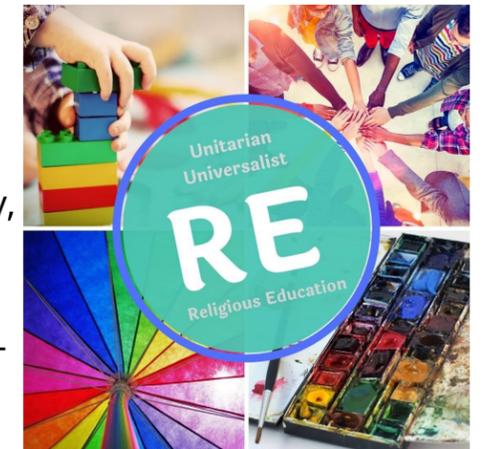
Sunday, January 22, 2023 **12:00 - 1:30** [Fourth Sunday],  
 Sunday, February 12, 2023 **12:00 - 1:30** [Second Sunday] avoid mid-winter break,  
 Sunday, March 19, 2023 **12:00 - 1:30** [Third Sunday],  
 Sunday, April 23, 2023 **12:00 - 1:30** [Fourth Sunday/Earth Day] avoid spring break,  
 Sunday, May 21, 2023 **12:00 - 1:30** [Third Sunday],  
 Sunday, June 18, 2022 –Potluck BBQ hosted by FCC/Father’s Day/Pride Service

**Little Uu’s Nursery - ages 1-5** - focus on the early stories, songs, and spiritual practices of Unitarian Universalism, a loving faith tradition. Our preschool is very hands-on, play-based, and experiential because that’s how children learn best. Little Uu’s start in the Sanctuary for the beginning of worship, and then go to their class with RE Volunteers. Parents/caregivers pick up your Little Uu by 11:45am from room E-106.



Winter Sundays: 1/15, 1/22, 1/29, 2/5, 3/5, 3/12, 3/19, 3/26  
 All Ages Worship: 1/8, 2/12  
 No Class 2/19, 2/26

**Spirit Makers - ages 5-9** - focus on the early stories, songs, and spiritual practices of Unitarian Universalism, a loving faith tradition. Our elementary class is a theme based curriculum, weaving the central story and topic from our Sunday worship into multi-sensory, multi-dimensional learning methods that kids can relate to! Our time together is inspired by Montessori, Spirit Play, and Maker Space pedagogies and is hands-on, play-based, and experiential because that’s how children learn best. Spirit Makers start in the Sanctuary for the beginning of worship, and then go to their class with RE Volunteers. Parents/caregivers pick up your Spirit Makers by 11:45am.



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