

EAST SHORE UNITARIAN CHURCH

12700 SE 32ND STREET, BELLEVUE, WA
(425) 747-3780 · WWW.ESUC.ORG



EastShoreUC



@ESUC1



eastshore_uc

“Generosity of Spirit”

November 5, 2023



***We practice love, explore spirituality,
build community, and promote justice.***

Welcome to East Shore Unitarian Church

We extend a special welcome to all who are here for the first time. We are glad you are here and hope your morning will provide you with a greater sense of connection with yourself, with the people around you, and with the world and spirit outside these walls. After today's service, please join us outside for coffee, tea, and conversation.

If you didn't stop by before service, please stop by the visitors desk in the foyer. There you can learn more about the church, and fill out a visitor form. During the week, we will contact you to see if you have any more questions, and help you navigate through all of our amazing programs and groups.

Large-print hymnals and a braille hymnal are available in the foyer from the ushers. Our hearing assistance devices use T-Coil loop technology. Hearing assistance devices are also available in the back of the Sanctuary or from the ushers.

Gender Affirming Restrooms are located in each building. A private restroom is located in the Administration Building. Diaper changing stations are located in all restrooms.

Families, Children & Youth

Children and youth gather in the Sanctuary with their peers or parents and on most Sundays of the year, help to light our worship chalice, share our covenant, a song and story. Most Sundays, children and youth will go to programming just for them after the Story! On "All Ages Sundays", children and youth stay in the Sanctuary and enjoy in a worshipful and celebratory space with no religious education programming. Rugs in the back and front of the Sanctuary invite children to color, read, listen, and play while also enjoying the song, movement, and prayer of a UU community. If you'd like to hear more about our programs and our registration process, set up a call with Amanda Alice Uluhan, Director of Religious Education at 425-747-3780 ext 104. We are so glad you are here!

Keeping In Touch

Do you want to keep in touch during the week? Follow us on Facebook (EastShoreUC), Twitter (@ESUC1) and Instagram (eastshore_uc). You can also request to join our email list by emailing our Director of Membership Development at membership@esuc.org. Paper copies of sermons and audio copies of the service are available in the Administration Building. You can also listen to the sermons online at esuc.org/worship/past-worship-services. Sermons are also available as Podcasts, search for "East Shore Unitarian Sermons." Sermons are posted on Tuesdays.

Have a suggestion? Leave your comments and suggestions in the box located under the TV screen in the Sanctuary lobby.

Please return this Order of Service to the baskets by the door for recycling.



*Thank you for silencing all electronic devices. Please ask any usher for an assisted listening device, a large print hymnal, or a braille hymnal.
Please feel free to fill out a card of joys & sorrows located at the back of the Sanctuary or under the chairs.*

ORDER OF SERVICE

November 5, 2023

10:30 a.m.

Centering Music

Eric Lane Barnes

Welcome & Land Acknowledgement

Rev. Eric Kaminetzky

Ringling of the Bell

Musical Celebration

A Festive Alleluia

East Shore Mighty Choir

Mary Lynn Lightfoot

Chalice Lighting & Response

Amanda Alice Uluhan

We light this chalice to remind ourselves to treat all people kindly because they are our siblings in spirit;

To take good care of the earth because it is our home;

And to try to live lives filled with goodness and love because that is how we will become the best people we can be.

*** Opening Hymn #16**

Simple Gifts

Time for All Ages

Stone Soup

Amanda Alice Uluhan

traditional folk tale

Children's Recessional

This Little Light Of Mine

(Verse 1) This little light of mine, I'm gonna let it shine...

(Verse 2) Everywhere I go, I'm gonna let it shine...

Pastoral Prayer/Joys & Sorrows

Please fill out a card in the back of the Sanctuary (in person) or in chat (virtual)

Musical Meditation

I Am Sending You Light

East Shore Mighty Choir

Sermon

Generosity of Spirit

Rev. Eric Kaminetzky

*** Hymn #1017**

Building A New Way

East Shore Unitarian Church Covenant

Rev. Eric Kaminetzky

Love is the doctrine of this church.

The quest for truth is its sacrament, and service is its prayer.

To dwell together in peace, to seek knowledge in freedom,

To serve humanity in fellowship, thus do we covenant.

Testimonial

Martin Cox

Gifts of the Congregation

Text ESUC plus any dollar amount to 73256 to give to ESUC using your text messaging. Standard text message rates do apply. You can also use esuc.org/give or mail in a check to ESUC any time! There are also QR codes around campus.

Closing Words & Extinguishing the Chalice

Rev. Eric Kaminetzky

We extinguish this flame but not the light of truth,

the warmth of community, or the fire of commitment.

These we carry in our hearts until we are together again.

Benediction

Postlude

Peace, Salaam, Shalom
by Emma's Revolution

East Shore Mighty Choir

Worship Leadership Today | Greeters: Sheridan Botts, Jeanne Lamont | Ushers: Fran Corn, Laurie Wick | Zoom Tech Assistant: Marcy Langrock | ACE Team: Dennis Fleck, Alan Moritis, Steve Wellons

Thanks to the Staff; our Ushers and Greeters; our Religious Education Teachers; and the ACE Media People for audio visual support.

Next Sunday, November 12, at 10:30 a.m.

"Rhythms of India"

with Eric Lane Barnes & guests

East Shore will be joined by Bhangra dance group Rhythms of India to help us celebrate Diwali in style! We will learn dance moves and put them together in a fun and exuberant service that is part storytelling, part dance workshop, part musical exploration.

TODAY AT EAST SHORE

Religious Education for Children & Youth (In Person): Join us in the Sanctuary before heading over to the Education building together. Register and learn more about our programs at esuc.org.

- ◇ Little UUs (Waddlers and Toddlers): We offer a fun, nurturing, safe place for your child to learn about values and spiritual practices.
- ◇ Discovery Year (Grades K-3): We offer small group learning environments to enrich and continue the faith development that adults experience in the worship service, only its presented in an age-appropriate way!
- ◇ Stepping Stones (Grades 4-6): We build on our foundations of Unitarian Universalist values with rich and creative learning environments.
- ◇ YES-UU (Junior High): Youth programs include a variety of curricula to develop a great sense of self and connect with your values in service to yourself and the greater good.
- ◇ YUUP (High School): Young Unitarian Universalist Project is a safe and encouraging place for high school students to meet, engage with their values, and contribute to ESUC.

Coffee Hour: 11:30 a.m. Outside or North Room: After worship, enjoy a casual time to get to know the East Shore community of friends and members. Head to the foyer and then outside or back into the North Room! Please consider bringing your own travel mug!

Budget Town Hall: 11:45 a.m. in the Sanctuary: Learn about the proposed 2024 fiscal year Operating Budget. The slideshow and deck are on the website. This is an important step in developing our annual operating budget that we will vote at the December 10th Congregational Meeting.

Black Lives Matter Flash Stance: 12:30 p.m. in Bellevue: Join fellow UU activists for our Black Lives Matter Flash Stance in person in Factoria on the corner by Dacell's Jewelers. We gather in solidarity with Black, Brown, AAPI, and Indigenous People of Color. Flash Stances start conversations, and then carry those conversations on. All are welcome.

UPCOMING EVENTS

Budget Town Hall: Monday, November 6, 7:00 p.m. (Virtual): Learn about the proposed 2024 fiscal year Operating Budget. The slideshow and deck are on the website. This is an important step in developing our annual operating budget that we will vote at the December 10th Congregational Meeting. Join via Zoom 846 3047 5625 Passcode: Budget

Social Justice Ministry Teams Council Gathering: Monday, November 6, 6:00 p.m. (In Person): All Teams are invited to break bread together (lentil soup and bread) followed by an opportunity to share their goals, events, and initiate collaborations.

***On Repentance and Repair* Book Discussion: Tuesdays, November 7, 7:00 p.m. (Virtual):** Your Eighth Principle and Right Relations Teams are hosting a discussion of the UUA common read for 2023-24, *On Repentance and Repair: Making Amends in an Unapologetic World*, by Danya Ruttenberg. No pre-registration is required. To get a copy of this book, register at esuc.org. Join via Zoom ID: 873 7733 6704, Passcode: Repair

The Power of Thought Experiments: Tuesdays, starting November 7, 7:00 p.m. (Virtual): Have you ever wondered what it means to be immortal? Or how you would act in a life-or-death situation? We will explore the power of thought experiments and work through them in your own thinking, question them, challenge them, and evaluate what power they have to expand our minds. Led by Alan Carter. Join via Zoom using <https://rebrand.ly/zhzte8a>.

Drag Queen Story Hour: Saturday, November 11, 2:30-5:00 p.m. (In Person, off site - The Brewmaster's Taproom (2000 Benson Rd S, Renton, WA 98055): Come and join the ESUC Outreach Team and wear your new ESUC T-Shirt to show our group support for the monthly Drag Queen Story Hour in Renton. The Brewmaster's Taproom is a family-friendly (and dog-friendly) establishment. If you would like to carpool from East Shore, please send an email to Jeanne Lamont at carpettheden@gmail.com and she will connect you with other carpoolers.

Princess Guy Concert: Saturday, November 11, 7:30 p.m. (In Person): Princess Guy, Seattle's Most Fabulous Vocal Quartet, is returning to East Shore! This brand-new show is titled, 'Knockout! The Battle of the One-Hit Wonders.' Every song in this concert was a huge hit, but the artists were never able to recreate the same magic again. Visit www.princessguy.com for tickets. (ESUC receives 51% of all ticket sales.)

East Shore & You: Sunday, November 12, 12:00 p.m. (In Person): Are you new to East Shore? Want to learn more about our faith, our community, or how to be a member? Join Nicole Duff and Rev. María Cristina to learn more and get to know one another. All are welcome.

Grounds Work Party: Monday, November 13, 9:00 a.m.-3:00 p.m. (In Person): Please join us for gardening activities on the East Shore grounds. We meet by the raised beds in between the Office and the Music buildings. Adults and youth (accompanied by an adult) are welcome to help out. Bring a sack lunch. Come for any amount of time to help out.

See more upcoming events at esuc.org/whats-happening

ESUC NEWS

Hope Grows Here: Support ESUC in 2024: Thank you to those who have already returned your 2024 Mission Fund Drive pledge card! Pledge cards are available in the foyer or online at esuc.org/give/mfd. We are asking you to please consider increasing your pledge by 5% to help us continue to put hope into the world. As you plant the seeds enclosed, think of your investment as planting hope for the future of East Shore so we can continue to be a beacon of light for decades to come.

Thanksgiving Potluck: Sunday, November 19, 11:30 a.m. (In Person): We come together this Sunday to affirm and give thanks for this community, our network of advocates around the world, the principles of our faith, and each other. After worship, we will celebrate a community Thanksgiving meal. East Shore will provide the turkey and vegan option. You are invited to bring your favorite sides and desserts to share. We always need volunteers to help! If you can help, please contact Nicole Duff at membership@esuc.org.

PorchLight Dinner: Thank you to all who helped with our PorchLight guests! They wanted to share: "Thank you very much for having us at your church during October. You were very kind and made us feel welcomed. The food was delicious!" If you would like to hear and learn more about PorchLight, consider signing up for their annual luncheon and fundraiser at: Bellevue Homeless Shelter - CFH (porchlightcares.org). Some members from ESUC will be attending. Thank you for your support! Contact Peggy Phillips with questions. PeggyPhillips@comcast.net or 425-417-1366.

ACKNOWLEDGEMENT OF OUR INDIGENOUS NEIGHBORS

We, at East Shore Unitarian Church, acknowledge that this land is the traditional territory of Coast Salish peoples. We recognize the impact of settler colonialism and pledge to nurture our relationship with our indigenous neighbors. Their ways and understanding will guide us as we work to restore and sustain their homelands upon which we all depend.

East Shore Unitarian Staff

425-747-3780

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East Shore Unitarian Church is proud to publicly support the Black Lives Matter movement. This stance is in alignment with the values of our faith and is also endorsed by the UUA. More information can be found at www.uua.org/statements/support-black-lives-matter-movement.

The Eight Principles

Unitarian Universalist congregations affirm and promote eight Principles, which we hold as strong values and moral guides. They are:

- * The inherent worth and dignity of every person;
- * Justice, equity and compassion in human relations;
- * Acceptance of one another and encouragement to spiritual growth in our congregations;
- * A free and responsible search for truth and meaning;
- * The right of conscience and the use of the democratic process within our congregations and in society at large;
- * The goal of world community with peace, liberty, and justice for all;
- * Respect for the interdependent web of all existence of which we are a part.
- * Journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.

Getting to Know Us

Where to Start: Attend worship services, introduce your children to Religious Education, come to coffee hour, join the choir, participate in East Shore's variety of activities and classes. You can read more about these in our newsletter, *The Beacon*, or if you sign up for the weekly e-mail (at the visitors table).

Learn More about Becoming a Member: Talk to our Director of Membership Development for details about our Pathway to Membership.

Ways to Support East Shore's Mission

Donations to East Shore go to support the operating fund. This allows us to be open seven days a week, offer great programming, classes, and events. Please join us for some upcoming classes or events!

There are many ways to volunteer your time at East Shore, whether you like to do office work, grounds work, or working with children. We are open 7 days a week, and could always use more help. For more information, fill out a form at <https://esuc.org/give/#volunteer> or contact our Office Administrator Jenny Newell, at esuc@esuc.org

Scan Here to give to East Shore from your phone:

