

## YUUP: YOUNG UNITARIAN UNIVERSALIST PROJECT

## **High School Youth Programs**

## **Basics for Parents**

Welcome to our YUUP: Young Unitarian Universalist Project where High School Youth where youth are becoming who they want to be in the world! YUUP is a safe and encouraging place for high school students to meet, engage with their values, and contribute to the ESUC vision and mission of an awesome and inclusive community.

Through such programs as Coming of Age and Our Whole Lives, YUUP rotates curriculum with games, snacks, field trips and extracurricular events. Youth also have opportunities to attend UU youth events in the local area.

It is our goal of East Shore Unitarian Church of Bellevue to provide a safe, empowering, and supportive environment for youth. We support youth to plan and lead activities and have a developed youth mentorship model! You should feel confident about youth's well-being as their success is a top priority for us.

## Additional Options for Engagement

Through the congregation, youth have the opportunity to pursue leadership, volunteering, and internship programs. We work with youth to explore their specific interests, where they can share their gifts, develop a greater sense of self, and build their capacity as young leaders. Such opportunities may include:

- Leading children's programs
- Leading elements of worship services, including music
- Video recording/editing
- Social and/or environmental justice

Youth can start at any time through the year and schedule around their school and other commitments. We confirm volunteer hours and provide a reference for youth who successfully complete a program. We can't wait to welcome you and share the beauty and warmth of Unitarian Universalism with your family!

Amanda Alice Uluhan Director of Religious Education <u>education@esuc.org</u>