

EAST SHORE UNITARIAN CHURCH

12700 SE 32ND STREET, BELLEVUE, WA
(425) 747-3780 · WWW.ESUC.ORG



EastShoreUC



@ESUC1



eastshore_uc

“Winter Pageant” December 17, 2023



*We practice love, explore spirituality,
build community, and promote justice.*

Welcome to East Shore Unitarian Church

We extend a special welcome to all who are here for the first time. We are glad you are here and hope your morning will provide you with a greater sense of connection with yourself, with the people around you, and with the world and spirit outside these walls. After today's service, please join us outside for coffee, tea, and conversation.

If you didn't stop by before service, please stop by the visitors desk in the foyer. There you can learn more about the church, and fill out a visitor form. During the week, we will contact you to see if you have any more questions, and help you navigate through all of our amazing programs and groups.

Large-print hymnals and a braille hymnal are available in the foyer from the ushers. Our hearing assistance devices use T-Coil loop technology. Hearing assistance devices are also available in the back of the Sanctuary or from the ushers.

Gender Affirming Restrooms are located in each building. A private restroom is located in the Administration Building. Diaper changing stations are located in all restrooms.

Families, Children & Youth

Children and youth gather in the Sanctuary with their peers or parents and on most Sundays of the year, help to light our worship chalice, share our covenant, a song and story. Most Sundays, children and youth will go to programming just for them after the Story! On "All Ages Sundays", children and youth stay in the Sanctuary and enjoy in a worshipful and celebratory space with no religious education programming. Rugs in the back and front of the Sanctuary invite children to color, read, listen, and play while also enjoying the song, movement, and prayer of a UU community. If you'd like to hear more about our programs and our registration process, set up a call with Amanda Alice Uluhan, Director of Religious Education at 425-747-3780 ext 104. We are so glad you are here!

Keeping In Touch

Do you want to keep in touch during the week? Follow us on Facebook (EastShoreUC), Twitter (@ESUC1) and Instagram (eastshore_uc). You can also request to join our email list by emailing our Director of Membership Development at membership@esuc.org. Paper copies of sermons and audio copies of the service are available in the Administration Building. You can also listen to the sermons online at esuc.org/worship/past-worship-services. Sermons are also available as Podcasts, search for "East Shore Unitarian Sermons." Sermons are posted on Tuesdays.

Have a suggestion? Leave your comments and suggestions in the box located under the TV screen in the Sanctuary lobby.

Please return this Order of Service to the baskets by the door for recycling.



*Thank you for silencing all electronic devices. Please ask any usher for an assisted listening device, a large print hymnal, or a braille hymnal.
Please feel free to fill out a card of joys & sorrows located at the back of the Sanctuary or under the chairs.*

ORDER OF SERVICE

December 17, 2023

10:30 a.m.

Prelude *Walking in a Winter Wonderland* Eric Lane Barnes

Spiritual Practice I Land Acknowledgement

Spiritual Practice II Foxes

Chalice Reading *Give Thanks, Feel Alive, Know Love*
By Rev. Leia Durland-Jones

Third Advent Candle: JOY Rev. Dr. Maria Cristina

* **Hymn #1028** *Fire of Commitment (v. 1&3)*

Spiritual Practice III Owls

* **Hymn #235** *Deck The Hall*

Spiritual Practice IV Hares

Musical Celebration *Jingle Bells*

Spiritual Practice V Moths

Spiritual Practice VI Reindeer

* **Hymn #1010** *We Give Thanks*

Closing Words

Gifts of the Congregation

*Text ESUC plus any dollar amount to 73256 to give to ESUC using your text messaging.
Standard text message rates do apply. You can also use esuc.org/give or mail in a check to
ESUC any time! There are also QR codes around campus.*

Gifts for the Children

Postlude *Raise Your Voices High* Chris Struble
from "Fraggle Rock"

* *Please rise in body or spirit.*

“A Holiday for All”

Originally created by Luna Jubis and Sunshine Glynn, East Shore Unitarian Church members, updates by Grace Colton, Amanda Alice Uluhan and Doug Strombom.

Narrator: David Hopson

Polar Bear: Athena Montgomery-Walkup

Arctic Foxes: Little UUs

Snowy Owls: Discovery Year

Arctic Hares: Stepping Stones

Woolly Moths: YESUU

Reindeer: Youth Group & Adult Helpers

Worship Leadership Today | Greeters: Deb Boehm-Davis, Stu Davis | Ushers: Laurie Wick | Zoom Tech Assistant: Mike Radow | ACE Team: Lee Winstrom, Dennis Fleck, Janis Pock, Ralph Lutz

Thanks to the Staff; our Ushers and Greeters; our Religious Education Teachers; and the ACE Media People for audio visual support.

Next TUESDAY, December 19, at 7:00 p.m.

“Blue Christmas”

Rev. Dr. María Cristina, preaching

For many of us, the Holiday season is filled with wonder, a spirit of generosity, and joyful anticipation of gathering with friends and family. And for many of us the Holidays can also be filled with sadness, stress, anxiety, and/or “the blues”, especially if you are grieving the recent loss of a loved one, or suffering being estranged from family, dealing with difficult health issues, or feeling disconnected and lonely. For people who are grieving and who are suffering, this forced joyfulness during the Holidays can be painful. Many of us just need a break, a contemplative space where we can slow down, connect with our community, accept where we are, and honor our emotional needs.

Next THURSDAY December 21, at 7:00 p.m.

“Winter Solstice”

Salish Sea CUUPS group

Please join us for this wonderful gathering to celebrate the return of the sun on the longest night of the year. With worship, ritual, music, stories, and a circle dance, followed by a soup and bread potluck. Please join and bring soup, bread, cookies, or juice to share. An East Shore tradition that is not to be missed.

Next Sunday, December 24, at 4:00 p.m. & 7:00 p.m.

“Christmas Eve Services”

Rev. Dr. María Cristina & Amanda Alice Uluhan

*Please join us for two Christmas Eve candlelight services. **NO service at 10:30 A.M today!** At 4:00, enjoy the unique and comforting peace of Christmas Eve in this service crafted for all ages. We will end the service with the traditional candle lighting, enjoying hot cocoa and a story walk about nativity scenes from around the world. At 7:00, join us for a lovely candlelight service with carols and readings that convey the spirit of Christmas.*

TODAY AT EAST SHORE

Coffee Hour: 11:30 a.m. Outside or North Room: After worship, enjoy a casual time to get to know the East Shore community of friends and members. Head to the foyer and then outside or back into the North Room! Please consider bringing your own travel mug!

UPCOMING EVENTS

Blue Christmas: Tuesday, December 19, 7:00 p.m. (Multiplatform): For many of us, the Holidays can be filled with sadness, stress, anxiety, and/or “the blues.” Whatever the reason for feeling blue or overwhelmed, we invite you to join us as we offer ourselves the gift of self-compassion. We’ll create an informal and cozy atmosphere where we can share inspirational readings, joys & sorrows, and brief guided meditations. Everyone is welcome! Join Zoom 830 9411 4312, Passcode XMAS

***On Repentance and Repair* Book Discussion: Tuesdays, 7:00 p.m. (Virtual):** Your Eighth Principle and Right Relations Teams are hosting a discussion of the UUA common read for 2023-24, *On Repentance and Repair: Making Amends in an Unapologetic World*, by Danya Ruttenberg. Join via Zoom ID: 873 7733 6704, Passcode: Repair

The Power of Thought Experiments: Tuesdays, 7:00 p.m. (Virtual): We will explore the power of thought experiments and work through them in your own thinking, question them, challenge them, and evaluate what power they have to expand our minds. Led by Alan Carter. Join via Zoom using <https://rebrand.ly/zhzte8a>.

Board Meeting: Thursday, December 21, 3:30 p.m. (Virtual): All are welcome to attend to learn about the latest work the Board is doing. We ask that you keep any question you may have restricted to the chat. Join via Zoom: 858 0291 7937, Passcode: Board.

Winter Solstice: Thursday, December 21, 7:00 p.m. (Multiplatform): Please join us for this wonderful gathering to celebrate the return of the sun on the longest night of the year. With worship, ritual, music, stories, and dance, followed by a soup and bread potluck. An East Shore tradition not to be missed. Join us in person or via Zoom 891 4558 0311, Passcode: Yule.

Christmas Eve Services: Sunday December 24, 4:00 & 7:00 p.m. (Multiplatform): *Please note: There will be no 10:30 a.m. service this Sunday.* At 4:00, enjoy the unique and comforting peace of Christmas Eve in this service crafted for all ages. We will end the service with the traditional candle lighting, enjoying hot cocoa and a story walk. At 7:00, join us for a lovely candlelight service with carols and readings that convey the spirit of Christmas. To join online for either service, use Zoom Meeting ID 989 3107 9078, passcode: chalice.

See more upcoming events at esuc.org/whats-happening

ESUC NEWS

Please Note: Due to the holidays the East Shore offices will be closed, and staff will be off from December 25-January 1.

Please Note: There will be no 10:30 a.m. service on Sunday, December 24. Please join us later in the day for our Christmas Eve Candlelight Services.

ACKNOWLEDGEMENT OF OUR INDIGENOUS NEIGHBORS

We, at East Shore Unitarian Church, acknowledge that this land is the traditional territory of Coast Salish peoples. We recognize the impact of settler colonialism and pledge to nurture our relationship with our indigenous neighbors. Their ways and understanding will guide us as we work to restore and sustain their homelands upon which we all depend.

East Shore Unitarian Staff

425-747-3780

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East Shore Unitarian Church is proud to publicly support the Black Lives Matter movement. This stance is in alignment with the values of our faith and is also endorsed by the UUA. More information can be found at www.uua.org/statements/support-black-lives-matter-movement.

The Eight Principles

Unitarian Universalist congregations affirm and promote eight Principles, which we hold as strong values and moral guides. They are:

- * The inherent worth and dignity of every person;
- * Justice, equity and compassion in human relations;
- * Acceptance of one another and encouragement to spiritual growth in our congregations;
- * A free and responsible search for truth and meaning;
- * The right of conscience and the use of the democratic process within our congregations and in society at large;
- * The goal of world community with peace, liberty, and justice for all;
- * Respect for the interdependent web of all existence of which we are a part.
- * Journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.

Getting to Know Us

Where to Start: Attend worship services, introduce your children to Religious Education, come to coffee hour, join the choir, participate in East Shore's variety of activities and classes. You can read more about these in our newsletter, *The Beacon*, or if you sign up for the weekly e-mail (at the visitors table).

Learn More about Becoming a Member: Talk to our Director of Membership Development for details about our Pathway to Membership.

Ways to Support East Shore's Mission

Donations to East Shore go to support the operating fund. This allows us to be open seven days a week, offer great programming, classes, and events. Please join us for some upcoming classes or events!

There are many ways to volunteer your time at East Shore, whether you like to do office work, grounds work, or working with children. We are open 7 days a week, and could always use more help. For more information, fill out a form at <https://esuc.org/give/#volunteer> or contact our Office Administrator Jenny Newell, at esuc@esuc.org

Scan Here to give to East Shore from your phone:

