

Seabeck Memorial Day UU Retreat

Sample Weekend Schedule

May 26-29, 2023

2023 Featured Speaker



Guy Nelson is a Seattle-based actor, musician, author, journalist and organizational trainer. He's led creativity workshops all over the US and overseas. They're based on his 35 years as an actor and teacher of improv theater, which trains performers to create all forms of art spontaneously based on audience suggestions. He teaches those team-building methods in organizations, schools, businesses and churches/spiritual communities. Guy is a multi-instrumentalist and composer and is currently the Musical Director at Seattle's Amazing Grace Spiritual Center. He also has a long career in public radio as a host and reporter for Seattle's two NPR stations, KUOW and KNKX.

FRIDAY EVENING

4-7:00 pm	Register in the Inn Lobby
5-7:30	Buffet-style dinner served in the Inn Dining Room
7-8:00	Welcome to Seabeck Ingathering
8:15	House meeting for each lodging
8:30-11	Open Board and Card Game Room
8:30-11	Café Seabeck – All ages Open Mic
11:00	Quiet Time

SATURDAY

8-9:00 am	Breakfast at The Inn
9:00-9:15	Intentional Ingathering for All
9:30-12:15	Workshop with Keynote Speaker/Youth Programs
12:30-1:15	Lunch at The Inn
1:15-5:00	Free time/activities/workshops
1:15-5:00	Boat Dock Open
5:00-6:00	Social Gathering for all
6:00-6:45	Dinner at The Inn
7:00- 8:00	All Campus Sing-along
8:30-10	Open Board and Card Game Room
8:30-11	Café Seabeck All Ages Open Mic
11:00	Quiet Time
	Sundown and later Stargazing
	High School Sleepover

SUNDAY

8:15-9:00	Breakfast at The Inn
9:15-10:15	Intergenerational Worship Service
10:30-12:15	Workshop with Keynote Speaker/Youth Programs
12:30-1:15	Lunch at The Inn
1:15-5:00	Free time/activities/workshops
1:15-5:00	Boat Dock Open
5:00-6:00	Social Gathering for all
6:00-7:00	Salmon Bake on the beach
7:00- 7:45	S'Mores at the fire pit
8:00-9:30	All ages Talent Show at the Meeting Hall
9:30-11:00	Café Seabeck – All ages Open Mic
11:00	Quiet Time
	Sundown and later Stargazing

MONDAY

8-9:00 am	Breakfast in the Inn
9:15-10:15	Closing Ceremony
10:15-10:45	Pack-up and grounds clean-up
11:00 am	Depart Camp... see you next year!!