

## EAST SHORE UNITARIAN CHURCH

12700 SE 32<sup>ND</sup> STREET, BELLEVUE, WA  
(425) 747-3780 · WWW.ESUC.ORG



EastShoreUC



eastshore\_uc

## “Mardi Gras” March 2, 2025



*We practice love, explore spirituality,  
build community, and promote justice.*



*Thank you for silencing all electronic devices. Please ask any usher for an assisted listening device, a large print hymnal, or a braille hymnal.*

---

## **ORDER OF SERVICE**

March 2, 2025

**Centering Music** Eric Lane Barnes, John Chmaj, Barb Clagett & Misha Domirani

**Ring the Bell**

**Welcome & Land Acknowledgement**

Rev. Dr. María Cristina

**Greeting Our Neighbors**

**\* Opening Hymn #1036** *Calypso Alleluia*

**Chalice Lighting & Response**

We light this chalice to remind ourselves to treat all people kindly because they are our siblings in spirit;

To take good care of the earth because it is our home;

And to try to live lives filled with goodness and love because that is how we will become the best people we can be.

**Time for All Ages**

*Mardi Gras Shoebox Parade*

Religious Exploration

**Children's Recessional**

*Calypso Alleluia (reprise)*

**Pastoral Prayer/Joys & Sorrows**

*Please fill out a card in the back of the Sanctuary (in person) or in chat (virtual)*

**Silent Meditation**

**Musical Meditation**

*I Am Sending You Light*

Melanie DeMore

*Peace of Mind*

Ron Douglas

Wynton Marsalis

& East Shore Mighty Choir

**Homily**

*Community Joy:*

Rev. Dr. María Cristina

*A Spiritual Practice of Embodied Resistance*

**Musical Celebration**

*Basin Street Blues*

East Shore Mighty Choir & Band

**East Shore Unitarian Church Covenant**

Amanda Strombom

Love is the doctrine of this church.

The quest for truth is its sacrament, and service is its prayer.

To dwell together in peace, to seek knowledge in freedom,

To serve humanity in fellowship, thus do we covenant.

---

## Auction Invitation

### Gifts of the Congregation

*Text ESUC plus any dollar amount to 73256 to give to ESUC using your text messaging. Standard text message rates apply. You can also scan this QR code, use [esuc.org/give](https://esuc.org/give) or mail in a check to ESUC any time!*



### Extinguishing the Chalice

We extinguish this flame but not the light of truth,  
the warmth of community, or the fire of commitment.  
These we carry in our hearts until we are together again.

### Benediction

#### Postlude

*When The Saints Go Marching In*

**Worship Volunteers:** Membership Desk Host: Susan McDonald | Greeters: Cathy Barich, Doug Strombom | Ushers: Carla Hellekson, Fran Corn | Zoom Tech Assistant: Rachel Herbert | ACE Team: Lee Winstrom, Janis Pock, Steve Wellons | Coffee Hour Host: Ann Carlstrom, Mary Anderson

**Next Sunday, March 9, at 10:30 a.m.**

*“International Women’s Day”*

Rev. Dr. María Cristina, preaching

*Imagine a gender equal world. A world free of bias, stereotypes, and discrimination. A world that's diverse, equitable, and inclusive. A world where difference is valued and celebrated. Together we can forge gender equality. Let us join a worldwide call to acknowledge the discrimination and challenges faced by women, to be in solidarity with all women, including trans women, and to work together to create a more inclusive society.*

## REGISTER NOW!

**Seabeck 2025: Invoking Joy:** The Seabeck UU Retreat is an intentionally inclusive and multi-generational annual church retreat over Memorial Day weekend at the Seabeck Conference Center on the Hood Canal. More than 175 people have already registered! Learn more and register at [esuc.org/event/seabeck-2025-invoking-joy](https://esuc.org/event/seabeck-2025-invoking-joy)

**Lifting Our Light Auction on March 15:** This annual event raises a substantial amount of money for our church operating fund and brings everyone together for a fun evening event. The best part is that many of the items available on are events to be together! Learn more at [esuc.org/give/auction/](https://esuc.org/give/auction/)

## TODAY AT EAST SHORE

**Religious Exploration (R.E.) for Children & Youth: In the Education Building:** Join us in the Sanctuary for the Mardi Gras Shoebox Parade. We'll gather in the South Hallway. Shoeboxes will be displayed in the Sanctuary and can be picked up following the worship service. Our RE classes today will meet in Spring Hall for a Mardi Gras celebration with games, crafts, and snacks. Please let us know if you have any allergies.

**Coffee Hour: 11:30 a.m. Outside:** After worship, enjoy a casual time to get to know the East Shore community of friends and members. Head to the foyer for coffee, tea and more!

**The Gift of Aging: 11:45 a.m. in the Sanctuary:** The Gift of Aging discussion group will be meeting in person and on Zoom. We'll be reading the book *Aging as a Spiritual Practice* by Lewis Richmond. Next dates are April 13 and May 18.

**Millennial Meetup: 12:00 p.m. in Factoria:** Are you a Millennial (born between 1981ish-1996ish)? Join our fun, casual group for lunch! This is just an opportunity to be social and get to know one another. If interested, please contact Nicole Duff.

**Black Lives Matter Flash Stance: 12:30 p.m. in Bellevue:** Join fellow UU activists for our Black Lives Matter Flash Stance in person in Factoria on the corner by Dacell's Jewelers. We gather in solidarity with Black, Brown, AAPI, and Indigenous People of Color.

**YRUU High School Youth Group: 6:00 p.m. in the Education Building:** We'll have dinner, play games, and discuss the our upcoming worship service. Save the date for April 6 for the group to lead Sunday service.

## HAPPENING THIS WEEK (MORE AT ESUC.ORG)

**Tuesday Morning Hiking Group: Tuesdays, 9:30 a.m. (In Person):** Amanda Strombom is leading a hike every Tuesday morning, starting at 9:30am, rain or shine, for up to 2 hours. Hikes are generally in the Issaquah area. To join, contact [Amanda.strombom@outlook.com](mailto:Amanda.strombom@outlook.com).

**Introduction to Cognitive Science: Tuesdays, 7:00 p.m. (Virtual):** The goal is nothing less than understanding every interaction working in the human brain to produce all forms of cognition. Lectures led by Alan Carter. To attend go to [esuc.org/carterclass](http://esuc.org/carterclass).

**We Can Do It!: Saturday, March 8, 7:00 p.m. and Sunday, March 9, 1:00 p.m. (In Person):** This vibrant, exciting choral concert based on the lives of the real Rosie the Riveters during World War II. Presented by the 'Can Do Chorus' directed by composer Eric Lane Barnes and presented at East Shore Unitarian Church. This is a fundraiser for East Shore, so bring a friend... or 2! Please register in advance at [esuc.org](http://esuc.org).

**Second Sunday Lunch Meet-Up: Sunday, March 9, 12:00 p.m. (In Person):** Come and join our fun group for conversation and lunch after service at Tapatio, the Mexican restaurant, in Factoria. All are welcome!