

# EAST SHORE UNITARIAN CHURCH

12700 SE 32<sup>ND</sup> STREET, BELLEVUE, WA  
(425) 747-3780 · WWW.ESUC.ORG



EastShoreUC



@ESUC1



eastshore\_uc

## “Let My Love Open The Door”

April 28, 2024



*We practice love, explore spirituality,  
build community, and promote justice.*

# Welcome to East Shore Unitarian Church

We extend a special welcome to all who are here for the first time. We are glad you are here and hope your morning will provide you with a greater sense of connection with yourself, with the people around you, and with the world and spirit outside these walls. After today's service, please join us outside for coffee, tea, and conversation.

If you didn't stop by before service, please stop by the visitors desk in the foyer. There you can learn more about the church, and fill out a visitor form. During the week, we will contact you to see if you have any more questions, and help you navigate through all of our amazing programs and groups.

Large-print hymnals and a braille hymnal are available in the foyer from the ushers. Our hearing assistance devices use T-Coil loop technology. Hearing assistance devices are also available in the back of the Sanctuary or from the ushers.

Gender Affirming Restrooms are located in each building. A private restroom is located in the Administration Building. Diaper changing stations are located in all restrooms.

## Families, Children & Youth

Children and youth gather in the Sanctuary with their peers or parents and on most Sundays of the year, help to light our worship chalice, share our covenant, a song and story. Most Sundays, children and youth will go to programming just for them after the Story! On "All Ages Sundays", children and youth stay in the Sanctuary and enjoy in a worshipful and celebratory space with no religious education programming. Rugs in the back and front of the Sanctuary invite children to color, read, listen, and play while also enjoying the song, movement, and prayer of a UU community. If you'd like to hear more about our programs and our registration process, set up a call with Amanda Alice Uluhan, Director of Religious Education at 425-747-3780 ext 104. We are so glad you are here!

## Keeping In Touch

Do you want to keep in touch during the week? Follow us on Facebook (EastShoreUC), Twitter (@ESUC1) and Instagram (eastshore\_uc). You can also request to join our email list by emailing our Director of Membership Development at [membership@esuc.org](mailto:membership@esuc.org). Paper copies of sermons and audio copies of the service are available in the Administration Building. You can also listen to the sermons online at [esuc.org/worship/past-worship-services](http://esuc.org/worship/past-worship-services). Sermons are also available as Podcasts, search for "East Shore Unitarian Sermons." Sermons are posted on Tuesdays.

*Have a suggestion? Leave your comments and suggestions in the box located under the TV screen in the Sanctuary lobby.*

***Please return this Order of Service to the baskets by the door for recycling.***



*Thank you for silencing all electronic devices. Please ask any usher for an assisted listening device, a large print hymnal, or a braille hymnal.  
Please feel free to fill out a card of joys & sorrows located at the back of the Sanctuary or under the chairs.*

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## **ORDER OF SERVICE**

April 28, 2024, 10:30 A.M.

### **Centering Music**

*Aria* Sergei Govorov, saxophone  
Eugène Bozza

### **Ring the Bell**

### **Welcome & Land Acknowledgement**

Rev. Dr. María Cristina

### **Reading**

*Empathy* Nicole Duff  
Morgan Harper Nichols

### **Greeting Your Neighbors**

### **Opening Hymn #361** *Enter, Rejoice, & Come In*

### **Chalice Lighting & Response**

Lydia Kajekas O'Brien & Kyle O'Brien

We light this chalice to remind ourselves to treat all people kindly because they are our siblings in spirit;  
To take good care of the earth because it is our home;  
And to try to live lives filled with goodness and love because that is how we will become the best people we can be.

### **Time for All Ages**

*All Are Welcome* Rev. Dr. María Cristina  
by Alexandra Penfold

### **Children's Recessional #414**

As we leave this friendly place, Love give light to every face;  
May the kindness which we learn, Light our hearts till we return.

### **Pastoral Prayer/Joys & Sorrows**

*Please fill out a card in the back of the Sanctuary (in person) or in chat (virtual)*

### **Musical Meditation**

*Vocalise* Sergei Govorov  
Sergei Rachmaninoff

### **Sermon**

*Let Our Love Open The Door* Nicole Duff

## \* Hymn

*Let My Love Open The Door*

Pete Townshend

## New Member Ceremony

Nicole Duff, Rev. Dr. María Cristina,  
& the Membership Development Team

**New Members:** Jessica Belmont, Becky Bruhn, Dushyant Dhalia, Karinn Elofsin, Jennifer Foster, Mike Garner, Kim Coghlan, Richard Gelb, Jill McGrath, Laura Hauser, Andrea Kline, Ron Lovell, Lydia Kajekas O'Brien, Kyle O'Brien, Colleen Lamb, Kari Leon, Helen Pacheco, Bill Richards, Lisa Richards, Hannah Ziff

### Congregational Response:

*We welcome you as once we were welcomed ourselves.*

*We strive to be open and inclusive;*

*respecting your inherent dignity, your ideas and your vision.*

*We seek to be supportive, and encourage you to reach out to us.*

*We are here for you.*

*We ask for your grace especially at times when we fall short of your ideals.*

*We invite you to stay in relationship with us*

*and together return to our best selves and keep alive the spirit of love.*

## East Shore Unitarian Church Covenant

Right Relations Team

Love is the doctrine of this church.

The quest for truth is its sacrament, and service is its prayer.

To dwell together in peace, to seek knowledge in freedom,

To serve humanity in fellowship, thus do we covenant.

## Gifts of the Congregation

*Text ESUC plus any dollar amount to 73256 to give to ESUC using your text messaging. Standard text message rates do apply. You can also use [esuc.org/give](https://esuc.org/give) or mail in a check to ESUC any time! There are also QR codes around campus.*

## Closing Words & Extinguishing the Chalice

Rev. Dr. María Cristina

We extinguish this flame but not the light of truth,

the warmth of community, or the fire of commitment.

These we carry in our hearts until we are together again.

## Benediction

## Postlude

*Russian Folk Song Medley*

Sergei Govorov

**Special Guest Musician:** Sergei Govorov

**Worship Leadership Today** Worship Associate: Right Relations Team | Greeters: Ann Carlstrom, Jeanne Lamont | Zoom Tech Assistant: Ralph Lutz | ACE Team: Lauren

Crowder, Ralph Lutz, Chris Struble | Coffee Hour Host: Taya Montgomery |  
Membership Development Team: Dave Baumgart, Ann Carlstrom, Susan McDonald,  
Amanda Strombom, Sue Yates

**Thanks** to the Staff; our Ushers and Greeters; our Religious Education Teachers; and the ACE Media People for audio visual support.

**Next Sunday, May 5th, at 10:30 a.m.**

“Khasi Hills”

with the Khasi Hills Ministry Team

*East Shore's Khasi Hills Ministry Team is excited to co-lead worship and lift up our partnership with Unitarians in the Northeast of India. Our Guest Preacher will be Rev. Morgan McLean, UUA International Engagement Program Manager. We will learn how the UUA is using inclusive methods to redefine our faith's approach to international partnerships. Our Share the Plate will benefit the Khasi Hills Friendship School. Please join us!*

## TODAY AT EAST SHORE

**Religious Education for Children & Youth: In the Education Building:** Join us in the Sanctuary before heading over to the Education building together. Register at [esuc.org](http://esuc.org)

**New Member Celebration & Coffee Hour: 11:30 a.m. in the Foyer:** After the service, we will celebrate our new members with some treats. Grab a cup of coffee and a conversation!

**Get to Know Your Right Relations Team: 11:30 a.m. in Spring Hall:** The Right Relations Team invites you to join us in Spring Hall right after service for an informal gathering to learn more about who we are and what we do. Bring your coffee and your curiosity!

**Help Prepare Lunch for PorchLight: 11:30 a.m. in the North Room:** The PorchLight Ministry Team plans to serve lunch each month to over 100 men at the PorchLight Emergency Shelter for unhoused men on EastGate Way. Come help us prepare lunch for Monday.

**Grownups with Youth: 12:00 p.m. in the Education Building:** Families of youth, please plan on meeting for an important discussion on youth safety and guidelines at congregational events, particularly the upcoming Seabeck Memorial Weekend retreat. Childcare available.

**Black Lives Matter Flash Stance: 12:30 p.m. in Kirkland:** Join fellow UU activists for our Black Lives Matter Flash Stance in person in Kirkland at the NW corner of Peter Kirk Park next to the transit center. All are welcome-join us in this important work!

**Intro to Paganism: 7:00 p.m. via Zoom:** Are you interested in learning more about earth-based spirituality? Join ESUC member LeAnne Struble and other members of the Salish Sea CUUPS (Covenant of Unitarian Universalist Pagans) ministry team for a journey into paganism, one of the sources of our UU faith. Join Zoom: 881 3107 6318, Passcode: CUUPS

## UPCOMING EVENTS

**Unexpected Economics: Tuesdays, 7:00 p.m. (Virtual):** If you've read any of the Freakonomics books or listened to the Freakonomics podcast then you will be familiar with the sorts of topics covered in this class such as Marriage as a Search Market, Terrorism as an Occupational Choice, Small Choices and Racial Discrimination, and Obesity – Who Bears the Costs? Learn more here. Led by Alan Carter. Join via Zoom at [esuc.org/carterclass](https://esuc.org/carterclass).

**Humanist Discussion Group: Thursday, May 2, 7:00 p.m. (Virtual)**

Join our monthly gathering of humanists for a discussion. Topics provided. Led by John Thompson. Join via Zoom Meeting ID: 897 8229 3617, Passcode: 230276.

**Kids Night In: Friday, May 3, 5:30 p.m. (In Person):** Grown-ups of children ages 1 year old through high school are invited to drop youngsters off for an evening of creative fun while they enjoy some well-deserved time off. Programming for kids of all ages will include safe, age-appropriate activities. A healthy dinner will be provided, but please do let us know if you have any allergies. Sliding scale tickets help to make sure our dinner costs are covered and all remaining funds contribute to our other amazing programs! Sign up at [esuc.org](https://esuc.org).

**New Here Gathering: Sunday, May 5, 11:30 a.m. (In Person):** Newcomers are invited to stay after the service for our “New Here” gathering, which will be hosted in-person by our Director of Membership Development, Nicole Duff in the North Room. The gathering provides you with more information about who we are, and we can answer any questions you may have. Questions? Contact Nicole at [membership@esuc.org](mailto:membership@esuc.org).

**Sacred Stitches: 2nd & 4th Wednesdays, May 8, 6:30-8:30 p.m. (In Person, Virtual Option):**

Do you have an unfinished project that you would like to finish while connecting with the community? Let's get together to have fun doing all the things that bring us joy and an opportunity to build community. To be added to the emails, contact Rev. María Cristina.

**Millennial Meetup: Sunday, May 19, 12:00 p.m. (In Person):** Are you a Millennial (born between 1981ish-1996ish)? Nicole Duff is putting together an outing right after worship. We typically meet up down in Factoria. This is just an opportunity to be social and get to know one another. We will have them the third Sunday of each month. If interested, please contact Nicole.

**Seattle Pride Parade: Sunday, June 30 (In Person):** Save the date! The East Shore Welcoming Congregations and Outreach Teams are joining forces for a great pride parade! Join us along with 4 other UU congregations to march in the parade. All are welcome! Want to help plan or participate? Please email Nicole Duff.

## ESUC NEWS

**Seabeck Registration Now Open!** The Seabeck UU Retreat is an intentionally inclusive and multi-generational annual church retreat over Memorial Day weekend at the Seabeck Conference Center on the Hood Canal. The 2024 Artist in Residence is Melanie DeMore! Register at [esuc.org](http://esuc.org). A few spots remain!

**Art in Community Summer Camp: Registration Now Open:** In-person summer camp, July 22-26, for participants in Grades K-5 and Youth Camp Counselors in Grades 6-12. We imagine a world of empowered kids bringing their voices and visions for the greater good of our world! Registration now open at [esuc.org/camp](http://esuc.org/camp)

**Start saving your items for Trinkets and Treasures!** Are you downsizing, organizing or just fed up with clutter? Start now to put aside items for the upcoming Trinkets and Treasures rummage sale that will take place July 18-20. All funds raised will go to pay the wonderful teachers at the Friendship School in Kharang, Meghalaya, NE India. Drop off at church Sunday July 14th through Wednesday July 17th. If you'll be away that week, contact Barb Clagett to arrange early drop off.

## ACKNOWLEDGEMENT OF OUR INDIGENOUS NEIGHBORS

We, at East Shore Unitarian Church, acknowledge that this land is the traditional territory of Coast Salish peoples. We recognize the impact of settler colonialism and pledge to nurture our relationship with our indigenous neighbors. Their ways and understanding will guide us as we work to restore and sustain their homelands upon which we all depend.

### East Shore Unitarian Staff

425-747-3780

Rev. Dr. María Cristina	Minister	<a href="mailto:minister@esuc.org">minister@esuc.org</a>	Ext. 103
Amanda Alice Uluhan	Dir. of Religious Education	<a href="mailto:education@esuc.org">education@esuc.org</a>	Ext. 104
Rebecca Chatfield	Director of Finance & Operations	<a href="mailto:finance@esuc.org">finance@esuc.org</a>	Ext. 110
Nicole Duff	Dir. of Membership Development	<a href="mailto:membership@esuc.org">membership@esuc.org</a>	Ext. 106
Dianne Upton	Facilities Manager	<a href="mailto:facilities@esuc.org">facilities@esuc.org</a>	Ext. 102
Jenny Newell	Office Administrator	<a href="mailto:esuc@esuc.org">esuc@esuc.org</a>	Ext. 101
LeAnne Struble	RE Programs Coordinator	<a href="mailto:education2@esuc.org">education2@esuc.org</a>	
Eric Lane Barnes	Director of Music	<a href="mailto:music@esuc.org">music@esuc.org</a>	
Celil Cakmak	Facilities Supervisor	<a href="mailto:super@esuc.org">super@esuc.org</a>	



East Shore Unitarian Church is proud to publicly support the Black Lives Matter movement. This stance is in alignment with the values of our faith and is also endorsed by the UUA. More information can be found at [www.uua.org/statements/support-black-lives-matter-movement](http://www.uua.org/statements/support-black-lives-matter-movement).

## The Eight Principles

Unitarian Universalist congregations affirm and promote eight Principles, which we hold as strong values and moral guides. They are:

- \* The inherent worth and dignity of every person;
- \* Justice, equity and compassion in human relations;
- \* Acceptance of one another and encouragement to spiritual growth in our congregations;
- \* A free and responsible search for truth and meaning;
- \* The right of conscience and the use of the democratic process within our congregations and in society at large;
- \* The goal of world community with peace, liberty, and justice for all;
- \* Respect for the interdependent web of all existence of which we are a part.
- \* Journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.

## Getting to Know Us

**Where to Start:** Attend worship services, introduce your children to Religious Education, come to coffee hour, join the choir, participate in East Shore's variety of activities and classes. You can read more about these in our newsletter, *The Beacon*, or if you sign up for the weekly e-mail (at the visitors table).

**Learn More about Becoming a Member:** Talk to our Director of Membership Development for details about our Pathway to Membership.

## Ways to Support East Shore's Mission

Donations to East Shore go to support the operating fund. This allows us to be open seven days a week, offer great programming, classes, and events. Please join us for some upcoming classes or events!

There are many ways to volunteer your time at East Shore, whether you like to do office work, grounds work, or working with children. We are open 7 days a week, and could always use more help. For more information, fill out a form at <https://esuc.org/give/#volunteer> or contact our Office Administrator Jenny Newell, at [esuc@esuc.org](mailto:esuc@esuc.org)

Scan Here to give to East Shore from your phone:

