EAST SHORE UNITARIAN CHURCH

12700 SE 32ND STREET, BELLEVUE, WA (425) 747-3780 · www.esuc.org







"PRIDE" June 4, 2023



We practice love, explore spirituality, build community, and promote justice.

Welcome to East Shore Unitarian Church

We extend a special welcome to all who are here for the first time. We are glad you are here and hope your morning will provide you with a greater sense of connection with yourself, with the people around you, and with the world and spirit outside these walls. After today's service, please join us outside for coffee, tea, and conversation.

If you didn't stop by before service, please stop by the visitors desk in the foyer. There you can learn more about the church, and fill out a visitor form. During the week, we will contact you to see if you have any more questions, and help you navigate through all of our amazing programs and groups.

Large-print hymnals and a braille hymnal are available in the foyer from the ushers. Our hearing assistance devices use T-Coil loop technology. Hearing assistance devices are also available in the back of the Sanctuary or from the ushers.

Gender Affirming Restrooms are located in each building. A private restroom is located in the Administration Building. Diaper changing stations are located in all restrooms.

Families, Children & Youth

Children and youth gather in the Sanctuary with their peers or parents and on most Sundays of the year, help to light our worship chalice, share our covenant, a song and story. Most Sundays, children and youth will go to programming just for them after the Story! On "All Ages Sundays", children and youth stay in the Sanctuary and enjoy in a worshipful and celebratory space with no religious education programming. Rugs in the back and front of the Sanctuary invite children to color, read, listen, and play while also enjoying the song, movement, and prayer of a UU community. If you'd like to hear more about our programs and our registration process, set up a call with Amanda Alice Uluhan, Director of Religious Education at 425-747-3780 ext 104. We are so glad you are here!

Keeping In Touch

Do you want to keep in touch during the week? Follow us on Facebook (EastShoreUC), Twitter (@ESUC1) and Instagram (eastshore_uc). You can also request to join our email list by emailing our Director of Membership Development at membership@esuc.org. Paper copies of sermons and audio copies of the service are available in the Administration Building. You can also listen to the sermons online at esuc.org/worship/past-worship-services. Sermons are also available as Podcasts, search for "East Shore Unitarian Sermons." Sermons are posted on Tuesdays.

Have a suggestion? Leave your comments and suggestions in the box located under the TV screen in the Sanctuary lobby.

Please return this Order of Service to the baskets by the door for recycling.



Thank you for silencing all electronic devices. Please ask any usher for an assisted listening device, a large print hymnal, or a braille hymnal.

Please feel free to fill out a card of joys & sorrows located at the back of the Sanctuary or under the chairs.

ORDER OF SERVICE

June 4, 2023 10:30 a.m.

Centering Music How Could Anyone/

East Shore Mighty Choir

We Are a Gentle, Angry People

Procession

Opening Anthem #188 Come, Come, Whoever You Are

Welcome & Land Acknowledgement

Rev. Dr. María Cristina

Ringing of the Bell

Chalice Lighting

The Pride Flame

Amanda Alice Uluhan

In Support of Drag

Eric Lane Barnes

Musical Celebration I've Got Your Picture

Arnaldo

by Patsy Cline

Time for All Ages

Julian Is A Mermaid by Jessica Love

Children's Recessional

This Little Light Of Mine

(Verse 1) This little light of mine, I'm gonna let it shine...

(Verse 2) Everywhere I go, I'm gonna let it shine...

Pastoral Prayer/Joys & Sorrows

Please fill out a card in the back of the Sanctuary (in person) or in chat (virtual)

Musical Meditation

I Am Sending You Light

East Shore Mighty Choir

Musical Celebration

I Can Only Be Me

Ron Douglas

by Stevie Wonder

Homily

Honoring Stonewall Warriors:

Rev. Dr. María Cristina

Sylvia Rivera & Marsha P. Johnson

^{*} Please rise in body or spirit.

Musical Celebration

People Get Ready

Carrie Schenken

East Shore Unitarian Church Covenant

Ron Douglas

Love is the doctrine of this church.

The guest for truth is its sacrament, and service is its prayer.

To dwell together in peace, to seek knowledge in freedom,

To serve humanity in fellowship, thus do we covenant.

Gifts of the Congregation: Lambert House

Carrie Bowman

Text "ESUC" to 73256, standard text message rates do apply.

You can use esuc.org/give, mail in a check, or use the plate.

To contribute to Lambert House:

- Text & Online: Select "Share the Plate" from the fund drop down
- Check: Make check to "ESUC" and write "Share the Plate" or "Lambert House" in the memo line

To contribute to your pledge:

- Text & Online: Select "Operating Fund" from the fund drop down
- Check: Make check to "ESUC" and write "Pledge" in the memo line.

Musical Celebration

American As

East Shore Mighty Choir

By Eric Lane Barnes

Closing Words & Extinguishing the Chalice

Rev. Dr. María Cristina

We extinguish this flame but not the light of truth,

the warmth of community, or the fire of commitment.

These we carry in our hearts until we are together again.

Benediction

Postlude

Home/Somewhere Over The Rainbow

Arnaldo

by Charlie Smalls / Harold Arlen & Yip Harburg

Worship Leadership Today Worship Associate: Carrie Bowman | Greeters: Sue Yates | Ushers: Laurie Wick | Zoom Tech Assistant: Marcy Langrock | ACE Team: Bob Weiss, Ralph Lutz, Janis Pock

Thanks to the Staff; our Ushers and Greeters; our Religious Education Teachers; and the ACE Media People for audio visual support.

Next Sunday, June 11, at 10:30 a.m.

"Senior RE & Youth Bridging" with Amanda Alice Uluhan & LeAnne Struble

This annual graduation ceremony celebrates children, youth, and their families. Seniors, join us and have your family contact us at education@esuc.org. Volunteers, students (of all ages), and families are all invited to participate in this time-honored tradition. After service, we will have our Congregational Meeting for members.

TODAY AT EAST SHORE

Religious Education for Children & Youth: In the Education Building

- ♦ Little UU's will start in the sanctuary then go to E 106, they will then be outside for a Teddy Bear Picnic.
- ♦ K-3 OWL class will start in E 202.
- ♦ Stepping Stones or children from 4-6 grade will start in the sanctuary then go to E 201 for games.
- ♦ Junior High and High School Youth will stay in the sanctuary for the service.

Summer Potluck: 11:30 a.m. Outside: All are invited to the return of our Summer Potluck. Entrees (both meat and vegan) will be provided, but we encourage you to bring a side dish or dessert. Stay and enjoy the community here at East Shore! Many hands make light work, so if you can help with cooking, setup, clean up or more, please sign up here to help!

Black Lives Matter Flash Stance: 12:30 p.m. in Bellevue: Join fellow UU activists for our Black Lives Matter Flash Stance in person in Factoria on the corner by Dacell's Jewelers. We gather in solidarity with Black, Brown, AAPI, and Indigenous People of Color. Flash Stances start conversations, and then carry those conversations on. All are welcome!

UPCOMING EVENTS

Democracy and its Alternatives from the Great Courses: Tuesdays, March 28-June 13, 7:00 p.m. (Virtual): What characteristics do democracies share? How do they differ? And what can alternatives to democracy—namely, authoritarianism and dictatorship—teach us about democracy itself? To watch and discuss the lectures use the link https://rebrand.ly/zhzte8a.

Rally for Roe: Freedom of Choice: Saturday, June 10, 12:00 p.m. (In Person, off site): Join East Shore Women's Perspective and other activists on Saturday, June 10 from noon – 1:00 p.m. at Renton's "The Landing" in front of Red Robin, to voice your values. Bring your own sign or use one provided. If you like, we'll lunch at one of the nearby cafés afterward.

Grounds Work Party: Saturday, June 17, 9:00 a.m.-3:00 p.m. (In Person): Please mark your calendars for our June Grounds Work Party on Saturday, June 17 from 9:00 am to 3:00 pm. If you would like, bring a sack lunch and come join our Fellowship Lunch at noon. Come for any amount of time to help out and see the progress that the Grounds Team has made during the past months. Sign up at esuc.org for the June Grounds Work Party.

Summer RE: Sundays, June 18, July 2, 9, 16, 30, August 6, 13, 20, 27, 10:30-11:30 a.m.: All ages children and youth join in for a fun, interactive, stand-alone UU lesson. 2 adult volunteers per week are needed. Questions? Contact LeAnne at education2@esuc.org.

East Shore Outdoors: Multiple Dates (In Person): As the better weather approaches, many of us want to get outside and enjoy the beautiful scenery of the Pacific Northwest. You can do that, and contribute to building community at East Shore, by participating in walks and hikes organized by the East Shore Outdoors group. Questions? Contact Amanda Strombom.

Women's Perspective Walk in Washington Park Arboretum: Wednesday, June 21, 10:00 a.m. (In Person, Off Site): Join other ESUC women for a delightful walk in the gardens in full spring bloom! This is Seattle's renown park near Lake Washington, known for its gorgeous native trees and shrubs. Dogs on leashes are welcome. Contact Marcia Sill for more details.

Community Circles: Saturday, June 24, 10:00-11:30 a.m. (Virtual): In a facilitated space, we explore a variety of issues and themes. Community Circles are opportunities to share and listen through prompts, breakout rooms, and listening activities. All are welcome. Join via Zoom: 816 8030 9830, Passcode: 626689.

Art in Community Summer Camp: Monday, June 26-Friday June 30: Registration Now Open Kids ages 5-12 are invited to join us for Art, Social Justice, Community, Camp, & Summer Fun. Kids are guaranteed to have a ton of fun and make great friends. Our camp meets from 9 am -3:00 pm each day for a full week. See more details and register at esuc.org.

Fourth Wednesday Book Club: *The Prophet*: Wednesday, June 28, 7:00 p.m. (Virtual): Please join us to discuss *The Prophet* by Kahlil Gibran. Gibran's musings are divided into twenty-eight essays, each revealing deep insights into the impulses of the human heart and mind. To virtually attend, please Zoom in using room number: 896 7249 9304, Passcode: 403930

See more upcoming events at esuc.org/whats-happening

ESUC News

Congregational Meeting: Sunday, June 11, 11:30 a.m.: This meeting for members will take place following service. More details will be sent in the coming weeks. Votes this meeting will include leadership positions and bylaw changes. The budget will be voted on in December. Two volunteer adults needed for childcare during our Congregational Meeting, ratio of 1 adult per 8 children. Volunteers, if members, can participate in the meeting via absentee ballot. Contact Martin Cox. Need childcare? Email Amanda Alice Uluhan.

Trinkets & Treasures: July 30-August 5 (In Person): The Return of Trinkets & Treasures! This popular fund-raiser starts Sunday, July 30, after church, with dropping off YOUR donations in a specified place. Drop-offs end August 2. Please no furniture or books. August 2, will also be the opening of the sale for East Shore members. The sale for the public begins on Thursday, August 3, and continues until mid-afternoon on Saturday, August 5.

ESUC @ The Mariners: Sunday, August 27, 1:00 p.m. (In Person at T-Mobile Park): All are invited to the Sunday, August 27th game at 1:10 p.m. as our Seattle Mariners take on the Kansas City Royales! Tickets are \$12 each and need to be reserved. Contact Nicole Duff.

ACKNOWLEDGEMENT OF OUR INDIGENOUS NEIGHBORS

We, at East Shore Unitarian Church, acknowledge that this land is the traditional territory of Coast Salish peoples. We recognize the impact of settler colonialism and pledge to nurture our relationship with our indigenous neighbors. Their ways and understanding will guide us as we work to restore and sustain their homelands upon which we all depend.

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East Shore Unitarian Church is proud to publicly support the Black Lives Matter movement. This stance is in alignment with the values of our faith and is also endorsed by the UUA. More information can be found at www.uua.org/statements/support-black-lives-matter-movement.

The Eight Principles

Unitarian Universalist congregations affirm and promote eight Principles, which we hold as strong values and moral guides. They are:

- * The inherent worth and dignity of every person;
- * Justice, equity and compassion in human relations;
- * Acceptance of one another and encouragement to spiritual growth in our congregations;
- * A free and responsible search for truth and meaning;
- * The right of conscience and the use of the democratic process within our congregations and in society at large;
- * The goal of world community with peace, liberty, and justice for all;
- * Respect for the interdependent web of all existence of which we are a part.
- Journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.

Getting to Know Us

Where to Start: Attend worship services, introduce your children to Religious Education, come to coffee hour, join the choir, participate in East Shore's variety of activities and classes. You can read more about these in our newsletter, *The Beacon*, or if you sign up for the weekly e-mail (at the visitors table).

Learn More about Becoming a Member: Talk to our Director of Membership Development for details about our Pathway to Membership.

Ways to Support East Shore's Mission

Donations to East Shore go to support the operating fund. This allows us to be open seven days a week, offer great programming, classes, and events. Please join us for some upcoming classes or events!

There are many ways to volunteer your time at East Shore, whether you like to do office work, grounds work, or working with children. We are open 7 days a week, and could always use more help. For more information, fill out a form at https://esuc.org/give/#volunteer or contact our Office Administrator Jenny Newell, at esuc@esuc.org

Scan Here to give to East Shore from your phone:

