EAST SHORE UNITARIAN CHURCH

12700 SE 32ND STREET, BELLEVUE, WA (425) 747-3780 · www.esuc.org







"Installation of Rev. Dr. María Cristina Vlassidis Burgoa" April 23, 2023



We practice love, explore spirituality, build community, and promote justice.

Welcome to East Shore Unitarian Church

We extend a special welcome to all who are here for the first time. We are glad you are here and hope your morning will provide you with a greater sense of connection with yourself, with the people around you, and with the world and spirit outside these walls. After today's service, please join us outside for coffee, tea, and conversation.

If you didn't stop by before service, please stop by the visitors desk in the foyer. There you can learn more about the church, and fill out a visitor form. During the week, we will contact you to see if you have any more questions, and help you navigate through all of our amazing programs and groups.

Large-print hymnals and a braille hymnal are available in the foyer from the ushers. Our hearing assistance devices use T-Coil loop technology. Hearing assistance devices are also available in the back of the Sanctuary or from the ushers.

Gender Affirming Restrooms are located in each building. A private restroom is located in the Administration Building. Diaper changing stations are located in all restrooms.

Families, Children & Youth

Children and youth gather in the Sanctuary with their peers or parents and on most Sundays of the year, help to light our worship chalice, share our covenant, a song and story. Most Sundays, children and youth will go to programming just for them after the Story! On "All Ages Sundays", children and youth stay in the Sanctuary and enjoy in a worshipful and celebratory space with no religious education programming. Rugs in the back and front of the Sanctuary invite children to color, read, listen, and play while also enjoying the song, movement, and prayer of a UU community. If you'd like to hear more about our programs and our registration process, set up a call with Amanda Alice Uluhan, Director of Religious Education at 425-747-3780 ext 104. We are so glad you are here!

Keeping In Touch

Do you want to keep in touch during the week? Follow us on Facebook (EastShoreUC), Twitter (@ESUC1) and Instagram (eastshore_uc). You can also request to join our email list by emailing our Director of Membership Development at membership@esuc.org. Paper copies of sermons and audio copies of the service are available in the Administration Building. You can also listen to the sermons online at esuc.org/worship/past-worship-services. Sermons are also available as Podcasts, search for "East Shore Unitarian Sermons." Sermons are posted on Tuesdays.

Have a suggestion? Leave your comments and suggestions in the box located under the TV screen in the Sanctuary lobby.

Please return this Order of Service to the baskets by the door for recycling.



Thank you for silencing all electronic devices. Please ask any usher for an assisted listening device, a large print hymnal, or a braille hymnal.

Games are available in the North Room for children of all ages today

ORDER OF SERVICE

April 23, 2023 10:30 a.m.—12:00 p.m.

Centering Music

Caitlin Kelley

Processional Anthem

Seasons of Love From "Rent" East Shore Mighty Choir

Welcome

Ministerial Search Committee

Land Acknowledgement
Chalice Lighting & Response

Indigenous Community Partners

We begin with Gratitude

Comenzamos con Gratitud

To Creator and the Spirit of Life and Love

A nuestro Creador y al Espíritu de Vida y del Amor

For the blessing of this new day

Por la Bendición de este nuevo día

Mama Lily & Erick Christopher Vlassidis

And for this gathering.

Y por esta reunión.

We light this chalice

Encendemos esta llama En el nombre de todo lo bueno y

In the name of all that is Good and Holy And in the name of Love and Justice.

sagrado

We hear witness to the spark of life

Y en nombre del Amor y la Justicia.

We bear witness to the spark of life That dwells in each and every one of us making us one with the universe. Con Gratitud, Humildad y Alegría Somos testigos de que esta chispa de

vida

Habita en cada uno de nosotres Uniéndonos con el universo.

Invocation/Honoring the Ancestors

Christina Rivera

Musical Interlude

Listen to the Voices

Emma's Revolution

Prayer & Laying on of Hands Ceremony

Christina Rivera & Julica Hermann De la Fuente

^{*} Please rise in body or spirit.

Song I Am Willing Emma's Revolution

Charge to the Congregation

Julica Hermann De la Fuente

Charge to the MinisterKarin Lin & Rev. Nancy Palmer Jones

Sermon Love, Interdependence, & Transformation Aisha Hauser

Ritual: Act of Installation David Langrock & Congregation

Musical Celebration Sing People Sing! Emma's Revolution

Gifts Amanda Alice Uluhan & Rhonda Brown

Closing Song We're Gonna Keep On Moving Forward Emma's Revolution

& East Shore Mighty Choir

Benediction Rev. Dr. María Cristina Vlassidis Burgoa

Postlude Peace, Salaam, Shalom Everyone

by Emma's Revolution

Worship Leadership Today Greeters: Merrillann Hutchinson, Milly Mullarky, Leily Sepahi, Carol Sinape | Ushers: Carla Hellekson, Fran Corn, Sheridan Botts | Zoom Tech Assistant: Rachel Herbert | ACE Team: Ralph Lutz, Alan Moritis, Bob Weiss | Food Host: Anne Kerlee, Connie Hirnle

Food Provided By Cafe Sabah

Thanks to the Staff; our Ushers and Greeters; our Religious Education Teachers; and the ACE Media People for audio visual support.

Next Sunday, April 30, at 10:30 a.m.

"Sacred Play"

with special guest Guy Nelson

Guy Nelson will dive deep into the idea of Sacred Play. It's a fun and powerful way for groups to interact and co-create art, stories and solutions in a complex world. Guy brings his talents and decades of experience as a workshop leader, improv actor, musician and author. He believes Creative Play can transform groups and individuals and is a deeply spiritual practice that teaches us to be present, open, compassionate and imaginative in all aspects of our lives. Come and see how we can learn it and apply it!

TODAY AT EAST SHORE

Religious Education for Children & Youth: In the Education Building

Families can sit together during all ages worship or children can sit on the story rug in front. The rug in the back of the Sanctuary welcomes parents and children under five. Please take items from the Sanctuary foyer Activity Carts to your seats to sit with your parents and use during worship. We will also have some quiet games set up in the North room if children need a break and need to move about during the service.

- ♦ Grades K-3 will be in OWL; parents can pick kids up at 11:45 as usual, and for families staying, the rest will be brought over to join us in the Sanctuary.
- ♦ Grades 4-6 will be in the Sanctuary with their families.
- ♦ Grades 7-9 will be in OWL until 11:45, then will join their families.
- ♦ Little Uu and Y@ES Youth will be in the Sanctuary with their families.

Celebration Food: 12:00 p.m. in Spring Hall: After worship, head over to the Education building for food and community!

Black Lives Matter Flash Stance: 12:30 p.m. in Kirkland: Join fellow UU activists for our Black Lives Matter Flash Stance in person in Kirkland at the NW corner of Peter Kirk Park next to the transit center. We gather in solidarity with Black, Brown, AAPI, and Indigenous People of Color. Flash Stances start conversations, and then carry those conversations on. All are welcome-join us in this important work!

UPCOMING EVENTS

Meaningful Movies: The Waiting Room: Tuesday, April 25, 6:50 p.m. (Virtual): You're invited to a screening of The Waiting Room. The Waiting Room lays bare the struggle and determination of both a community and an institution coping with limited resources and no road map for navigating a health care landscape marked by historic economic and political dysfunction. We'll have a lively discussion immediately after the film, so plan to join us. Join us via Zoom: Meeting ID: 879 2971 8047, Passcode: MMB

Democracy and its Alternatives from the Great Courses: Tuesdays, March 28-June 13, 7:00 p.m. (Virtual): What characteristics do democracies share? How do they differ? And what can alternatives to democracy—namely, authoritarianism and dictatorship—teach us about democracy itself? To watch and discuss the lectures use the link https://rebrand.ly/zhzte8a.

Fourth Wednesday Book Club: Fahrenheit 451: Wednesday, April 26, 7:00 p.m. (Virtual): Please join us to discuss Fahrenheit 451 by Ray Bradbury. Guy Montag is a fireman. He never questions the destruction. But when he meets an eccentric young neighbor, Montag begins to question everything he has ever known. To virtually attend, please Zoom in using room number: 896 7249 9304, Passcode: 403930

East Shore Outdoors: Multiple Dates (In Person): As the better weather approaches, many of us want to get outside and enjoy the beautiful scenery of the Pacific Northwest. You can do that, and contribute to building community at East Shore, by participating in walks and hikes organized by the East Shore Outdoors group. Questions? Contact Amanda Strombom.

Braiding Sweetgrass Book Group: Wednesdays, March 29-April 26, 7:00 p.m. (Virtual): Our congregation will begin a journey of curiosity and awe together as we discuss the elements of Robin Wall Kimmerer's masterpiece, Braiding Sweetgrass. Weekly sessions will be led by the Indigenous Connections Team. We ask that you sign up in advance by contacting Maury Edwards, Marilyn Mayers, or Lynn Roesch.

Mindfulness Meditation: 2nd and 4th Fridays: March 10-May 12, 2:00-3:30 p.m. (In Person): Experience the benefits of sharing mindfulness and gaining new insights. We will offer some recorded guided meditations and also some silent ones. Open to all and free of charge. Each session stands alone so you don't need to participate in all sessions. Coordinated by Caroline Haessly and Jennifer Sumner. Email Caroline at chaessly@yahoo.com.

Tour of the Grounds: Sunday, April 30, 12:00-4:00 p.m. (In Person): You are invited to the next East Shore Grounds work party! If you would like, bring a sack lunch and come join our fellowship lunch around noon. Come for any amount of time to help out and see the progress that the Grounds Team has made during the past months. Sign up here.

See more upcoming events at esuc.org/whats-happening

ESUC News

Tomato Plant & Dahlia Tuber Sale: P-Patch Ministry Team is offering tomato plants and dahlia tubers again this year. You can see the catalog and pre-order them at esuc.org. You may pick up your order in front of the foyer after the May 7 worship service. Let Ann Fletcher know if you can't pick up then to make other arrangements. Anything not pre-ordered will be sold in person May 7 after the worship service. P-Patch funds from the sale will support a team-selected food justice causes in the area.

East Shore Retreat @ Seabeck 2023: Registration Now Open!: All folks in the East Shore Community are invited to gather in Seabeck over Memorial Day weekend from May 26 - May 29, 2023! This is an annual retreat for all ages. Volunteers still needed! See David Langrock.

Art in Community Summer Camp: Monday, June 26-Friday June 30: Registration Now Open Kids ages 5 - 12 are invited to join us for Art, Social Justice, Community, Camp, & Summer Fun. Kids are guaranteed to have a ton of fun and make great friends. Our camp meets from 9 am - 3:00 pm each day for a full week. See more details and register at esuc.org.

ESUC @ The Mariners: Sunday, August 27, 1:00 p.m. (In Person at T-Mobile Park): All are invited to the Sunday, August 27th game at 1:10 p.m. as our Seattle Mariners take on the Kansas City Royales! Tickets are \$12 each and need to be reserved. Contact Nicole Duff.

ACKNOWLEDGEMENT OF OUR INDIGENOUS NEIGHBORS

We, at East Shore Unitarian Church, acknowledge that this land is the traditional territory of Coast Salish peoples. We recognize the impact of settler colonialism and pledge to nurture our relationship with our indigenous neighbors. Their ways and understanding will guide us as we work to restore and sustain their homelands upon which we all depend.

| East Shore Unitarian Staff | | | 425-747-3780 |
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East Shore Unitarian Church is proud to publicly support the Black Lives Matter movement. This stance is in alignment with the values of our faith and is also endorsed by the UUA. More information can be found at www.uua.org/statements/support-black-lives-matter-movement.

The Eight Principles

Unitarian Universalist congregations affirm and promote eight Principles, which we hold as strong values and moral guides. They are:

- * The inherent worth and dignity of every person;
- * Justice, equity and compassion in human relations;
- * Acceptance of one another and encouragement to spiritual growth in our congregations;
- * A free and responsible search for truth and meaning;
- * The right of conscience and the use of the democratic process within our congregations and in society at large;
- * The goal of world community with peace, liberty, and justice for all;
- * Respect for the interdependent web of all existence of which we are a part.
- Journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.

Getting to Know Us

Where to Start: Attend worship services, introduce your children to Religious Education, come to coffee hour, join the choir, participate in East Shore's variety of activities and classes. You can read more about these in our newsletter, *The Beacon*, or if you sign up for the weekly e-mail (at the visitors table).

Learn More about Becoming a Member: Talk to our Director of Membership Development for details about our Pathway to Membership.

Ways to Support East Shore's Mission

Donations to East Shore go to support the operating fund. This allows us to be open seven days a week, offer great programming, classes, and events. Please join us for some upcoming classes or events!

There are many ways to volunteer your time at East Shore, whether you like to do office work, grounds work, or working with children. We are open 7 days a week, and could always use more help. For more information, fill out a form at https://esuc.org/give/#volunteer or contact our Office Administrator Jenny Newell, at esuc@esuc.org

Scan Here to give to East Shore from your phone:

