

## EAST SHORE UNITARIAN CHURCH

12700 SE 32<sup>ND</sup> STREET, BELLEVUE, WA  
(425) 747-3780 · WWW.ESUC.ORG



EastShoreUC



@ESUC1



eastshore\_uc

# “Pride”

June 2, 2024



***We practice love, explore spirituality,  
build community, and promote justice.***

# Welcome to East Shore Unitarian Church

We extend a special welcome to all who are here for the first time. We are glad you are here and hope your morning will provide you with a greater sense of connection with yourself, with the people around you, and with the world and spirit outside these walls. After today's service, please join us outside for coffee, tea, and conversation.

If you didn't stop by before service, please stop by the visitors desk in the foyer. There you can learn more about the church, and fill out a visitor form. During the week, we will contact you to see if you have any more questions, and help you navigate through all of our amazing programs and groups.

Large-print hymnals and a braille hymnal are available in the foyer from the ushers. Our hearing assistance devices use T-Coil loop technology. Hearing assistance devices are also available in the back of the Sanctuary or from the ushers.

Gender Affirming Restrooms are located in each building. A private restroom is located in the Administration Building. Diaper changing stations are located in all restrooms.

## Families, Children & Youth

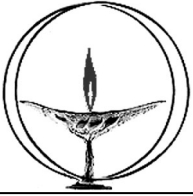
Children and youth gather in the Sanctuary with their peers or parents and on most Sundays of the year, help to light our worship chalice, share our covenant, a song and story. Most Sundays, children and youth will go to programming just for them after the Story! On "All Ages Sundays", children and youth stay in the Sanctuary and enjoy in a worshipful and celebratory space with no religious education programming. Rugs in the back and front of the Sanctuary invite children to color, read, listen, and play while also enjoying the song, movement, and prayer of a UU community. If you'd like to hear more about our programs and our registration process, set up a call with Amanda Alice Uluhan, Director of Religious Education at 425-747-3780 ext 104. We are so glad you are here!

## Keeping In Touch

Do you want to keep in touch during the week? Follow us on Facebook (EastShoreUC), Twitter (@ESUC1) and Instagram (eastshore\_uc). You can also request to join our email list by emailing our Director of Membership Development at [membership@esuc.org](mailto:membership@esuc.org). Paper copies of sermons and audio copies of the service are available in the Administration Building. You can also listen to the sermons online at [esuc.org/worship/past-worship-services](http://esuc.org/worship/past-worship-services). Sermons are also available as Podcasts, search for "East Shore Unitarian Sermons." Sermons are posted on Tuesdays.

*Have a suggestion? Leave your comments and suggestions in the box located under the TV screen in the Sanctuary lobby.*

***Please return this Order of Service to the baskets by the door for recycling.***



*Thank you for silencing all electronic devices. Please ask any usher for an assisted listening device, a large print hymnal, or a braille hymnal.  
Please feel free to fill out a card of joys & sorrows located at the back of the Sanctuary or under the chairs.*

---

## **ORDER OF SERVICE**

June 2, 2024

10:30 a.m.

### **Centering Music**

Eric Lane Barnes

### **Pride Flag Procession**

*We Are Family*

East Shore Mighty Choir

### **Ringling The Bell**

### **Welcome & Land Acknowledgement**

Rev. Dr. María Cristina

### **Greeting Our Neighbors**

### **Opening Song**

*Fearfully, Wonderfully Made* East Shore Mighty Choir  
Nathan Crabtree & Erik Whitehill

### **Chalice Lighting & Response**

Jackson-Kirkendall Family

We light this chalice to remind ourselves to treat all people kindly because they are our siblings in spirit;  
To take good care of the earth because it is our home;  
And to try to live lives filled with goodness and love because that is how we will become the best people we can be.

### **Time for All Ages**

*They Call Me Mix*

Arnaldo

by Lourdes Rivas, Alicia Arellano, & Breena Nuñez

### **Children's Recessional**

*This Little Light Of Mine*

(Verse 1) This little light of mine, I'm gonna let it shine...

(Verse 2) Everywhere I go, I'm gonna let it shine...

### **Pastoral Prayer/Joys & Sorrows**

*Please fill out a card in the back of the Sanctuary (in person) or in chat (virtual)*

### **Musical Meditation**

*Look To The Rainbow*

Princess Guy

### **Pride Testimonials**

Ron Douglas, Arnaldo, David Langrock,  
& Rev. Dr. María Cristina

## **Musical Celebration**

*Home/Over the Rainbow*

Arnaldo

## **East Shore Unitarian Church Covenant**

David Langrock

Love is the doctrine of this church.

The quest for truth is its sacrament, and service is its prayer.

To dwell together in peace, to seek knowledge in freedom,

To serve humanity in fellowship, thus do we covenant.

## **Gifts of the Congregation—Lambert House**

*Lambert House empowers lesbian, gay, bisexual, transgender, and questioning youth through the development of leadership, social, and life skills. To give to Lambert House:*

- Text 'ESUC Share' to 73256. Standard text message rates do apply.
  - ◇ Click the link
  - ◇ Complete your gift
- Go online to [esuc.org/give](http://esuc.org/give)
  - ◇ Click on online giving link
  - ◇ Select fund "Share the Plate" from the drop down.
- Please make checks out to "ESUC" and write "Share the Plate" or "Lambert House" in the memo line.
- All cash donations today will go to Lambert House. We hope you will support them!

## **Musical Celebration**

*You've Got a Friend*

East Shore Mighty Choir

Carole King

## **Congregational Meeting / BBQ Announcement**

Rev. Dr. María Cristina

## **Closing Words & Extinguishing the Chalice**

We extinguish this flame but not the light of truth,

the warmth of community, or the fire of commitment.

These we carry in our hearts until we are together again.

## **Glitter Benediction**

## **Postlude**

*Don't Rain on My Parade*

Princess Guy

by Jule Styne & Bob Merrill

**Worship Leadership Today** Worship Associate: Welcoming Congregations Team |  
Greeters: Geri Kennedy, Sheridan Botts, Carol Sinape | Ushers: Laurie Wick | Zoom  
Tech Assistant: Rachel Herbert | ACE Team: Lee Winstrom, Bob Weiss, Ralph Lutz |  
Coffee Hour Host: Nicole Duff

**Thanks** to the Staff; our Ushers and Greeters; our Religious Education Teachers; and the ACE Media People for audio visual support.

**Next Sunday, June 9, at 10:30 a.m.**

*“RE Bridging Ceremony”*

Amanda Alice Uluhan, LeAnne Struble, and the RE teachers & students

*Join us this Sunday, June 9th, for East Shore’s annual UU Children and Youth Bridging worship. It is an amazing ritual and worship for everyone in your family to join in on. It’s also a special Sunday to thank the adults leaders who guide and mentor children and youth each and every Sunday. We’ll be featuring voices from our community and counting the blessings and gratitude to one another among us. All are welcome!*

## **TODAY AT EAST SHORE**

**Religious Education for Children & Youth: In the Education Building:** Join us in the Sanctuary before heading over to the Education building together. Register at [esuc.org](http://esuc.org)

- ◇ Little UUs (Waddlers and Toddlers): In Early Learning, we offer a fun, nurturing, safe place for your child to learn about values and spiritual practices.
- ◇ Discovery Year (Grades K-3): In Lower Elementary, we offer small group learning environments to enrich and continue faith development.
- ◇ Stepping Stones (Grades 4-6): In Upper Elementary, we build on our foundations of Unitarian Universalist values with rich and creative learning environments.
- ◇ YES-UU (Junior High): Junior high youth ages 12-14 are invited to join the Youth Exploring Spirituality Youth Group!
- ◇ YUUP (High School): youth programs include a variety of curricula to develop a great sense of self and connect with your values in service to yourself and the greater good.

**Summer Potluck: 11:30 a.m. in the North Room and Outside:** All are invited to our annual Summer Potluck! Entrees (both meat and vegan) will be provided. Stay and enjoy the community here at East Shore! Many hands make light work, and we would love help!

**Help Prepare Lunch for PorchLight: 12:00 p.m. in North Room Kitchen:** The PorchLight Ministry Team plans to serve lunch each month to over 100 men at the PorchLight Emergency Shelter for unhoused men on EastGate Way. Thank you in advance to this month's volunteers. We hope you'll join us in this fun and purposeful activity... it depends upon all of us.

**Black Lives Matter Flash Stance: 12:30 p.m. in Bellevue (In Person):** Join fellow UU activists for our Black Lives Matter Flash Stance in person in Factoria on the corner by Dacell’s Jewelers. We gather in solidarity with Black, Brown, AAPI, and Indigenous People of Color. Flash Stances start conversations, and then carry those conversations on. All are welcome- join us in this important work!

## UPCOMING EVENTS

**Unexpected Economics: Tuesdays, 7:00 p.m. (Virtual):** If you've read any of the Freakonomics books then you will be familiar with the sorts of topics covered in this class such as Marriage as a Search Market, Terrorism as an Occupational Choice, Small Choices and Racial Discrimination, and Obesity – Who Bears the Costs? Learn more here. Led by Alan Carter. Join via Zoom at [esuc.org/carterclass](https://esuc.org/carterclass).

**Humanist Discussion Group: Thursday, June 6, 7:00 p.m. (Virtual):** Join our monthly gathering of humanists for a discussion. Topics provided. Led by John Thompson. Join via Zoom Meeting ID: 897 8229 3617, Passcode: 230276.

**Glow Party! End of the year Kids Night In: Friday, June 7, 6:00 p.m. (In Person):** Long-time ESUC member Leta Hamilton and her family will host a fun, dance-filled GLOW PARTY for kids in Spring Hall! Parents can drop off their 6-17 year-olds any time between the beginning of the party at 6:15pm and the end at 9pm. The dance party will begin around 7pm. Invite some friends! Sign up at [esuc.org](https://esuc.org).

**RE Bridging: Sunday, June 9, 10:30 a.m. (Multiplatform):** Families help us celebrate with a moving up ceremony for all of our kids. This once a year tradition is a time honored, so join us! Children and youth, rehearse with us Thursday June 6 6:00-7:30 p.m. to practice songs and presentations.

**Congregational Meeting: Sunday, June 9, 12:00 p.m. (Multiplatform):** Voting members will elect a new Board and Nominating Committee and vote on some bylaw changes. See the slate here. More information will be available in the coming weeks, but please mark your calendars. The meeting will be on Zoom in the same room as worship and in the Sanctuary.

**Kirstie's Back Porch: Sunday, June 9, 5:00 p.m. (In Person):** Join with your Women's Perspective Executive Committee to plan our events and actions for the coming year. We will share a potluck meal in the serene surroundings of Kirstie Lewis' lush yard. 425-351-5945. Kirstie's address is 16434 SE 17th St, Bellevue. Parking limited, carpooling encouraged! RSVP to Kirstie (text): 425-351-5945

**Sacred Stitches: 2nd & 4th Wednesdays, June 12, 6:30-8:30 p.m. (In Person):** Do you have an unfinished project that you would like to finish while connecting with the community? Let's get together to have fun doing all the things that bring us joy and an opportunity to build community. To be added to the emails, contact Rev. María Cristina.

**Grounds Work Party: Wednesday, June 12, 9:00 a.m.– 3:00 p.m. (In-Person)**

Please join in at any time during our Grounds Work Party on Wednesday, June 12 from 9:00 am to 3:00 pm for gardening activities on the East Shore grounds. We will continue weeding and pulling ivy, pruning shrubs, and mulching with wood chips in various areas, including north of the North Room. And do some watering if/where needed on the Grounds. We may also plan to work in the P-Patch raised beds. We meet by the raised beds in between the Office and the Music buildings. Adults and youth (accompanied by an adult) are welcome to help out. If you would like, bring a sack lunch and come to our lunch at noon in the North Room when we can chat and discuss upcoming projects. Come for any amount of time to help out.

**Puget Sound Unitarian Universalist Youth Bonfire: Saturday, June 15, 6:30 p.m. (In Person):** A fun and awesome night for local UU Youth hosted by University Unitarian Church and East Shore Unitarian Church. In order to attend this event, you must be a youth in grades 8-12 and affiliated with a UU congregation. RSVP by Tuesday, June 11. Meet at Golden Gardens in Seattle WA at the fire pits. You'll find us with the yellow Side of Love swag! Contact Amanda Uluhan [education@esuc.org](mailto:education@esuc.org).

## ESUC NEWS

**Seattle Pride Parade: Sunday, June 30 (In Person):** Save the date! The East Shore Welcoming Congregations and Outreach Teams are joining forces for a great pride parade! Join us along with 4 other UU congregations to march in the parade. All are welcome!

**Art in Community Summer Camp: Registration Now Open:** In-person summer camp, July 22-26, for participants in Grades K-5 and Youth Camp Counselors in Grades 6-12. We imagine a world of empowered kids bringing their voices and visions for the greater good of our world! Registration now open at [esuc.org/camp](http://esuc.org/camp)

**Start saving your items for Trinkets and Treasures!** Are you downsizing, organizing or just fed up with clutter? Start now to put aside items for the upcoming Trinkets and Treasures rummage sale that will take place July 18-20. All funds raised will go to pay the wonderful teachers at the Friendship School in Kharang, Meghalaya, NE India.

## ACKNOWLEDGEMENT OF OUR INDIGENOUS NEIGHBORS

We, at East Shore Unitarian Church, acknowledge that this land is the traditional territory of Coast Salish peoples. We recognize the impact of settler colonialism and pledge to nurture our relationship with our indigenous neighbors. Their ways and understanding will guide us as we work to restore and sustain their homelands upon which we all depend.

### East Shore Unitarian Staff

425-747-3780

Rev. Dr. María Cristina	Minister	<a href="mailto:minister@esuc.org">minister@esuc.org</a>	Ext. 103
Amanda Alice Uluhan	Dir. of Religious Education	<a href="mailto:education@esuc.org">education@esuc.org</a>	Ext. 104
Rebecca Chatfield	Director of Finance & Operations	<a href="mailto:finance@esuc.org">finance@esuc.org</a>	Ext. 110
Nicole Duff	Dir. of Membership Development	<a href="mailto:membership@esuc.org">membership@esuc.org</a>	Ext. 106
Dianne Upton	Facilities Manager	<a href="mailto:facilities@esuc.org">facilities@esuc.org</a>	Ext. 102
Jenny Newell	Office Administrator	<a href="mailto:esuc@esuc.org">esuc@esuc.org</a>	Ext. 101
LeAnne Struble	RE Programs Coordinator	<a href="mailto:education2@esuc.org">education2@esuc.org</a>	
Eric Lane Barnes	Director of Music	<a href="mailto:music@esuc.org">music@esuc.org</a>	
Celil Cakmak	Facilities Supervisor	<a href="mailto:super@esuc.org">super@esuc.org</a>	



East Shore Unitarian Church is proud to publicly support the Black Lives Matter movement. This stance is in alignment with the values of our faith and is also endorsed by the UUA. More information can be found at [www.uua.org/statements/support-black-lives-matter-movement](http://www.uua.org/statements/support-black-lives-matter-movement).

## The Eight Principles

Unitarian Universalist congregations affirm and promote eight Principles, which we hold as strong values and moral guides. They are:

- \* The inherent worth and dignity of every person;
- \* Justice, equity and compassion in human relations;
- \* Acceptance of one another and encouragement to spiritual growth in our congregations;
- \* A free and responsible search for truth and meaning;
- \* The right of conscience and the use of the democratic process within our congregations and in society at large;
- \* The goal of world community with peace, liberty, and justice for all;
- \* Respect for the interdependent web of all existence of which we are a part.
- \* Journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.

## Getting to Know Us

**Where to Start:** Attend worship services, introduce your children to Religious Education, come to coffee hour, join the choir, participate in East Shore's variety of activities and classes. You can read more about these in our newsletter, *The Beacon*, or if you sign up for the weekly e-mail (at the visitors table).

**Learn More about Becoming a Member:** Talk to our Director of Membership Development for details about our Pathway to Membership.

## Ways to Support East Shore's Mission

Donations to East Shore go to support the operating fund. This allows us to be open seven days a week, offer great programming, classes, and events. Please join us for some upcoming classes or events!

There are many ways to volunteer your time at East Shore, whether you like to do office work, grounds work, or working with children. We are open 7 days a week, and could always use more help. For more information, fill out a form at <https://esuc.org/give/#volunteer> or contact our Office Administrator Jenny Newell, at [esuc@esuc.org](mailto:esuc@esuc.org)

Scan Here to give to East Shore from your phone:

