

EAST SHORE UNITARIAN CHURCH

12700 SE 32ND STREET, BELLEVUE, WA
(425) 747-3780 · WWW.ESUC.ORG



EastShoreUC



@ESUC1



eastshore_uc

“Holiday Music Sunday”

December 10, 2023



*We practice love, explore spirituality,
build community, and promote justice.*

Welcome to East Shore Unitarian Church

We extend a special welcome to all who are here for the first time. We are glad you are here and hope your morning will provide you with a greater sense of connection with yourself, with the people around you, and with the world and spirit outside these walls. After today's service, please join us outside for coffee, tea, and conversation.

If you didn't stop by before service, please stop by the visitors desk in the foyer. There you can learn more about the church, and fill out a visitor form. During the week, we will contact you to see if you have any more questions, and help you navigate through all of our amazing programs and groups.

Large-print hymnals and a braille hymnal are available in the foyer from the ushers. Our hearing assistance devices use T-Coil loop technology. Hearing assistance devices are also available in the back of the Sanctuary or from the ushers.

Gender Affirming Restrooms are located in each building. A private restroom is located in the Administration Building. Diaper changing stations are located in all restrooms.

Families, Children & Youth

Children and youth gather in the Sanctuary with their peers or parents and on most Sundays of the year, help to light our worship chalice, share our covenant, a song and story. Most Sundays, children and youth will go to programming just for them after the Story! On "All Ages Sundays", children and youth stay in the Sanctuary and enjoy in a worshipful and celebratory space with no religious education programming. Rugs in the back and front of the Sanctuary invite children to color, read, listen, and play while also enjoying the song, movement, and prayer of a UU community. If you'd like to hear more about our programs and our registration process, set up a call with Amanda Alice Uluhan, Director of Religious Education at 425-747-3780 ext 104. We are so glad you are here!

Keeping In Touch

Do you want to keep in touch during the week? Follow us on Facebook (EastShoreUC), Twitter (@ESUC1) and Instagram (eastshore_uc). You can also request to join our email list by emailing our Director of Membership Development at membership@esuc.org. Paper copies of sermons and audio copies of the service are available in the Administration Building. You can also listen to the sermons online at esuc.org/worship/past-worship-services. Sermons are also available as Podcasts, search for "East Shore Unitarian Sermons." Sermons are posted on Tuesdays.

Have a suggestion? Leave your comments and suggestions in the box located under the TV screen in the Sanctuary lobby.

Please return this Order of Service to the baskets by the door for recycling.



Thank you for silencing all electronic devices. Please ask any usher for an assisted listening device, a large print hymnal, or a braille hymnal.
Please feel free to fill out a card of joys & sorrows located at the back of the Sanctuary or under the chairs.

ORDER OF SERVICE

December 10, 2023

10:30 a.m.

Centering Music Barb Clagett, John Chmaj & Rafael Howell-Flores

Welcome & Land Acknowledgement Rev. Dr. María Cristina

Opening Carol #235 *Deck The Hall*

Chalice Lighting/Advent Candle: PEACE/Menorah Lighting

We light this chalice to remind ourselves to treat all people kindly because they are our siblings in spirit;

To take good care of the earth because it is our home;

And to try to live lives filled with goodness and love because that is how we will become the best people we can be.

Musical Celebrations *Tannenbaum/Trees* East Shore Mighty Choir

Traditional/Joyce Kilmer

Reading: A Christmas Memory Paul Rosenberg

Truman Capote

Little Tree

e e cummings/Eric Lane Barnes

Jolly Old St. Pachelbel

Johann Pachelbel/Emily Huntington Miller

Time for All Ages *Frosty the Snowman* Amanda Alice Uluhan
by Walter Rollins, Steve Nelson, & Nadine Bernard Westcott

Carols *Mi Burrito Sabanero* Rafael Howell-Flores,
Hugo Blanco Rev. María Cristina & Mama Lilly

Have Yourself a Merry Little Christmas Eric Horner &

Hugh Martin & Ralph Blane Arthur Knapp

Musical Celebrations *The Figgy Pudding incident Pt. 1* East Shore Mighty Choir

It's Beginning to Look A Lot Like Christmas Dorothy Miller

Meredith Wilson

The Figgy Pudding Incident Pt. 2 East Shore Mighty Choir

This Christmas

Ron Douglas

Donny Hathaway

The Christmas Song

Paul Rosenberg

Mel Tormé/Bob Wells

Carol

Let It Snow/Let It Be

East Shore Mighty Choir

Sammy Cahn, Jule Styne, John Lennon, & Paul McCartney

East Shore Unitarian Church Covenant

Rev. Dr. María Cristina

Love is the doctrine of this church.

The quest for truth is its sacrament, and service is its prayer.

To dwell together in peace, to seek knowledge in freedom,

To serve humanity in fellowship, thus do we covenant.

Gifts of the Congregation

Text ESUC plus any dollar amount to 73256 to give to ESUC using your text messaging.

Standard text message rates do apply. You can also use esuc.org/give or mail in a check to

ESUC any time! There are also QR codes around campus.

Closing Words & Extinguishing the Chalice

We extinguish this flame but not the light of truth,

the warmth of community, or the fire of commitment.

These we carry in our hearts until we are together again.

Benediction

Musical Benediction

Hanukkah, O Hanukkah

East Shore Mighty Choir

Postlude

Santa Claus is Coming to Town

Eric Lane Barnes

by J. Fred Coots & Haven Gillespie

& John Chmaj

Worship Leadership Today | Greeters: Jeanne Lamont | Ushers: Fran Corn, Mary Anderson | Zoom Tech Assistant: Sheridan Botts | ACE Team: Steve Wellons, Ralph Lutz, Dennis Fleck |

Musicians: Nicky Woolwine, Trumpet | Rafael Howell-Flores, violin | Barb Clagett, viola | Elaine Cox, violin | Martin Cox, flute | John Chmaj, flute, piano, melodica | Arthur Knapp, acoustic guitar | Craig Nelsen, electric guitar | *and* Steve Wolf as Paul Hollywood

Thanks to the Staff; our Ushers and Greeters; our Religious Education Teachers; and the ACE Media People for audio visual support.

Next Sunday, December 17, at 10:30 a.m.

“Winter Pageant: A Holiday For All”

Amanda Alice Ulhuan, LeAnne Struble, & RE Kids

We're pleased to present to you all a fun-filled morning reflecting on the various wisdom traditions who celebrate year after year since time immemorial during the dark of the year.

TODAY AT EAST SHORE

Coffee Hour: 11:30 a.m. Outside or North Room: After worship, enjoy a casual time to get to know the East Shore community of friends and members. Head to the foyer and then outside or back into the North Room! Please consider bringing your own travel mug!

Congregational Meeting: 11:45 a.m. in the Sanctuary: This congregational meeting will be to vote on the 2024 budget, a bylaw change, and anything else listed in the agenda that members receive with their Notice of Meeting. Childcare will be available with a reservation.

Black Lives Matter Flash Stance: 12:30 p.m. in Issaquah: Join fellow UU activists for our Black Lives Matter Flash Stance in person in Issaquah at the corner of SE 56th Street and Eastlake Sammamish Parkway SE by the McDonalds. We gather in solidarity with Black, Brown, AAPI, and Indigenous People of Color. Flash Stances start conversations, and then carry those conversations on. All are welcome-join us in this important work!

UPCOMING EVENTS

Grounds Work and Holiday Party: Monday, December 11, 9:00 a.m.-3:00 p.m. (In Person): Join us for gardening activities on the East Shore grounds. We will be cleaning up the Memorial Garden, area north of North Room, and other projects. We meet by the raised beds in between the Office and the Music buildings. Adults and youth (accompanied by an adult) are welcome. Bring a sack lunch and come to our Holiday Party at noon in the North Room when we can chat and enjoy holiday treats.

On Repentance and Repair Book Discussion: Tuesdays, 7:00 p.m. (Virtual): Your Eighth Principle and Right Relations Teams are hosting a discussion of the UUA common read for 2023-24, *On Repentance and Repair: Making Amends in an Unapologetic World*, by Danya Ruttenberg. Join via Zoom ID: 873 7733 6704, Passcode: Repair

The Power of Thought Experiments: Tuesdays, 7:00 p.m. (Virtual): We will explore the power of thought experiments and work through them in your own thinking, question them, challenge them, and evaluate what power they have to expand our minds. Led by Alan Carter. Join via Zoom using <https://rebrand.ly/zhzte8a>.

Covenant of the Salmon People Film and Discussion: Thursday, December 14, 6:50 p.m.

(Multiplatform): Produced in collaboration with the Nez Perce (Nimiipuu) Tribe, Covenant of the Salmon People is a 60-minute film exploring how the Nimiipuu people's relationship to salmon has shaped them. Kayeloni Scott, Producer of the film, will join us for Q&A and discussion after the screening. Join us in person in Spring Hall or on Zoom. All are welcome!

Blue Christmas: Tuesday, December 19, 7:00 p.m. (Multiplatform): For many of us, the Holidays can be filled with sadness, stress, anxiety, and/or "the blues." Whatever the reason for feeling blue or overwhelmed, we invite you to join us as we offer ourselves the gift of self-compassion. We'll create an informal and cozy atmosphere where we can share inspirational readings, joys & sorrows, and brief guided meditations. Everyone is welcome! Join Zoom 830 9411 4312, Passcode XMAS

Mindfulness Meditation: Wednesday, December 20, 11:00 a.m.-12:30 p.m. (In Person): Experience both guided meditation and silent practice. We are more powerful sitting together than alone. Breathe and begin again. Meet in the sanctuary. All are welcome. No registration. No cost. If questions, contact Caroline at chaessly@yahoo.com.

Board Meeting: Thursday, December 21, 3:30 p.m. (Virtual): All are welcome to attend to learn about the latest work the Board is doing. We ask that you keep any question you may have restricted to the chat. Join via Zoom: 858 0291 7937, Passcode: Board.

Winter Solstice: Thursday, December 21, 7:00 p.m. (Multiplatform): Please join us for this wonderful gathering to celebrate the return of the sun on the longest night of the year. With worship, ritual, music, stories, and dance, followed by a soup and bread potluck. An East Shore tradition not to be missed. Join us in person or via Zoom 891 4558 0311, Passcode: Yule.

Christmas Eve Services: Sunday December 24, 4:00 & 7:00 p.m. (Multiplatform): *Please note: There will be no 10:30 a.m. service this Sunday.* At 4:00, enjoy the unique and comforting peace of Christmas Eve in this service crafted for all ages. We will end the service with the traditional candle lighting, enjoying hot cocoa and a story walk. At 7:00, join us for a lovely candlelight service with carols and readings that convey the spirit of Christmas. To join online for either service, use Zoom Meeting ID 989 3107 9078, passcode: chalice.

ESUC NEWS

Last Day for Giving Tree! Bring those gifts and gift cards to ESUC with the tag attached. No time to shop? You may donate to the Giving Tree with a monetary donation—just put “Holiday Giving Tree” in the memo line— or simply bring a gift card of \$25 or \$35 to Target, Fred Meyer, Safeway/Albertson's, Amazon or Walmart to church and an elf will assist you to match with an existing tag. Our agencies: Childhaven, Friends of Youth, Hopelink, Sound Mental Health, Sophia Way and YouthCare appreciate your generosity and kindness. You have helped make another person's holiday more special and joyful!

Winter Pageant 2023 - East Shore UU: Join us for our annual UU Winter Pageant with set (12/12, 6pm) costume & rehearsal on 12 /14 @7pm & 12/16 @10am-4pm and performance on Sunday, December 17 (10:30-11:45 during worship). East Shore's annual winter pageant is multigenerational and we want UU to get involved! We're pleased to present to you all a fun-filled morning reflecting on the various wisdom traditions who celebrate year after year since time immemorial during the dark of the year. You will work alongside the amazing UU children of the East Shore RE program. If you would like to be part of this exciting day at East Shore, please fill out our form below or let us know you'd like to sign up! All are welcome. Sign up here: <https://forms.gle/qZLui1Ppi2zTMFUp6>

See more upcoming events at [esuc.org/whats-happening](https://www.esuc.org/whats-happening)

ACKNOWLEDGEMENT OF OUR INDIGENOUS NEIGHBORS

We, at East Shore Unitarian Church, acknowledge that this land is the traditional territory of Coast Salish peoples. We recognize the impact of settler colonialism and pledge to nurture our relationship with our indigenous neighbors. Their ways and understanding will guide us as we work to restore and sustain their homelands upon which we all depend.

East Shore Unitarian Staff

425-747-3780

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East Shore Unitarian Church is proud to publicly support the Black Lives Matter movement. This stance is in alignment with the values of our faith and is also endorsed by the UUA. More information can be found at www.uua.org/statements/support-black-lives-matter-movement.

The Eight Principles

Unitarian Universalist congregations affirm and promote eight Principles, which we hold as strong values and moral guides. They are:

- * The inherent worth and dignity of every person;
- * Justice, equity and compassion in human relations;
- * Acceptance of one another and encouragement to spiritual growth in our congregations;
- * A free and responsible search for truth and meaning;
- * The right of conscience and the use of the democratic process within our congregations and in society at large;
- * The goal of world community with peace, liberty, and justice for all;
- * Respect for the interdependent web of all existence of which we are a part.
- * Journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.

Getting to Know Us

Where to Start: Attend worship services, introduce your children to Religious Education, come to coffee hour, join the choir, participate in East Shore's variety of activities and classes. You can read more about these in our newsletter, *The Beacon*, or if you sign up for the weekly e-mail (at the visitors table).

Learn More about Becoming a Member: Talk to our Director of Membership Development for details about our Pathway to Membership.

Ways to Support East Shore's Mission

Donations to East Shore go to support the operating fund. This allows us to be open seven days a week, offer great programming, classes, and events. Please join us for some upcoming classes or events!

There are many ways to volunteer your time at East Shore, whether you like to do office work, grounds work, or working with children. We are open 7 days a week, and could always use more help. For more information, fill out a form at <https://esuc.org/give/#volunteer> or contact our Office Administrator Jenny Newell, at esuc@esuc.org

Scan Here to give to East Shore from your phone:

